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American Psychiatric Association

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apa@psych.org | psychiatry.org/annualmeeting



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Psychiatry: Integrating Body and Mind, Heart and Soul

Join your colleagues from across the U.S. and around the world for the psychiatry event of the year!

The dynamic nature of mental health means you need to stay on top of advances to better serve your patients. What better way to do this than to learn from the world's largest and longest-serving psychiatric organization? ***The voice and conscience of modern psychiatry***, the American Psychiatric Association currently represents more than 35,000 psychiatrists globally. Our member physicians work together to ensure high-quality effective treatment for all persons with mental disorders including substance use disorders and intellectual disabilities.

Attend this year's **Annual Meeting** in Toronto, Canada, to get insight into the tools and in-depth knowledge you need to improve your patient care. With more than 150 years of success, it remains the **premier gathering in psychiatry today** because it delivers maximum value. The scientific program will feature a variety of innovative sessions and inspiring courses with tracks focusing on integrating body and mind, heart and soul. The Annual Meeting is not just a meeting, it is a complete experience of continual growth engaging you to learn from renowned experts, earn credits, build peer relationships, learn about groundbreaking science, and understand new therapies and treatment options.

Who Should Attend?

The Annual Meeting is designed for all mental health professionals and advocates including practicing, administrative, and consultative psychiatrists, psychiatric researchers and educators, residents, and students. Whether you work in a private hospital, state mental health facility, or private practice, APA's Annual Meeting has something to offer you.

Top Five Reasons Why You Should Attend:

1. Discover cutting-edge science and new therapies.
2. Learn from renowned leaders in science and health policy.
3. Connect with your peers and expand your professional network.
4. Earn your annual licensure CME credit at one meeting!
5. Explore the Exhibit Hall, APP Bookstore, and Publishers' Book Fair.

Other Exciting Events at the Meeting:

- Opening Session
- Convocation of Distinguished Fellows
- APP Bookstore
- Mind Games
- Career Fair
- Publishers' Book Fair
- International Meetings Pavilion



14,000
Attendees



400
Scientific Program
Sessions



200
Exhibitors



42
Courses



Up to 50
CMEs*

**The APA designates this live activity, the 168th Annual Meeting, for a maximum of 50 AMA PRA Category 1 Credits™. For Canadian credits offered, please see page 10.*

Schedule at a Glance



Friday, May 15, 2015

12:00 p.m. – 6:00 p.m. Registration Open (Toronto Convention Centre and Sheraton Centre)

Saturday, May 16, 2015

7:30 a.m. – 5:00 p.m. Registration Open (Toronto Convention Centre and Sheraton Centre)

8:00 a.m. – 5:00 p.m. Scientific Program

9:00 a.m. – 4:00 p.m. APA Member Center, APP Bookstore, Career Fair, and Publishers' Book Fair

9:00 a.m. – 4:00 p.m. New Research Poster Sessions

5:30 p.m. – 7:00 p.m. Scientific Program (Special Piano Performance by Richard Kogan, M.D.)

7:00 p.m. – 10:00 p.m. American Psychiatric Foundation Benefit

7:00 p.m. – 10:00 p.m. Scientific Program (Media Workshop)

Sunday, May 17, 2015

7:30 a.m. – 5:00 p.m. Registration Open (Toronto Convention Centre and Sheraton Centre)

8:00 a.m. – 5:00 p.m. Scientific Program

10:00 a.m. – 4:00 p.m. Exhibits (including APA Member Center, APP Bookstore, Career Fair, International Meetings Pavilion, Product Theaters, and Publishers' Book Fair)

10:00 a.m. – 4:00 p.m. New Research Poster Sessions

12:30 p.m. – 1:30 p.m. APA Business Meeting and Forum (APA members only)

4:30 p.m. – 6:45 p.m. Opening Session and Special Conversations Session

7:00 p.m. – 10:00 p.m. Scientific Program (Media Workshop)

Monday, May 18, 2015

7:30 a.m. – 5:00 p.m. Registration Open (Toronto Convention Centre and Sheraton Centre)

8:00 a.m. – 5:00 p.m. Scientific Program

10:00 a.m. – 4:00 p.m. Exhibits (including APA Member Center, APP Bookstore, Career Fair, International Meetings Pavilion, Product Theaters, and Publishers' Book Fair)

10:00 a.m. – 4:00 p.m. New Research Poster Sessions

5:30 p.m. – 6:30 p.m. Convocation of Distinguished Fellows

7:00 p.m. – 10:00 p.m. Scientific Program (Media Workshop)

Tuesday, May 19, 2015

7:30 a.m. – 5:00 p.m. Registration Open (Toronto Convention Centre and Sheraton Centre)

8:00 a.m. – 5:00 p.m. Scientific Program

10:00 a.m. – 4:00 p.m. Exhibits (including APA Member Center, APP Bookstore, Career Fair, International Meetings Pavilion, Product Theaters, and Publishers' Book Fair)

10:00 a.m. – 4:00 p.m. New Research Poster Sessions

5:15 p.m. – 6:15 p.m. Mind Games

7:00 p.m. – 10:00 p.m. Scientific Program (Media Workshop)

Wednesday, May 20, 2015

7:30 a.m. – 5:00 p.m. Registration Open (Toronto Convention Centre)

9:00 a.m. – 5:00 p.m. Scientific Program

General Information

APA Annual Meeting on Demand

Special Discounts available for APA Annual Meeting Attendees. Select the Gold Registration package when you register for the meeting, which includes APA Annual Meeting on Demand.

Features include:

- Convenient online access to the on Demand library with approximately 300 hours of content
- **Media Player** with enhanced browse and search capabilities
 - Search any word on the slides and immediately navigate to that part of the presentation
 - Bookmark favorite presentations
 - View *Most Watched* and *Most Liked* presentations
- Compact USB drive for offline access
- Downloadable MP3 files for convenient on-the-go audio
- CME available

APA Art Association Exhibit

Toronto Convention Centre
Registration Area, South Building, Level 600

Sunday, May 17 10:00 a.m. – 4:00 p.m.
Monday, May 18 –
Tuesday, May 19 10:00 a.m. – 5:00 p.m.
Wednesday, May 20 10:00 a.m. – 2:00 p.m.

The exhibit includes paintings, photography, ceramics, and crafts created by APA members and/or their significant others. Stop by to view your colleagues' artwork. For exhibiting information or to join the APA Art Association, please refer to pages 58–59.

APA JobCentral

Toronto Convention Centre
Exhibit Halls D/E, South Building, Level 800

Saturday, May 16 9:00 a.m. – 4:00 p.m.
Sunday, May 17 –
Tuesday, May 19 10:00 a.m. – 4:00 p.m.

Visit the APA JobCentral booth located in the APA Member Center in the Exhibit Hall. A representative will be available to demonstrate JobCentral's user-friendly system, as well as assist you in posting your available position or resume. Using the Event Connection tool, candidates and employers can flag their resume and/or posting to show attendance at this year's meeting. Assistance in scheduling on-site interviews will also be provided. For more information, visit [APA JobCentral](#) online.

APA Member Center

Toronto Convention Centre
Exhibit Halls D/E, South Building, Level 800

Saturday, May 16 9:00 a.m. – 4:00 p.m.
Sunday, May 17 –
Tuesday, May 19 10:00 a.m. – 4:00 p.m.

Plan a visit to the APA Member Center to meet members of the APA Administration, join APA, or update your online membership profile while discovering cost-saving member-only benefits. Take time to learn about APA's advocacy efforts. Search [JobCentral](#) for a new position, or post an opening.



