KEYNOTE SPEAKERS

FACES AND VOICES OF RECOVERY

Combating the Stigma

Michael Barry,
CEO
People Advocating Recovery

Mike Barry has had his share of broad life experiences from which to draw. By age 40 he had reached the peak of his profession as a TV News Anchor, reporter, and producer. But behind the polished image of success was a man already overwhelmed by the disease of alcoholism.

His story is more common than you think, which is why the driving passion of his life today is to help others in need of a new life, free from addiction and in long-term recovery.

His new calling as an advocate for the recovery movement is enhanced by his training and experience in broadcasting and technology. His unique combination of talent, energy and devotion to the cause has placed Mike Barry at the heart of this movement.

He travels the country seeking to educate others about addiction, to remove barriers and discrimination, and thus enable those in long-term recovery and no longer using alcohol or other drugs to become productive members of society.

In 2005 Barry was awarded the Kentucky School’s Advocate of the Year Award and the Vernon Johnson Award from Faces of Voices of Recovery in 2011.

Current Activities

• CEO, People Advocating Recovery (PAR), a statewide advocacy organization in Kentucky, with 6 chapters and 7000+ members
• Past Vice-Chair, Board of Directors of Faces & Voices of Recovery; serving as the regional representative for its Central East region. Faces & Voices is a national advocacy organization concerned with long-term recovery
• Past Director of Advocacy & Outreach, The Healing Place, Louisville, KY
• Past Coordinator, Angel Programs in Louisville, a group of volunteers working with individuals needing to begin recovery along with their families; The program also has a very successful prison outreach
• Founding board member, Addiction Recovery Advocates of Kentuckiana (ARAK), a local organization serving Metro Louisville and Southern Indiana
• Vice-President and founding board member, Faith Partners for Recovery serving the Louisville, KY community
• Serves as an advocacy speaker for the recovery movement; and as a speaker for various conferences and workshops related to addiction and recovery across the country
• Testified before the Kentucky state legislature; instrumental in passing new laws regarding mandatory treatment and recognition of addiction as a primary healthcare issue
• Past Executive Director, Beacon House, Louisville, KY. A 45 bed transitional living recovery program
• Member, Executive Committee of the Kentucky Voting Rights Coalition
Opiates and Pregnancy: Addressing the Needs of Both the Mother and Baby

Opiate addiction can be a difficult disease to manage, especially during pregnancy. However it can be even more difficult for the pregnant woman to ask for help and successfully maneuver treatment. This session will address some of the more common questions and myths often associated with opiate addiction, treating pregnant women and dealing with neonatal abstinence syndrome. Presented in a panel format, you will hear the perspective of an obstetrician, neonatologist, medication assisted treatment providers, as well as firsthand experience of a woman who was pregnant and gave birth while in treatment for her addiction.

Moderator Michelle Lofwall, M.D., University of Kentucky, Associate Professor of Psychiatry, Center on Drug and Alcohol Research

Dr. Lofwall is an Associate Professor of Psychiatry with an adjunct appointment in the Department of Behavioral Science. She has an active outpatient office-based opioid addiction treatment practice and teaches residents about treatment of substance use disorders. She spends the majority of her time engaged in clinical research aimed at improving the treatment of opioid and cocaine addiction.

Pat Tucci, RN, Director, Narcotics Addiction Program, Bluegrass.org (treatment provider)

Ms. Tucci is a Primary clinic nurse for family practice. Patient assessment, phone triage, phlebotomy, patient education, assistance with minor surgeries, home health and collaboration with physician to maintain and promote optimal health care.

Ms. Tucci is a Nursing supervisor with substance abuse program. Patient assessment, education, counseling, narcotic inventory control, treatment planning and maintenance of regulatory compliance. Provide advocacy and promote awareness to outside medical providers. CPR instructor, Pharmacy and Therapeutics committee and Investigational Research Board. Instituted computerized dosing system.