General Information *(continued)*

APA Newsroom

Toronto Convention Centre
Room 401, South Building, Level 400

Friday, May 15 3:00 p.m. – 5:00 p.m.

Saturday, May 16 –

Tuesday, May 19 – 8:00 a.m. – 5:00 p.m.

Wednesday, May 20 8:00 a.m. – 3:00 p.m.

This room is for the use of registered and credentialed press and registered public relations representatives only. Press registration will open in February 2015. To register as media, contact Erin Connors at econnors@psych.org.

American Psychiatric Foundation Benefit

Saturday, May 16 7:00 p.m. – 10:00 p.m.

The American Psychiatric Foundation will host its annual benefit event at the CN Tower. The LookOut Level offers a full 360° view of the city of Toronto and Lake Ontario and is 114 building stories in the air. The evening will feature APF's annual awards presentation.

Tickets sales begin January 5, 2015. Please visit www.americanpsychiatricfoundation.org for more information.

American Psychiatric Publishing (APP)

Toronto Convention Centre
Exhibit Halls D/E, South Building, Level 800

Saturday, May 16 9:00 a.m. – 4:00 p.m.

Sunday, May 17 –

Tuesday, May 19 10:00 a.m. – 4:00 p.m.

Stop by the APP Bookstore in the Exhibit Hall to see the latest books, journals, and online content. You'll find new bestselling titles and classic reference works in every area of psychiatry. APA members can take advantage of a 20% discount, and APA Resident-Fellow members receive a 25% discount on all book purchases.

Exhibits

Toronto Convention Centre
Exhibit Halls D/E, South Building, Level 800

Saturday, May 16 9:00 a.m. – 4:00 p.m.

Including APA Member Center, APP Bookstore, Career Fair, and Publishers' Book Fair
(Commercial Exhibits, International Meetings Pavilion, and Product Theaters not open on Saturday)

Sunday, May 17 –

Tuesday, May 19 10:00 a.m. – 4:00 p.m.

Commercial Exhibits, International Meetings Pavilion, and Product Theaters open Sunday – Tuesday
(including APA Member Center, APP Bookstore, Career Fair, and Publishers' Book Fair)

Explore the **Exhibit Hall** to learn what's new in psychiatry products and services. View the latest developments in treatment technologies, CME, training and career opportunities, as well as treatment options. Meet with insurance companies and browse American Psychiatric Publishing (APP) products and those of other publishers. Product Theaters and New Research Poster Sessions can also be found in the Exhibit Hall.

The **APA Café** is located in the Exhibit Hall, where you can access free Wi-Fi and charging stations while you enjoy coffee and refreshments and network with colleagues. Paid attendees receive one \$10 food voucher for use in all Exhibit Hall food courts during daily exhibit hours.

Meeting Locations

Scientific program sessions will be held in the Toronto Convention Centre and the InterContinental.

Toronto Convention Centre

- APA JobCentral
- APA Member Center and APA Store
- APA Administration Offices and AV Preview Room
- APP Bookstore
- Assembly
- Board of Trustees Meeting
- Business Meeting
- CME Certificate of Attendance
- Convocation of Distinguished Fellows
- Exhibits
- Mind Games
- New Research Poster Sessions
- Opening Session
- Product Theaters
- Publishers' Book Fair
- Registration

General Information *(continued)*

Sheraton Centre

- Allied Group Meetings
- Courses
- Registration

Westin Harbour Castle

- Allied Group Meetings

Royal York

- Allied Group Meetings
- APA Component Meetings
- Chief Residents' Program
- PsychSIGN
- Research Colloquium

Mind Games

Toronto Convention Centre

Tuesday, May 19 5:15 p.m. – 6:15 p.m.

Mind Games is the APA's national residency team competition.

Remember College Bowl? Are you a Jeopardy fan?

This competition is a fun, educational challenge on patient care and medical knowledge for residents. Come cheer on your resident team and see who takes home the national trophy.

Shuttle Bus Routes

Saturday, May 16 – Wednesday, May 20

The Toronto Convention Centre will serve as the hub for all shuttle bus routes. See page 72 for daily schedule and shuttle bus routes.

Special Services

If you have a disability and require special materials or services during the meeting, please email sdumey@psych.org by **April 11**.

Sunshine Act

Some of APA's non-CME-accredited events and some refreshments at APA events are sponsored by pharmaceutical or medical device companies. Participation in these events/food offerings may be reportable under the Physician Payment Sunshine Act.

Questions Regarding the Annual Meeting

Please see the Frequently Asked Questions on pages 54–57 and a list of Annual Meeting Contacts on page 57 to assist you with all Annual Meeting-related questions.

Tape Recording Policy

Audiotape recording is permitted only for personal use. Registrants are welcome to use their own small, portable audiotape recorders to record any session, unless prohibited by the presenters. Larger professional tape recorders are not permitted except for use by registered members of the working press in accordance with APA Press Policies. Media will be identified with appropriate badges, and approved equipment will be identified with APA Newsroom stickers. APA has authorized a professional taping firm, which will be clearly identified, to record sessions. Registrants are not permitted to photograph or videotape any session as the intrusive nature of recording may be disruptive. This includes photographs taken with cell phone cameras.

Therapeutic Updates

In an effort to provide more opportunities for physicians attending APA meetings to benefit from industry information, APA is offering special Therapeutic Updates developed by industry to be offered in conjunction with APA meetings. These programs include informational activities and focus groups. These programs are considered informational programs and are not promotional in nature, including materials or handouts. Therapeutic Updates developed by industry are offered after the scientific program is completed for the day and are scheduled by APA at meeting hotels, for meeting registrants only. Activities are reviewed by the American Psychiatric Foundation staff.

APA does not provide or permit Continuing Medical Education credit for Therapeutic Updates as they are not part of the scientific program.

All APA programs are in compliance with the AMA's Ethical Opinion on Gifts to Physicians from Industry.

Program Format Descriptions

Advances in Series

These sessions are intended to highlight important new advances occurring in the field of psychiatry involving selected disorders or treatments. Some of these sessions are chaired by editors of recent textbooks published by American Psychiatric Publishing (APP) and feature selected chapter authors from these texts. The books discussed at these sessions may be purchased on site and online at the [APP bookstore](#).

At the Advances in Research session presented on Monday, leading clinical researchers will present the latest developments in research.

Another type of advances session, **Advances in Medicine**, includes sessions designed to provide psychiatrists with the latest in clinical developments in other areas of medicine. The intent is to give participants an update from a physician in a particular specialty. These sessions will help participants keep pace with the rapidly expanding knowledge base and technology in various branches of medicine.

Case Conferences

During these 90-minute sessions, clinical material is presented by videotape or the treating therapist. One or more experts then discuss the case. **These sessions are open to APA members only.**

Courses

Courses are designed to emphasize learning experiences that actively involve participants and include the opportunity for informal exchange with the faculty. Offered in four-hour (half-day), six-hour (full-day), and eight-hour (full-day) sessions, courses either review basic concepts in a special subject area or present advanced material on a circumscribed topic. Participants must purchase tickets to attend.

FOCUS Live

These 90-minute sessions allow participants to test their knowledge using an interactive Audience Response System (ARS), offering a new and entertaining way to learn. ARS sessions can make a group of 300 feel like they are having a small-group consultation with an expert clinician. Experts, who served as guest editors of *FOCUS*, will lead lively multiple-choice question-based discussions, and the audience will enter their answers with hand-held devices. Results are instantly tallied and projected on the screen.



Program Format Descriptions *(continued)*

Forums

Forums are flexible presentations of 90 minutes to 2 hours in length that afford an opportunity to highlight and select timely topics that are of interest to psychiatrists. Speakers and panel members are chosen for their expertise and leadership in the field.

Interactive Sessions

(Includes sessions formerly known as discussion groups, roundtable discussion groups, research consultations, and master educator consultations.) This 90-minute format allows small groups to meet informally with selected experts in psychiatry to discuss topics chosen by the expert; to obtain consultations around problems in research from senior researchers; or use clinical material offered by the participants and hear clinically based seminars presented by outstanding educators. Some of these are reserved for residents only. These sessions are limited to a set number of attendees on a first-come, first-served basis.

Lectures

Lectures feature a small number of distinguished speakers discussing scientific and cultural topics, many of which will extend our understanding beyond the usual limits of clinical psychiatry. The Scientific Program Committee invites the lecturers.

Award lectures are selected by the various APA Award Boards.

Poster Sessions

This format allows for presentations of very recent findings. Posters are visual self-explanatory presentations offered in four categories: International, Medical Student and Resident Competition, New Research, and Young Investigators' New Research.

Scientific and Clinical Reports Sessions

Scientific and Clinical Reports are oral presentations of papers prepared for submission before publication. In this 90-minute format, reports are grouped by topic, with discussion from the audience following the presentation of each paper. There is no formal discussant.

Seminars

A format allowing for in-depth teaching and learning related to "niche" topics or covering issues that represent a service to the profession (e.g., impaired physician programs, patient suicide, etc.). It is also a venue for testing the feasibility of new courses by offering the content free for the first year.

Symposia

Symposia are three-hour sessions consisting of four to six presentations that are thematically linked and focus on a specific topic relevant to clinical psychiatry. They are designed to provide comprehensive treatment of a topic or discussion of the topic from several points of view by the participants and stimulate discussion with the audience.

Workshops

Workshops are 90-minute sessions, that typically involve brief presentations from individual panel members, followed by the opportunity for lively and informative discussion. This format provides for substantial audience participation and is highly interactive.

- Media Workshops are three-hour sessions held Saturday – Wednesday, in which a feature-length film is shown and discussed. Some of these sessions may be scheduled in the evening during the meeting (Saturday – Tuesday).

Continuing Medical Education (CME)

Accreditation

The American Psychiatric Association (APA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The APA designates this live activity, the 168th Annual Meeting, for a maximum of 50 *AMA PRA Category 1 Credits*[™]. Physicians should claim credit only commensurate with the extent of their participation in the activity.

Group learning activities held in Canada but developed by Accreditation Council for Continuing Medical Education (ACCME)-accredited physician organizations can be recorded as accredited activities under Section 1 of the MOC Program.

The overall scientific program provides a broad range of presentations, which include regular courses and master courses, scientific and clinical reports, seminars, symposia, and workshops plus many other sessions. For further information, please refer to the tentative Program Schedule listed in this guide and review the CME information in the final *Program Guide* on site. A more complete program will be printed in the February 20, 2015, issue of *Psychiatric News*.

All registrant categories are eligible for education credits.

CME Evaluation

Participants will be given the opportunity to evaluate and provide feedback on the quality and value of their learning experience. Course directors and program planners will use this information for future activities.

CME credit for APA members completing the evaluation will be recorded at www.apaeducation.org and transferred to the ABPN Physician Folio in August 2015.

Educational Objectives

By participating in this meeting, you will:

- Learn about new research findings in the fields of psychiatry and neuroscience and address gaps in knowledge.
- Acquire new knowledge and skills in clinical psychiatry to improve patient care.
- Learn how to assess your practice and implement improvement as well as provide culturally competent care for diverse populations.
- Assess a variety of treatment choices for patients with psychiatric disorders, including psychotherapeutic and pharmacological options.
- Recognize health service delivery issues, including barriers to care.



Course Introduction

The American Psychiatric Association (APA) Scientific Program Committee for the Annual Meeting works in collaboration with the Department of Continuing Medical Education to develop quality education programs at the Annual Meeting. One aspect of this effort has been the development of short courses covering a single topic in depth and detail. Attendance is limited to allow participants greater opportunities for active participation.

Each of the courses described in this catalog was reviewed by the Scientific Program Committee and is judged to be of high educational quality. Each course also meets the requirements for *AMA PRA Category 1 Credits*[™]. (See pages 12–38.)

Courses provide an excellent opportunity for learning the essential skills of the psychiatric profession. They equip the participant with knowledge and practical skills to meet the challenges in his or her daily practice. Courses are designed for their educational content and accepted for the quality of their presentation, which provides for direct participant/faculty interaction in a small-group setting.

Master Courses

These in-depth courses are designed to broaden and enhance your professional skills and knowledge in special areas and include applicable publications from American Psychiatric Publishing. (See pages 12–14.)

Course Materials and Certificates

Attendees who register in advance will be sent a link to access and download the course materials prior to the meeting. On site, a hard copy of the agenda, outline, and slides will be provided. At the

conclusion of the course, and upon completion of an online evaluation, course attendees will receive a certificate specific to the course attended.

Enrollment

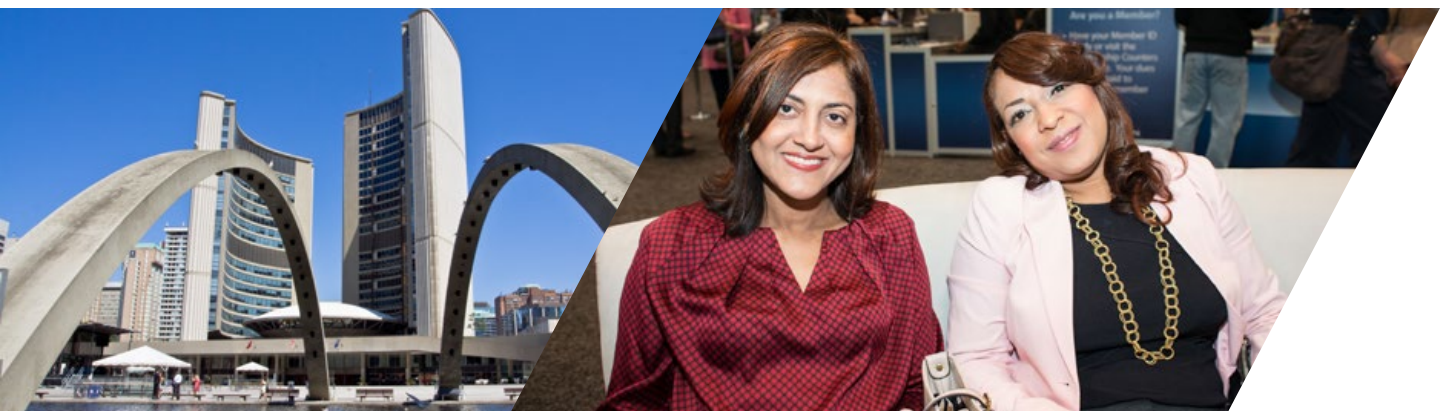
Because most of the spaces in the courses fill quite early, you are encouraged to enroll in advance to ensure the availability of space in the course(s) of your choice. Course spaces cannot be reserved; you must purchase a ticket. The maximum number of participants for each course is stated in the description as well as the date, time, location, and fee. The Subcommittee on Courses has endeavored to develop a balanced course program to cover all aspects of psychiatry so that courses will be available to participants regardless of their specific interests. The courses have been scheduled throughout the meeting to minimize conflicts with other program offerings.