She also is a Program Director for Narcotics Addiction Program. Maintain State and Federal regulatory compliance. Promote communication among counselors, nurses and support staff to enable optimal continuity of care for patients. Administrative and personnel duties. Environment of Care Committee.
KEYNOTE SPEAKERS

**Lori Devlin-Phinney, DO, MHA** (Neonatologist)
Assistant Professor, Pediatrics/Neonatology
University of Louisville School of Medicine

Dr. Devlin-Phinney earned an MD from the Des Moines University-College of Osteopathic Medicine. She completed internship and residency in pediatrics at Ohio University/Doctors Hospital in Columbus. She completed fellowship training in neonatal-perinatal medicine at Kosair Children's Hospital in Louisville. She holds an MHA from the University of Osteopathic Medicine in Des Moines.

**Jonathon Weeks MD**
OBGYN, University of Louisville

**TRENDS AND UPDATES**

*Initiatives to Combat Prescription Drug Abuse in Kentucky:*
*An Update on KASPER*

**Dave Hopkins**
Program Manager for Kentucky All Schedule Prescription Electronic Reporting (KASPER)
Kentucky Office of Inspector General

David Hopkins is Program Manager for the Kentucky Prescription Drug Monitoring Program: Kentucky All Schedule Prescription Electronic Reporting (KASPER). KASPER is in the Office of Inspector General within the Kentucky Cabinet for Health and Family Services. In this position he is responsible for KASPER training, managing the federal Prescription Drug Monitoring Program Grants that provide funding support for the program, and for analysis and research of KASPER data. Mr. Hopkins graduated from The Ohio State University with a Bachelor of Science in Computer and Information Science, and has over 30 years’ experience in Information Technology consulting and project management. Mr. Hopkins is a member of the National Association of Drug Diversion Investigators, National Association of State Controlled Substances Authorities, and is the Kentucky representative to the Alliance of States with Prescription Monitoring Programs.
KEYNOTE SPEAKERS

Van Ingram
Executive Director
Kentucky Office of Drug Control Policy (ODCP)

Van Ingram is the Executive Director for the Kentucky Office of Drug Control Policy. Van joined ODCP in November 2004, shortly after it was created with the mission of coordinating Kentucky's substance abuse efforts in enforcement, treatment and prevention/education.

Van served with the Maysville Kentucky Police Department for more than 23 years, the last six as Chief of Police. He is a former President of the Kentucky Association of Chiefs of Police, and was named “Kentucky Chief of the Year” in 2001. He is a former recipient of the Governor’s Award for Outstanding Contribution to Law Enforcement, as well as the Melvin Shein Award for distinguished service to Kentucky law enforcement.

Van is a certified law enforcement instructor and has trained officers across the state on a variety of topics, including community oriented policing, interview and interrogation, and case management. He is a frequent speaker on a variety of substance abuse issues and has recently presented to numerous groups and national organizations on the topic of prescription drug abuse.

EFFECTS OF PRESCRIPTION OPIODS IN EASTERN KENTUCKY

Jennifer R. Havens, Ph.D., M.P.H.
Epidemiologist, Center on Drug and Alcohol Research, College of Medicine, University of Kentucky, College of Medicine

Dr. Havens is an epidemiologist with an appointment in the Center on Drug and Alcohol Research. Her primary research interests include the epidemiology of prescription opioid abuse in rural Appalachia, the comorbidity of substance and mental disorders, and HIV and other infectious complications of drug use.