Please be advised that children are not permitted to attend courses with their parent(s).

Fees

Courses require an additional fee. Master course fees include a book. Please see course listings for rates (pages 12–38).

Specific fees are listed with each course description. Please take time to ensure that the proper fees for both registration and your course selection(s) are enclosed when filling out the registration form that includes course enrollment. Although registration fees are waived in some cases (see the advance registration form for fee-exempt categories), all registrants who attend courses must pay the full course enrollment fee(s).



Master Course Listings

As of October 31, 2014

SUNDAY, MAY 17, 2015

Transference-Focused Psychotherapy for Borderline Personality Disorder

Topic: Individual Psychotherapies

Director: Frank E. Yeomans, M.D., Ph.D.

Faculty: Otto F. Kernberg, M.D.;
John F. Clarkin, Ph.D.

Master Course Code: 0787

Educational Objectives: 1) Communicate the concept of psychological structure and its relation to the specific symptoms of borderline personality; 2) Convey the range of borderline pathology and its different presentations; 3) Teach the centrality of identity diffusion in borderline personality disorder (BPD) and the role of identity integration in resolution of BPD; 4) Teach the strategies, tactics, and techniques of effective psychodynamic psychotherapy for borderline personality; and 5) Teach how to perceive and identify object relations dyads (pairing of internal representations of self and other) as they are enacted in the therapy.

Description: Transference-Focused Psychotherapy (TFP) is a manualized, evidence-based treatment for severe personality disorders, in particular borderline and narcissistic personality disorders. These patients often represent a daunting challenge to the therapist. To help the therapist in meeting the clinical needs of this challenging patient population, TFP combines a psychodynamic approach with structure and limit-setting. The goals of the treatment are ambitious — personality change, as reflected in the patients' functioning and satisfaction in their interpersonal and work lives, as well as symptom change. TFP builds on a psychodynamic object relations model of psychological functioning. The treatment focuses on internalized images of self and other that organize the patient's interpersonal experience. The exaggerated, distorted, and unrealistic internal images of self and others characteristic of severe personality disorders are associated with problems in mood regulation, self-esteem, and interpersonal relationships. The aim of the treatment is to modify these internalized relationship patterns by exploring them as they are activated in the therapeutic relationship and in the patient's interpersonal life. The ultimate aim is to create more stable, realistic and better-

integrated experiences of self and other, leading to improved interpersonal functioning and adaptation to life. This course will offer: 1) discussion of a diagnostic system for personality disorders based on psychological structure; 2) an overview of the essential concepts of object relations theory; 3) presentation of the principles and techniques of TFP; 4) discussion of case material, including video material that illustrates how TFP is practiced.

Course Level: Basic

9:00 a.m. – 4:00 p.m. | 6 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 250 | MC Code: 0787

MONDAY, MAY 18, 2015

DSM-5: What You Need to Know

Topic: Diagnosis/Assessment

Director: William Narrow, M.D., M.P.H.

Faculty: Darrel A. Regier, M.D., M.P.H.

Master Course Code: 0517

Educational Objectives: 1) List the primary significant changes in the classification of and diagnostic criteria for mental disorders from DSM-IV to DSM-5; 2) Discuss some of the major clinical modifications that might be needed to implement the major changes in DSM-5; and 3) Describe some of the important revisions to nondiagnostic specific areas of DSM-5, including the manual's organization and section content.

Description: Release of DSM-5 marks the first major revision to the classification of and diagnostic criteria for mental disorders since DSM-IV was released in 1994. The focus of this master course is to educate clinicians and researchers on the major changes from DSM-IV to DSM-5, including diagnosis-specific changes (e.g., criteria revisions) as well as broader, manual-wide changes (e.g., revised chapter ordering, use of dimensional assessments, integration of neuroscience and developmental material across the manual). The primary emphasis is on ensuring clinicians understand how these changes might impact patient care and knowing what modifications might be necessary to implement these revisions in their practice. The session will be led by the DSM-5

Master Course Listings *(continued)*

Task Force Vice-Chair, Darrel A. Regier, M.D., M.P.H., and DSM-5 Task Force Research Director, William E. Narrow, M.D., M.P.H. Presentations will be provided by members of select DSM-5 Work Groups, specifically Neurodevelopmental Disorders; Depressive and Bipolar Disorders; Schizophrenia and Psychotic Spectrum Disorders; Obsessive-Compulsive and Related Disorders; Trauma and Stress-Related Disorders; and Substance Use and Other Addictive Disorders.

Course Level: Advanced

9:00 a.m. – 4:00 p.m. | 6 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 250 | MC Code: 0517

MONDAY, MAY 18, 2015

Board Review Course

Topic: Psychopharmacology

Director: Robert Boland, M.D.

Master Course Code: 2769

Educational Objectives: 1) Identify gaps in knowledge in psychiatry and neurology as part of an exercise in lifelong learning; 2) Analyze multiple-choice questions pertinent to clinical topics; 3) Identify preparation strategies for lifelong learning; 4) Demonstrate the ability to search the clinical literature to prepare for lifelong learning; and 5) Convey a working knowledge of the various topical areas likely to be encountered during lifelong learning activities.

Description: Essential psychiatric and neurology topics will be reviewed and discussed using multiple-choice questions (MCQ). After a brief introduction covering the basic structure and format of MCQs typically used in psychiatric examinations, participants will review and answer MCQs in various formats using an audience response system. After viewing a summary of the audience responses, faculty members will lead and facilitate a review and discussion of the topic covered by the MCQs. The questions will be grouped by topic and will cover a number of core subjects in psychiatry and neurology. The clinical topics are development, diagnostic methods, psychopathology, psychiatric treatment, neurosciences and neuropsychiatry, research and literature literacy, forensics, ethics,

and special topics (e.g. history, administration). Audience members will use an audience response system to respond to the multiple-choice format before correct answers and full explanations and references are provided.

Course Level: Basic

9:00 a.m. – 4:00 p.m. | 6 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 150 | MC Code: 2769

TUESDAY, MAY 19, 2015

Psychopharmacology

Topic: Psychopharmacology

Director: Alan F. Schatzberg, M.D.

Master Course Code: 2768

Educational Objectives: 1) Provide an update on recent advances in psychopharmacology of major disorders; 2) Discuss in detail approaches to the treatment of autism; 3) Review recent studies on pharmacogenetics of antidepressant response; 4) Provide a rational basis for selection of medications for bipolar disorder; and 5) Discuss efficacy and side effects of antipsychotic agents.

Description: This Masters Course in Psychopharmacology will present new material on the pharmacologic treatment of major psychiatric disorders. The course will involve presentation of data, Q&A, and case discussions.

Course Level: Intermediate

9:00 a.m. – 4:00 p.m. | 6 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 300 | MC Code: 2768

Master Course Listings *(continued)*

WEDNESDAY, MAY 20, 2015

Update on Pediatric Psychopharmacology

Topic: Psychopharmacology

Director: Christopher Kratochvil, M.D.

Faculty: John T. Walkup, M.D.; Karen D. Wagner, M.D., Ph.D.; Christopher J. McDougle, M.D.

Master Course Code: 2766

Educational Objectives: At the conclusion to this session, participants should be able to: 1) Demonstrate knowledge of current clinical guidelines for the use of pharmacotherapy in pediatric psychiatric disorders; 2) Identify practical clinical knowledge gained in the use of psychopharmacology and management of adverse effects; and 3) Utilize recent research on pharmacotherapy in common psychiatric disorders of childhood.

Description: Objective: The primary objective of this course is to provide practical information to clinicians on the use of psychotropic medications in the treatment of children and adolescents in their practices. **Methods:** This course will provide an overview and discussion of recent data in pediatric psychopharmacology, with a focus on mood disorders, attention-deficit/hyperactivity disorder, anxiety disorders, and autism spectrum disorders. The role of pharmacotherapy in the treatment of these disorders will be addressed, as will practical clinical aspects of using psychotropic medications in the treatment of children and adolescents. Management of adverse effects will be reviewed as well. Awareness of recent research data will help to facilitate an understanding of the basis

for current clinical guidelines for the treatment of these psychiatric disorders. Clinically relevant research will be reviewed within the context of clinical treatment. **Conclusion:** Awareness of recent research and practice parameters on the use of pediatric psychopharmacology, and the application of this information to clinical practice, can inform and positively impact patient care.

Course Level: Intermediate

9:00 a.m. – 4:00 p.m. | 6 Hours

Toronto Convention Centre

Please see registration for rates

Spaces Available: 250 | MC Code: 2766



SATURDAY, MAY 16, 2015

Conversion Disorder: Update on Evaluation and Management

Topic: Neuropsychiatry

Director: Gaston Baslet, M.D.

Faculty: John J. Barry, M.D.; Andres Kanner, M.D.; W. Curt LaFrance, Jr., M.D., M.P.H.

Course Code: 0392

Educational Objectives: 1) Perform a clinical evaluation in patients with conversion disorder, in collaboration with a neurologist; 2) Communicate the diagnosis to the patient, his/her family, and the collaborating physician in a way that reinforces engagement in treatment; 3) Recommend, seek advice, or execute the most appropriate treatment plan based on the current evidence from the medical literature; and 4) Understand the complexity and heterogeneity of this population, and recognize various modifiable risk factors that should be considered targets for treatment.

Description: Conversion Disorder (also named Functional Neurological Symptom Disorder in DSM-5) is diagnosed in a sizable proportion of patients seen in neurological practice. Treatment as usual involves referral to a mental health professional, including psychiatrists. During the last decade there has been increased interest in the development of treatment options for this disorder, yet clear guidelines for the management of this complex population do not exist. This course will review the role of the psychiatrist during the diagnosis and management of patients with Conversion Disorder. We will provide an overview of our current understanding of the risk factors and pathogenic models of this disorder. These include biological and psychosocial etiologic factors. The course will focus on practical interventions including guidelines for a comprehensive initial psychiatric evaluation. The effective communication of the diagnosis to patients, families, and collaborating providers is crucial. We will discuss the different stages of treatment including engagement, evidence-based short-term interventions, and strategies for the long-term treatment of patients suffering from Conversion Disorders. The course will emphasize how to collaborate with the multitude of disciplines involved in the care of these patients. This will be facilitated by including speakers from

neurology and neuropsychiatry who possess a wealth of clinical experience with the evaluation and treatment of these patients. We will present illustrative cases showcasing the complexity and heterogeneity of patients with Conversion Disorder.

Course Level: Basic

8:00 a.m. – 12:00 p.m. | 4 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 150 | C Code: 0392

ADHD in Adults: From Clinical Science to Clinical Practice

Topic: ADHD

Director: Craig Surman, M.D.

Faculty: Paul Hammerness, M.D.

Course Code: 1691

Educational Objectives: 1) Identify when it is appropriate to diagnose ADHD; 2) Apply efficient methods for assessing ADHD symptoms and impairment; 3) Practice methods of personalizing treatment for ADHD patients, including optimal pharmacologic and nonpharmacologic supports; 4) Recognize the evidence, and limits of that evidence, for pharmacologic and nonpharmacologic therapies; and 5) Apply principles for managing common complex presentations, including patients with nonattention executive function deficits, mood disorders, anxiety disorders, and substance abuse disorders.

Description: ADHD impacts 4% of adults and is often accompanied by other clinical concerns in adult patients, including other mental health diagnoses, and varying forms of organizational challenges. This program will emphasize the implications, and limits, of clinical research for approaching ADHD, including complex presentations. The presenters will model strategies for identifying ADHD, creating treatment goals, and optimizing a plan to apply available medication and behavioral therapy resources. Cases will be discussed with the audience as a basis for exploring the principles and thought process for optimizing personalized care.

Course Level: Intermediate

8:00 a.m. – 12:00 p.m. | 4 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 200 | C Code: 0691

Course Listings *(continued)*

SATURDAY, MAY 16, 2015 (CONTINUED)

Interpersonal Psychotherapy

Topic: Individual Psychotherapies

Director: John C. Markowitz, M.D.

Course Code: 0328

Educational Objectives: 1) Understand the basic rationale and techniques of interpersonal psychotherapy for depression; 2) Understand key research validating its use; and 3) Understand some of the adaptations of IPT for other diagnoses and formats.

Description: Interpersonal psychotherapy (IPT), a manualized, time-limited psychotherapy, was developed by the late Gerald L. Klerman, M.D., Myrna M. Weissman, Ph.D., and colleagues in the 1970s to treat outpatients with major depression. Its strategies help patients understand links between environmental stressors and the onset of their mood disorder and to explore practical options to achieve desired goals. IPT has had impressive research success in controlled clinical trials for acute depression, prophylaxis of recurrent depression, and other Axis I disorders such as bulimia. It may also benefit patients with PTSD. This course, now in its 22nd consecutive year at the APA Annual Meeting, presents the theory, structure, and clinical techniques of IPT along with some of the research that supports its use. It is intended for therapists experienced in psychotherapy and treatment of depression who have not had previous exposure to IPT. Please note: The course will not provide certification in IPT, a process that requires ongoing training and supervision. **Participants should read the IPT manual:** Weissman MM, Markowitz JC, Klerman GL: *Comprehensive Guide to Interpersonal Psychotherapy*. New York: Basic Books, 2000; or Weissman MM, Markowitz JC, Klerman GL: *A Clinician's Quick Guide to Interpersonal Psychotherapy*. New York: Oxford University Press, 2007. They may also be interested in Markowitz JC, Weissman MM: *Casebook of Interpersonal Psychotherapy*. New York: Oxford University Press, 2012.

Course Level: Intermediate

8:00 a.m. – 12:00 p.m. | 4 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 50 | C Code: 0328

Updates in Geriatric Psychiatry

Topic: Geriatric Psychiatry

Director: Rajesh R. Tampi, M.D.

Faculty: Ilse Wiechers, M.D., M.H.S., M.P.P.; Louis Trevisan, M.D., M.Ed.; Kristina Zdanys, M.D.

Course Code: 0209

Educational Objectives: 1) Describe the epidemiology of mood disorders, anxiety disorders, psychotic disorders and substance use disorders in late life; 2) Elaborate the neurobiology of mood disorders, anxiety disorders, psychotic disorders, and substance use disorders in late life; 3) Enumerate the assessment of mood disorders, anxiety disorders, psychotic disorders, and substance use disorders in late life; and 4) Discuss the latest evidence-based treatments for mood disorders, anxiety disorders, psychotic disorders, and substance use disorders in late life.