2012 Accomplishments
Dr. Havens was the Principal Investigator on two NIH-funded R01s in 2012. The first, entitled “Social Networks and HIV Risk among Rural Drug Users” is entering its fifth year of funding, and the second “Epidemiologic Study of the Effectiveness of an ADF in Reducing Opioid Abuse” was funded in August. Dr. Havens was also awarded pilot funds from the CCTS for the project “Feasibility of Implementing and HIV Vaccine Initiative among High-Risk Drug Users in Appalachia”. She also served as a co-Investigator on 3 additional NIH-funded grants. Dr. Havens
published eight manuscripts in 2012 (5 as senior author) in highly respected journals such as Addiction, Journal of Adolescent Health, Social Science and Medicine and Drug and Alcohol Dependence. She has three additional manuscripts to be published in 2013 in American Journal of Public Health, AIDS and Behavior and Journal on Studies of Alcohol and Drugs. In 2012, Dr. Havens was once again selected as a Health Disparities Scholar from the NIH Loan Repayment Program. Dr. Havens mentored graduate students from several departments in addition to a post-doctoral fellow and a MD/PhD student. These students were exceedingly productive, as a total of eight manuscripts were submitted. Dr. Havens also and taught the new course “Fundamentals of Biostatistics for Clinical and Translational Research” and is currently serving as a small group preceptor for the ICM course. Dr. Havens reviewed grants for two NIH special emphasis panels - ZRG1 PSE-P and N44DA-12-5567 and served as an ad hoc reviewer for the Behavioral Genetics and Epidemiology Study Section (BGES) in October. Dr. Havens reviewed manuscripts for the following journals in 2012: Academic Pediatrics, Addiction, American Journal of Preventive Medicine (2 reviews), AIDS and Behavior, Annals of Epidemiology, Archives of Pediatrics and Adolescent Medicine (4 reviews), American Journal on the Addictions (2 reviews), Drug and Alcohol Dependence (8 reviews), International Journal of Drug Policy, Journal of Addiction, Journal of Studies on Alcohol and Drugs, Journal of Adolescent Health, Pharmacoepidemiology and Drug Safety, Psychology of Addictive Behaviors, Journal of Substance Abuse Treatment, and Youth and Society. She also serves on the editorial board at the International Journal of Population Research. Drug and Alcohol Dependence recognized Dr. Havens as amongst the top 5% of reviewers for 2012. Finally, Dr. Havens served on the Travel Awards Committee for the College on the Problems of Drug Dependence and continued her tenure on the University Appeals Board.

**STORIES OF RECOVERY**

**Addiction and Recovery in Medication Assisted Treatment**

Moderator **Michele McCarthy, LPCC**
Community & Government Liaison, Self Refind, Inc.

Featuring patients from:
- Methadone clinic
- Buprenorphine clinic
- Drug Court
- Healing Place, Louisville, KY
CONCURRENT SPEAKERS

DRUG ABUSE TRENDS IN 2013: IS POLICY HAVING AN IMPACT?

This session will review trends in drug abuse in Kentucky and the Nation, including prescription controlled substances, heroin and methamphetamine. Recent trends will be compared to previous years use and the impact of public policy on drug abuse trends will discussed.

Learning objectives
1. Review recent trends in prescription drug, heroin and methamphetamine abuse in Kentucky and the Nation
2. Discuss recent public policies designed to curb drug abuse and diversion and their impact on drug abuse trends

Trish R. Freeman, RPh, PhD
Clinical Associate Professor and Director
Center for the Advancement of Pharmacy Practice
University of Kentucky College of Pharmacy

Dr. Freeman holds several positions in the College of Pharmacy at the University of Kentucky, including Director of the Center for the Advancement of Pharmacy Practice (CAPP); Clinical Associate Professor in the Pharmacy Practice and Science Department, and Faculty Associate in the Institute for Pharmaceutical Outcomes and Policy (IPOP).

Dr. Freeman's research interests include drug abuse policy, including evaluating prescription drug monitoring programs (PDMPs) and their impact and effectiveness at preventing prescription drug abuse and diversion. She is principal investigator on a two-year study funded by the National Institute of Justice to evaluate the features and practices of PDMPs and identify those that have the greatest utility for law enforcement investigations and prosecution, and is a co-investigator on a project aimed at understanding the consumer perspective of the chilling effect of PDMPs. Recently, she served as the principal investigator on an evaluation of the Kentucky All Schedule Prescription Electronic Reporting (KASPER) program, conducting stakeholder interviews with medical licensing boards and collecting qualitative data via surveys of KASPER users, including prescribers, pharmacists and law enforcement officers. She also served as principal investigator on a project identifying the advantages, disadvantages and barriers to implementation of real-time transmission of data from dispensers of controlled substances to the KASPER program, and a project to assess the impact of current policy controlling access to methamphetamine precursors (pseudoephedrine) on methamphetamine abuse.
CONCURRENT SPEAKERS

She received a bachelor of pharmacy degree and a Ph.D. degree from the University of Kentucky, and completed postdoctoral fellowships at the University of Vermont, College of Medicine and the UK College of Medicine.

Dr. Freeman is also a part-time clinical pharmacist at the Frankfort Regional Medical Center, Frankfort, KY.