Description: Psychiatric disorders are not uncommon in late life. Illnesses like dementias, delirium, mood disorders, anxiety disorders, psychotic disorders, and substance use disorders are frequently encountered in older adults. The population of older adults is growing rapidly. This has led to an increase in the number of older adults with psychiatric disorders. Currently, there are less than 1,900 board-certified geriatric psychiatrists in the United States. Given the current educational models, it will be impossible to train adequate numbers of geriatric psychiatrists to meet the growing needs for clinical services for older adults with psychiatric illness. Due to the shortage of geriatric psychiatrists, general adult psychiatrists, primary care clinicians, advance practice nurses and physician associates will be expected to see many of the older adults with psychiatric illness. Only a limited number of educational courses for clinicians are focused on psychiatric disorders in late life. Many clinicians who want to receive information through such courses have difficulty accessing them given the limited number of such courses. In this course we will discuss four major psychiatric disorders in late life: mood disorders, anxiety disorders, psychotic disorders, and substance use disorders. This course intends to be a one-stop shop for those who intend to receive the most up-to-date information on these psychiatric disorders

Course Listings *(continued)*

SATURDAY, MAY 16, 2015 (CONTINUED)

in late life. This course will be taught by award-winning geriatric psychiatrists who have expertise in the teaching courses in geriatric psychiatry.

Course Level: Basic

8:00 a.m. – 12:00 p.m. | 4 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 50 | C Code: 0209

Evidence-Based Psychodynamic Therapy: A Clinician's Workshop

Topic: Individual Psychotherapies

Director: Richard F. Summers, M.D.

Faculty: Jacques P. Barber, Ph.D.

Course Code: 0831

Educational Objectives: 1) Become aware of the substantial evidence base supporting psychodynamic psychotherapy; 2) Improve treatment selection by applying a contemporary framework for conceptualizing psychodynamic therapy; 3) Diagnose core psychodynamic problems and develop a psychodynamic formulation for appropriate patients; and 4) Understand how to develop an effective therapeutic alliance and employ techniques for facilitating change.

Description: This course will build the clinician's ability to provide effective and pragmatically focused psychodynamic therapy by reviewing the current evidence base for the treatment, presenting a contemporary and concise conceptual framework for the treatment, and offering a detailed discussion of psychodynamic technique. Many video clips with class discussion about technique and a group exercise on defining the core psychodynamic problem of a presented patient will make the course lively and participatory. The course follows the arc of therapy by discussing the central concepts of therapeutic alliance, core psychodynamic problem, psychodynamic formulation, psychotherapy focus, and strategies for change. Presentation of the relevant evidence is paired with the model and the specific techniques to bolster the clinician's confidence in the effectiveness of the method. The video clips and group discussion provide an opportunity for a nuanced discussion of technique.

Course Level: Intermediate

9:00 a.m. – 4:00 p.m. | 6 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 50 | C Code: 0831

Treatment of Schizophrenia

Topic: Schizophrenia Spectrum and Other Psychotic Disorders

Director: Phillip G. Janicak, M.D.

Faculty: Stephen R. Marder, M.D.;
Rajiv Tandon, M.D.; Morris Goldman, M.D.

Course Code: 0346

Educational Objectives: 1) Describe the psychopathological dimensions, recent DSM-5 diagnostic criteria, and neurobiological underpinnings of schizophrenia; 2) Appreciate the growing emphasis on early recognition and interventions to favorably alter the prognosis of high-risk individuals; 3) Describe the clinically relevant pharmacological aspects of first- and second-generation antipsychotics as well as novel therapies; 4) Better understand the efficacy, safety, and tolerability of antipsychotics when used for acute and long-term management of schizophrenia; and 5) Describe recent approaches to integrating medication strategies with psychosocial and rehabilitation programs.

Description: The treatment of schizophrenia and related psychotic disorders is rapidly evolving. There are now 10 second-generation antipsychotics available in various formulations (i.e., clozapine, risperidone, olanzapine, quetiapine, ziprasidone, aripiprazole, iloperidone, paliperidone, asenapine, lurasidone). Further, there is a growing focus on early identification (e.g., high-risk individuals) and appropriate interventions to favorably alter one's long-term prognosis. The relative effectiveness of antipsychotics is also an important issue (e.g., the CATIE and CUTLASS trials) and continues to be clarified. Increasingly, novel pharmacological and nonpharmacological strategies are being tested to improve cognition, mood, and negative symptoms as well as safety and tolerability. The integration of cognitive therapeutic approaches, psychosocial interventions, and rehabilitation programs with medication is critical to improving long-term outcomes (i.e., recovery). As our understanding of the neurobiology and

Course Listings *(continued)*

SATURDAY, MAY 16, 2015 (CONTINUED)

psychopathology of schizophrenia progresses, it will guide the development of future, more effective therapies for acute and maintenance strategies.

Course Level: Basic

9:00 a.m. – 4:00 p.m. | 6 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 100 | C Code: 0346

Buprenorphine and Office-Based Treatment of Opioid Use Disorder

Topic: Addiction Psychiatry/Substance Use and Addictive Disorders

Director: John Renner, M.D.

Faculty: Petros Levounis, M.A., M.D.; Andrew J. Saxon, M.D.

Course Code: 0357

Educational Objectives: 1) Understand the rationale and need for opioid pharmacotherapy in the treatment of opioid dependence and describe buprenorphine protocols for all phases of treatment and for optimal patient/treatment; 2) Understand specific information on the legislative and regulatory history of office-based opioid pharmacotherapy; 3) Understand the pharmacological characteristics of opioids and identify common comorbid conditions associated with opioid dependence; 4) Understand treatment issues and management of opioid dependence in adolescents, pregnant women, and patients with acute and/or chronic pain; and 5) Describe the resources needed to set up office-based treatment with buprenorphine for patients with opioid use disorder (OUD).

Description: Physicians who complete this course will be eligible to request a waiver to practice medication-assisted addiction therapy with buprenorphine for the treatment of opioid use disorder. The course will describe the resources needed to set up office-based treatment with buprenorphine for patients with opioid use disorder and review: 1) DSM-5 criteria for OUD and the commonly accepted criteria for patients appropriate for office-based treatment of OUD, 2) confidentiality rules related to treatment of substance use disorders, DEA requirements for recordkeeping, and billing and common office procedures,

3) the epidemiology, symptoms, and current treatment of anxiety, common depressive disorders, ADHD, and how to distinguish independent disorders from substance-induced psychiatric disorders, and 4) common clinical events associated with addictive behavior. Special treatment populations, including adolescents, geriatric patients, pregnant addicts, HIV-positive patients, and chronic-pain patients will be addressed, and small-group case discussions will be used to reinforce learning.

Course Level: Basic

8:00 a.m. – 5:00 p.m. | 8 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 75 | C Code: 0357

Integrating Behavioral Health and Primary Care: Practical Skills for the Consulting Psychiatrist

Topic: Integrated and Collaborative Care

Director: Anna Ratzliff, M.D., Ph.D.

Faculty: Lori Raney, M.D.

Robert J. Hilt, M.D.; John Kern, M.D.

Course Code: 1721

Educational Objectives: 1) Make the case for integrated behavioral health services in primary care, including the evidence for collaborative care; 2) Discuss principles of integrated behavioral health care; 3) Describe the roles for a primary care consulting psychiatrist in an integrated care team; and 4) Apply a primary-care-oriented approach to psychiatric consultation for common behavioral-health presentations.