HEALTH ROCKS!®—A HEALTHY LIVING YOUTH PROGRAM TARGETING TOBACCO, ALCOHOL AND DRUG ABUSE

*Health Rocks!* is a healthy living curriculum aimed at 8-16 year olds, with the goal of bringing youth, families and communities across the United States together to reduce tobacco, alcohol and drug use by youth. Learn how you can implement this program in your county!

**Ashley Holt**
Extension Agent for 4-H Youth Development, Jefferson County University of Kentucky

Ashley Holt provides guidance in areas of leadership, citizenship, and service learning for many 4-H members and volunteers. She meets regularly with youth from various areas of the county to help expose them to various leadership and service learning opportunities that will make their 4-H experience worthwhile.

Ashley attended Eastern Kentucky University where she earned her Bachelor in Science in both Psychology and Sociology. At Spalding University, where she earned her Master’s in Business Communication. Ashley is a professional member of Minorities in Agriculture, Natural Resources, and Related Science (MANRRS) where she serves as an advisor and the national co-chair of the JR. MANRRS chapters. She is also heavily involved with American Cancer Society’s Relay for Life, and Alpha Kappa Alpha Sorority, Incorporated.

**Whitney McKoy**
Extension Agent for 4-H Youth Development, Franklin County University of Kentucky

Whitney McKoy received her Bachelors of Science in Community Communications and Leadership Development – Public Service and Leadership from the University of Kentucky in 2010 and is currently working on her Master’s in the same discipline. One of the many roles’ Whitney serves in
CONCURRENT SPEAKERS

within Franklin County is a Health Rocks! State Trainer. She works closely and feverishly with the Health Rocks! team to assist in quality training and delivery of the curriculum to help everyone involved with the program achieve their goals.

HEROIN ISSUES IN KENTUCKY: A MEDICAL AND LAW ENFORCEMENT PERSPECTIVE

A review of the latest trends in Heroin Substance Abuse and what Kentucky is doing to meet the rise.

Ryan Stanton, M.D.
Emergency Physician and Medical Director, UK Good Samaritan Hospital
Assistant Professor of Emergency Medicine, UK HealthCare
University of Kentucky

Dr. Ryan Stanton is a board certified Emergency Room physician in Lexington, Kentucky with involvement in community and academic medicine. Ryan has an interest in media and public education of medicine through internet, podcast, print, and television. Dr. Stanton is active in local and national organizations through work with UK Healthcare, MESA, KY Chapter of the American College of Emergency Physicians, and American College of Emergency Physicians.

HOW TO PUT TOGETHER A HEROIN TASK FORCE

Learn how one community has responded to the rise in heroin use and overdose deaths by pulling the right people together, sharing information openly, formulating a plan quickly, and responding with agility to this opiate epidemic game-changer.

Gregory G. Howard, M.S.
Fayette County Attorney's Office

Greg Howard has a long and diverse career in criminal justice. He began his professional career in 1977 with the Lexington Division of Police and retired as a Captain after nearly 20 years of service. Soon after retirement Greg accepted a position at the Department of Criminal Justice Training Academy in Richmond KY and served in a variety of roles including Director of Training and Director of Training Support. He continues his association with the Academy as an adjunct instructor. After a short tenure in the private sector with Lockmaster Securities, he was appointed Commissioner of Kentucky Vehicle Enforcement where he served for 4 1/2 years. In 2008, he established Greg Howard & Associates (GHA), Consulting Firm. As CEO, Greg coordinates the services of other professionals from throughout the US who are experts in the fields of consulting, training, investigation, accident reconstruction and may also serve as
expert witnesses in a variety of fields. In addition, he personally provides investigative, consulting, and training services and has been a witness in areas of expertise. In conjunction with GHA, Greg has become a licensed Private Investigator (Kentucky 0517). In addition to this business, Greg is an adjunct instructor for the College of Justice and Safety at Eastern Kentucky University. He also serves as a FEMA Instructor for the Rural Domestic Preparedness Consortium at Eastern, providing event security planning for public safety professionals nationwide. He also serves as a consultant for the Kentucky Fatality Assessment Program though the University of Kentucky. Greg holds a Bachelor’s degree in Police Administration and Traffic Safety and a Master’s degree in Security and Loss Prevention from Eastern Kentucky University.

**Thomas Clay Mason, J.D.,** Lexington Fayette Urban County Government Commissioner of Public Safety

Clay Mason was appointed Commissioner of Public Safety in January, 2011, following his retirement from a 25-plus year career as a Federal Bureau of Investigation Special Agent. The Department of Public Safety has six divisions, employing over 1500 persons in Fire, Police, Community Corrections, Emergency Management, Code Enforcement and E-911. It is the largest department in the Government, accounting for some 56% of the FY 2011 budget, or over $150 million.

**Lt. Scott Blakely,** BOI-Special Investigations Section, Lexington Division of Police

Scott Blakely currently serves as the Lieutenant over the Special Investigations Section of the Lexington Division of Police. He is responsible for overseeing the Vice, ABC, Intelligence, Drug Court, Federal Task Force Positions and the Narcotics Unit. He has served with the agency for 27 years. He has worked in the Bureaus of Patrol, Administration and Investigations. He received his undergraduate degree from Eastern Kentucky University in Police Administration. He is a graduate of the Southern Police Institute and has served as President of the Alumni Association as well as the Fraternal Order of Police. He has been instrumental in the Departments effort to address Heroin abuse in the Community and currently leads the team in the execution of “Operation Pandora” which is the enforcement effort. He serves on the Mayors Alliance for Substance Abuse.

**IT'S NOT POTPOURRI: EXAMINING THE LATEST DESIGNER DRUG TRENDS IN KENTUCKY**

In recent years, terms like “spice,” “K2,” and “bath salts” have become commonplace in discussions on recreational drugs. Countless news stories have covered told frightening stories
of the ill effects these novel drugs have had on users? But what are these drugs? Are they truly potpourri or bath products? And why are they so difficult to outlaw?

This session will cover the latest designer drugs trends in Kentucky – from synthetic marijuana to bath salts and more. We will discuss what these substances really are, the complexity of their regulation and legislative control, and why they are so dangerous to our children and communities.

Come listen and learn why we say, “This is NOT your grandmother’s potpourri.”

Jeremy Triplett, M.S. Pharm, F-ABC
Laboratory Supervisor
Kentucky State Police
Central Forensic Laboratory

Jeremy Triplett is a laboratory supervisor at the Kentucky State Police Central Forensic Laboratory in Frankfort, KY where he oversees the day-to-day operations of the drug chemistry laboratory. He is also responsible for the technical oversight of the state-wide drug chemistry discipline (six laboratory branches), where he develops and implements laboratory policies in accordance with international accreditation requirements, directs the training of drug chemists, and regularly interacts with state policy-makers on controlled substances issues facing the Commonwealth of Kentucky. In May 2013, Jeremy was elected to the Board of Directors for the American Society of Crime Laboratory Directors, an international non-profit organization dedicated to providing excellence in forensic science through leadership and innovation. He currently chairs the Training and Education committee. Jeremy received a B.S. in Chemistry from the University of Kentucky and M.S. in Pharmacy from the University of Florida.

LET’S GET IT RIGHT: UNDERSTANDING MEDICATION ASSISTED TREATMENT (MAT) FOR SUBSTANCE USE DISORDERS

There are many treatment options available for someone with a substance use disorder. Medication Assisted Treatment (MAT) is just one of those options. Many people have strong feelings – both pro and con about MAT - based on personal experience, media reports, or personal philosophy. This session will provide you with facts about MAT, including the current medications in use and how they work on the brain, what research says about MAT including treatment outcomes, advantages and disadvantages of this treatment option, and KASPER information relating to MAT.

Mark Fisher
State Opioid Treatment Administrator
Division of Behavioral Health
As the State Opioid Treatment Administrator, Mark Fisher is in charge of overseeing federal and state regulatory standards for twelve (12) Narcotic Treatment Programs in Kentucky that have a combined service population of over 3,000 persons. Additionally, Mark has at least 25 years of experience in the healthcare field focusing on quality assurance. He co-authored the “Substance Exposed Infant” white paper that was distributed statewide through the Department of Public Health, and served on the state team that wrote the new plan to expand substance abuse services and mental health treatment with the Department of Medicaid.

MARIJUANA IS STILL A PROBLEM! COMMUNITY ANTI-DRUG COALITION OF AMERICA’S NEW FINDINGS AND MESSAGES

Sue Thau
Public Policy Consultant
Community Anti-Drug Coalitions of America (CADCA).