Description: Psychiatrists are in a unique position to help shape mental health care delivery in the current rapidly evolving health care reform landscape using integrated care approaches, in which mental health is delivered in primary care settings. In this model of care, a team of providers, including the patient's primary care provider, a care manager and a psychiatric consultant, work together to provide evidence-based mental health care. This course is designed to introduce the role of a psychiatrist functioning as part of an integrated care team. The first part of the course describes the delivery of mental health care in primary care settings with a focus on the evidence base, guiding principles, and practical skills needed to function as a primary care

Course Listings *(continued)*

SATURDAY, MAY 16, 2015 (CONTINUED)

consulting psychiatrist. The second part of the course is devoted to advanced skills. Topics include delivering integrated care for child and adolescent populations, supporting accountable care, and leadership essentials for the integrated care psychiatrist. The course will focus on providing a combination of didactic material, case discussion, and practice exercises. Five speakers — Jürgen Unützer, M.D., Robert J. Hilt, M.D. and Anna Ratzliff, M.D., Ph.D., from the University of Washington, Department of Psychiatry, Lori Raney, M.D., Chair, APA Workgroup on Integrated Care and John Kern, M.D., Chief Medical Officer, Regional Mental Health — will present material and allow ample time for questions and discussion.

Course Level: Basic

9:00 a.m. – 4:00 p.m. | 6 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 70 | C Code: 1721

Essentials of Assessing and Treating ADHD in Adults and Children

Topic: ADHD

Director: Thomas E. Brown, Ph.D.

Faculty: Anthony Rostain, M.A., M.D.

Course Code: 1658

Educational Objectives: 1) Recognize impairments caused by ADHD in adults or children; 2) Understand an updated model of ADHD as developmental impairment of executive functions; 3) Assess

and diagnose adults or children for ADHD using appropriate instruments and methods; 4) Select appropriate medications for treatment of ADHD and comorbid disorders; and 5) Design multimodal treatment for adults or children with ADHD.

Description: Once understood as a disruptive behavior of childhood, ADHD is now recognized as developmental impairment of the brain's executive functions. Although initial diagnosis of ADHD is usually in childhood or adolescence, many individuals do not recognize their ADHD impairments until they encounter challenges of adulthood. This comprehensive basic course for clinicians interested in treatment of adults and/or children and adolescents will offer research and clinical data to provide: 1) an overview of the ways ADHD is manifest at various points across the lifespan with and without comorbid disorders; 2) descriptions of how ADHD impacts education, employment, social relationships, and family life; 3) clinical and standardized psychological measures to assess ADHD; 4) research-based selection criteria of medications for treatment of ADHD and various comorbid disorders; and 5) guidelines for integration of pharmacological, educational, behavioral, and family interventions into a multimodal treatment plan tailored for specific adults and/or children or adolescents with ADHD.

Course Level: Basic

9:00 a.m. – 4:00 p.m. | 6 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 80 | C Code: 1658



Course Listings *(continued)*

SATURDAY, MAY 16, 2015 (CONTINUED)

Mentalization-Based Treatment for Borderline Personality Disorder

Topic: Personality Disorders

Director: Athony Bateman, M.D.

Faculty: Peter Fonagy, Ph.D.

Course Code: 0471

Educational Objectives: 1) Demonstrate an understanding of the mentalizing problems of borderline personality disorder (BPD); 2) Recognize mentalizing and nonmentalizing interventions; 3) Develop and maintain a mentalizing therapeutic stance; and 4) Use some basic mentalizing techniques in everyday clinical work

Description: Mentalization is the process by which we implicitly and explicitly interpret the actions of ourselves and others as meaningful on the basis of intentional mental states (e.g., desires, needs, feelings, beliefs, and reasons). We mentalize interactively and emotionally when with others. Each person has the other person's mind in mind (as well as his or her own), leading to self-awareness and other awareness. We have to be able to continue to do this in the midst of emotional states, but BPD is characterized by a loss of capacity to mentalize when emotionally charged attachment relationships are stimulated. The aim of MBT is to increase this capacity to ensure the development of better regulation of affective states and to increase interpersonal and social function. In this course we will consider and practice interventions that promote mentalizing, contrasting them with those that are likely to reduce mentalizing. Participants will become aware of which of their current therapeutic interventions promote mentalizing. The most important aspect of MBT is the therapeutic stance. Video and role plays will be used to ensure participants recognize the stance and can use it in their everyday practice. Small-group work will be used to practice basic mentalizing interventions described in the manual. In research trials MBT has been shown to be more effective than treatment as usual in the context of a partial hospital program both at the end of treatment and at eight-year follow-up. A trial of MBT in an outpatient setting has also been completed. This shows effectiveness when

applied by nonspecialist practitioners. Independent replication of effectiveness of MBT has been shown in cohort studies, and additional randomized controlled trials are in progress. The course will therefore provide practitioners with information about an evidence-based treatment for BPD, present them with an understanding of mentalizing problems as a core component of BPD, equip them with clinical skills that promote mentalizing, and help them recognize nonmentalizing interventions.

Course Level: Intermediate

1:00 p.m. – 5:00 p.m. | 4 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 150 | C Code: 0471

Melatonin and Light Treatment of SAD, Sleep, and Other Body Clock Disorders

Topic: Depressive Disorders

Director: Alfred J. Lewy, M.D., Ph.D.

Course Code: 0672

Educational Objectives: 1) Use the salivary dim light melatonin onset and sleep time to phase type circadian sleep and mood disorders as to whether they are phase advanced or phase delayed; 2) Treat a patient with appropriately timed bright light exposure (evening or morning) and/or low-dose melatonin administration (morning or afternoon) using the patient's phase type; 3) Monitor treatment response using the dim light melatonin onset (DLMO)/midsleep interval, targeting six hours.

Description: This course will enable practitioners to advise patients on how to use melatonin and bright light to treat circadian sleep and mood disorders. There are two categories for these disorders: phase advanced and phase delayed. The prototypical patient with SAD (seasonal affective disorder, or winter depression) is phase delayed; however, some are phase advanced (Lewy et al., *PNAS*, March 9, 2006). Shift work maladaptation, nonseasonal major depressive disorder (Emens, Lewy et al., *Psychiatry Res.*, Aug. 15, 2009), and ADHD can also be individually phase typed and then treated with a phase-resetting agent at the appropriate time. Phase-advanced disorders are treated with evening bright light exposure and/or low-dose (≤ 0.5 mg) morning melatonin administration. Phase-delayed disorders are treated with morning bright

Course Listings *(continued)*

SATURDAY, MAY 16, 2015 (CONTINUED)

light and/or low-dose afternoon/evening melatonin administration. High doses of melatonin can be given at bedtime to help some people sleep. The best phase marker is the circadian rhythm of melatonin production, specifically, the time of rise in levels during the evening. In sighted people, samples are collected under dim light conditions. This can be done at home using saliva. Within a year or two, this test should become available to clinicians. The DLMO occurs on average at about 8 or 9 p.m.; earlier DLMOs indicate a phase advance, later DLMOs indicate a phase delay. The circadian alignment between DLMO and the sleep/wake cycle is also important. Use of the DLMO for phase typing and guiding clinically appropriate phase resetting will be discussed in detail, focusing on SAD. A jet-lag treatment algorithm will be presented that takes into account the direction and number of time zones crossed, for when to avoid and when to obtain sunlight exposure at destination and when to take low-dose melatonin before and after travel. Books instructing the use of light treatment will also be reviewed as well as the most recent research findings.

Course Level: Basic

1:00 p.m. – 5:00 p.m. | 4 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 200 | C Code: 0672

Late Life Mood Disorders: Achieving Accurate Diagnosis and Effective Treatment

Topic: Depressive Disorders

Director: James M. Ellison, M.D., M.P.H.

Faculty: Donald A. Davidoff, Ph.D.;
Brent Forester, M.D., M.Sc.; Grace C. Niu, Ph.D.