Sue is nationally recognized for her advocacy and legislative accomplishments on behalf of the substance abuse prevention field. She has an extensive background in public policy and has held high positions at the federal, state, and local levels. She was a Budget Examiner and Legislative Analyst at the Office of Management and Budget, in the Executive Office of the President for over ten years. Sue was a driving force behind the passage, reauthorization and full funding of the Drug-Free Communities Act. In addition, Sue has worked to save and enhance funding for all federal substance abuse prevention and treatment programs over the last two decades. She is highly respected as an expert on demand reduction issues by members of Congress and staff on both sides of the aisle on Capitol Hill. Sue has an undergraduate degree from Cornell University in Human Development and Family Studies and a Master’s Degree from Rutgers University in City and Regional Planning.

PROJECT DAWN (DEATHS AVOIDED WITH NALOXONE) AND NALOXONE OVERDOSE LEGISLATION

Dr. Jeremy Engel
St. Elizabeth Physicians
Dr. Engel is a Family physician practicing in Northern Kentucky since graduating residency in 2000. His practice focuses routine outpatient and inpatient care. Dr. Engel has a personal interest in public health initiatives that have high impact but lower than desired dedicated resources. Jeremy’s ongoing focus has been tobacco control, improvement of insurance coverage and now the “Heroin Epidemic.” Dr. Engel also has several other ongoing research and business projects.

Lisa A. Roberts R.N.
Public Health Nurse
Portsmouth City Health Department

Roberts has worked extensively in the area of drug abuse prevention and has piloted multiple projects in Scioto County, Ohio that address unintentional drug overdoses. Scioto County has the highest rate of fatal prescription drug overdose in Ohio. Lisa initiated Ohio’s first community-based opioid overdose reversal program using the drug naloxone, that is now being replicated throughout Ohio. Scioto County recently saw a significant reduction in their fatal overdose rates due to these programs after a decade of drastic incline.

RECOVERY COALITION BUILDING
How to build a coalition from scratch in your community

Charlotte Wethington

Charlotte Wethington is a retired teacher with a Master’s Degree in Education and she is Casey’s mom. She retired in 1998 after 27 years of teaching in the Kenton County School System. In 2002, after the death of her son, she found herself teaching again. However, this time she was teaching others about drugs and the disease of addiction. She speaks from a life experience as a mom, Casey’s mom, and as a recovery advocate.

Charlotte is one of the founding co-chairs of PAR (People Advocating Recovery) and is Past President of the statewide Board. PAR is a KY grassroots advocacy group dedicated to erasing the shame, stigma and discrimination surrounding the disease of addiction.

In seeking help for her own grief journey, Charlotte, with the help of two other moms who had also lost sons, established a grief support group called P.E.A.C.E. (Parents Enduring Addiction Consequences Everyday). This group has met every month for the past ten years.
CONCURRENT SPEAKERS

Charlotte initiated “The Matthew Casey Wethington Act for Substance Abuse Intervention”, a law (KRS 222.430-222.438) for involuntary treatment, which became effective for the entire state of KY on July 13, 2004. It allows parents, relatives and/or friends to petition the court for treatment on behalf of someone with a substance use disorder regardless of age and without criminal charges.

In January 2005, Charlotte was hired by Transitions, Inc. as Recovery Advocate. Charlotte has served on the Executive Board of The Grateful Life Foundation for the past three years, a foundation raising funds for the change that changes everything – long-term recovery by supporting Transitions, Inc.

Charlotte has also served as Board member of the Alcoholism Council of the Cincinnati Area. She ended her tenure as Past President.

Charlotte is a member of the Mental Health and Substance Use Awareness Committee which produces “Feeling Better”, a monthly cable television program. She is currently the host of that show.

Charlotte speaks at every opportunity in order to raise awareness about the disease of addiction and inspire others to advocacy. She hopes to see the day when addiction is treated as a disease without shame, stigma or discrimination.

START (Sobriety, Treatment and Recovery Team) PROGRAM

How the START program can address child maltreatment and substance use disorders (the problem, how it affect children, what helps)

Lynn Posze MA, LPCC,
Program Administrator
Kentucky Division of Behavioral Health

Lynn is an experienced administrator and project director using data-driven decision making. She is skilled at facilitating individual, group, and organizational change and growth. She is a dedicated team player with outstanding interpersonal and communication skills. Lynn is Board certified and licensed in the field of counseling; certified NIATx Coach.

Tina Willauer
START Director, Kentucky Cabinet for Health and Family Services
Suicide Prevention and the Military in Kentucky Kentucky's military personnel number 64,000 strong (includes active duty, Research and National Guard). Additionally, there are 340,000 veterans in the state and more than 30,000 children under the age of 18 from military families within the borders of our state. While Kentucky boasts two military installations, the majority of these service members live off base and in our communities, where mental health resources may be limited. This session will look at the statistics related to the substance use and mental health issues affecting our military personnel and their families, including suicide, and will provide an oversight into effective strategies and interventions to drive better treatment and increase prevention activities for service members and their families at the grassroots level.

Patti Clark, M.Div, CPS, MBA
Behavioral Health, Developmental and Intellectual Disabilities
Project Coordinator for Kentucky's Garrett Lee Smith Suicide Prevention Grant

Ms. Clark is currently the project coordinator for Kentucky's Garrett Lee Smith Suicide Prevention Grant. The Suicide Prevention Efforts for Adolescents in Kentucky focuses on suicide prevention efforts for youth and the families in the state with emphasis on school-based implementation, LGBTQ suicide prevention and resilience development, and suicide prevention for military personnel and their families. She is a certified prevention specialist.

Ms. Clark is the co-coordinator of the Operation Immersion and Operation Headed Home, two initiatives in Kentucky designed to improve behavioral health services for SMVF by increasing education, awareness and networking among providers, service members and their families.

Ms. Clark works closely to increase and improve behavioral health services for SMVF across the Commonwealth, specifically in relation to suicide prevention (oversee regional coordinators in the Ft. Knox and Ft. Campbell areas focusing on suicide prevention among military and their family members).

Prior to working in suicide prevention, she was a project coordinator for Kentucky's Underage Drinking SPF project in Owen County where binge drinking among high school youth was reduced by 36% over a two-year period. She is a SPF master trainer and co-wrote the evaluation portion of Kentucky’s SPF manual. She also teaches the needs assessment portion (Step 1) of Prevention Academy for the state.
Prior to her work in prevention, Patti was a newspaper publisher and community advocate, organizing a variety of events and activities and bringing together community members to address issues.

She is a graduate of Eastern Kentucky University (BA Journalism) and Sullivan University (MBA). She is currently working on her Master of Divinity degree at Luther Rice University in Atlanta.

**TRUTH AND CONSEQUENCES: THE CHOICE IS YOURS (ACTIVITY FOR YOUTH)**

Truth and Consequences: The Choice is Yours is an enrichment activity designed to show students the impact of getting involved with illicit and legal substances. It is suggested that communities focus on one grade level (e.g., freshman high school students). Based upon the format of the 4-H Reality Store, students role-play scenarios including: possession of prescription drugs; driving under the influence; sniffing; possession of alcohol, drug paraphernalia, or illegal drugs; trafficking; and stealing drugs; etc. Depending on the scenario, students visit appropriate officials and/or agencies to experience the consequences of their behavior. Parents are encouraged to participate with their children. When parents are unable to participate, Kentucky Extension Homemaker members or community volunteers assume the role of “parents” to the youth and accompany them as they visit the law enforcement agencies, judges, school officials, hospital, and coroner.

**Christy Nuetzman, M.S.**
Extension Agent for Family and Consumer Sciences, Clinton County
University of Kentucky

Christy Nuetzman is the County Extension Agent for Family and Consumer Sciences in Clinton County where she programs in areas such as health, nutrition, money management, substance abuse, and parenting. In addition to educational programming for youth and adults, she secures grants and resources for use in Extension programs, coordinates volunteer councils and coalitions, and provides leadership for community projects and programs. She has authored and published Truth and Consequences: The Choice is Yours, a youth enrichment activity designed to show students the impact of getting involved with both legal and illicit substances. Christy previously worked as a Substance Abuse Prevention Specialist responsible for DUI education and coordinated a prescription drug diversion grant for her county. She holds a B.S. and M.S. in Family Studies from the University of Kentucky.