Course Code: 0369

Educational Objectives: 1) Appreciate the varied and sometimes obscure presentations of late-life mood disorders (unipolar and bipolar) and describe an organized approach to differential diagnosis and treatment; 2) List and describe evidence-based approaches to psychotherapy of late-life mood disorders including the newly developed ENGAGE protocol; 3) Plan and implement an evidence-based treatment program for late-life

mood disorders, integrating psychosocial and somatic therapies; and 4) Explain the complex and reciprocal relationship between late-life mood disorders and cognitive impairment.

Description: In light of the unprecedented growth of our aging population, clinicians need to understand diagnostic assessment and effective treatment of late-life mood disorders. These debilitating syndromes are widespread and disabling among older adults but very treatable through the use of standard and newer approaches drawing on psychosocial and somatic therapies. This course provides an interdisciplinary overview of late-life mood disorders emphasizing a biopsychosocial approach. The attendee will acquire an organized approach to assessment and a systematic and evidence-based approach to treatment planning incorporating both psychotherapeutic and somatic interventions. In addition, the attendee will learn to distinguish among the cognitive symptoms associated with mood disorders, the cognitive changes associated with normal aging, and the impairments associated with Major Neurocognitive Disorder. The discussion of psychotherapy for older adults with mood disorders will review evidence-based approaches with particular emphasis on Cognitive Behavior Therapy, Interpersonal Therapy, and Problem-Solving Therapy. The newly developed ENGAGE protocol will also be described. The discussion of somatic approaches will include a discussion of the syndrome of Vascular Depression and describe an approach to treating resistant disorders. The faculty will lecture, using illustrative slides, and there will be ample time for interactive discussion. This course is designed primarily for general psychiatrists seeking greater understanding and expertise in treating older patients. For psychiatric residents and fellows, it will provide an advanced introduction. For geriatric psychiatrists, it will provide a review and update. It will be of greatest practical value to attendees who already possess a basic familiarity with principles of pharmacotherapy and psychotherapy.

Course Level: Intermediate

8:00 a.m. – 12:00 p.m. | 4 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 50 | C Code: 0369

Course Listings *(continued)*

SATURDAY, MAY 16, 2015 (CONTINUED)

A Psychiatrist's Guide to Patients with Severe Obesity: Assessment and Beyond

Topic: Psychosomatic Medicine

Director: Sanjeev Sockalingam, M.D.

Faculty: Stephanie E. Cassin, Ph.D.;
Timothy D. Jackson, M.D., M.P.H.;
Jessica L. Van Exan, Ph.D.

Course Code: 0260

Educational Objectives: 1) Describe predisposing psychosocial factors to obesity and psychiatrists' role in medical and surgical interventions for weight loss; 2) Identify patient characteristics pre-bariatric surgery that inform patients' postsurgery psychosocial interventions; and 3) Apply psychopharmacology protocols and brief psychological interventions that improve psychiatric care after massive weight loss.

Description: Due to the obesity epidemic in North America and bidirectional relationship between obesity and mental illness, psychiatrists are now considered integral to the management of severe obesity in hospital and community-based settings. Furthermore, bariatric surgery, an effective and growing treatment for severe obesity, has resulted in more psychiatrists involved in pre- and postsurgery patient care. Nearly 60%-70% of severely obese individuals have a history of a psychiatric illness, and treatments such as bariatric surgery may precipitate additional psychopathology, such as cross-addictive behaviors and eating psychopathology. Many patients have iatrogenic metabolic disturbance and weight gain from psychotropic medications requiring further reassessment and monitoring in the context of obesity interventions. Further, psychiatric assessment is now a requirement prior to bariatric surgery by insurers and recommended in best-practice guidelines. Therefore, psychiatrists are expected to have an array of skills to manage behavioral, relational, and psychiatric aspects of severe obesity management while also having an understanding of the armamentarium of medical and surgical obesity treatment options. This course is aimed at psychiatrists and other mental health care providers who are caring for severely obese patients. The course outline will include presentations by an interprofessional team working within the University of Toronto Bariatric Surgery Collaborative, a

American College of Surgeons Level 1A-certified Centre of Excellence. Dr. Jackson (bariatric surgeon) will present on the obesity epidemic and current state of obesity management interventions available for severe obesity. Ms. Warwick (bariatric dietitian) will provide participants with an update on diet interventions in obesity management to assist psychiatrists in clinical practice and will provide an overview of neuropsychiatric complications related to nutritional deficiencies due to severe weight loss. Dr. Hawa (psychiatrist and sleep medicine specialist) will provide an approach to assessing psychiatric readiness for weight loss procedures and will discuss evidence-based assessment tools for surgery and for sleep in obese patients, specifically sleep apnea. Dr. Sockalingam (psychiatrist) will review common postoperative complications related to severe weight loss including impact on mood disorders, problematic alcohol use (cross-addiction), suicide risk, body image issues and psychopharmacological issues postsurgery. Dr. Van Exan (psychologist) focuses exclusively on the differential diagnosis for eating psychopathology in severe obesity, including a discussion of DSM-5 eating disorders in obese patients. Lastly, Dr. Cassin (psychologist) will provide practical approaches to integrating motivational interviewing and CBT as part of psychosocial care of patients undergoing weight loss interventions. Psychosocial screening tools and protocols will be shared.

Course Level: Basic

1:00 p.m. – 5:00 p.m. | 4 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 100 | C Code: 0260

SUNDAY, MAY 17, 2015

Street Drugs and Mental Disorders: Overview and Treatment of Dual-Diagnosis Patients

Topic: Addiction Psychiatry/Substance Use and Addictive Disorders

Director: John W. Tsuang, M.D.

Faculty: Karim Reef, D.O.; Larissa Mooney, M.D.;
Timothy W. Fong, M.D.

Course Code: 2350

Course Listings *(continued)*

SUNDAY, MAY 17, 2015 (CONTINUED)

Educational Objectives: 1) Understand the issues relating to the treatment of dual-diagnosis patients; 2) Know the popular street drugs and club drugs; and 3) Know the available pharmacological agents for treatment of dual-diagnosis patients.

Description: According to the ECA, 50 percent of general psychiatric patients suffer from a substance abuse disorder. These patients, so-called dual-diagnosis patients, are extremely difficult to treat, and they are big utilizers of public health services. This course is designed to familiarize participants with diagnosis and state-of-the-art treatment for dual-diagnosis patients. We will first review the different substance of abuse, including club drugs, and their psychiatric manifestations. The epidemiological data from the ECA study for dual-diagnosis patients will be presented. Issues and difficulties relating to the treatment of dual-diagnosis patients will be stressed. The available pharmacological agents for treatment of dual-diagnosis patients and medication treatment for substance dependence will be covered. Additionally, participants will learn the harm reduction versus the abstinence model for dual-diagnosis patients.

Course Level: Basic

8:00 a.m. – 12:00 p.m. | 4 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 100 | C Code: 2350

Good Psychiatric Management (GPM) for Borderline Personality Disorder (BPD): What Every Psychiatrist Should Know

Topic: Personality Disorders

Director: John G. Gunderson, M.D.

Faculty: Paul Links, M.D.;
Brian Palmer, M.D., M.P.H.

Course Code: 0390

Educational Objectives: 1) Explain the diagnosis to patients and families and establish reasonable expectations for change (psychoeducation); 2) Manage the problem of recurrent suicidality and self-harm while limiting personal burden and liability; 3) Expedite alliance-building via use of medications and homework; and 4) Know when to prioritize BPD's treatment and when to defer until a comorbid disorder is resolved.

Description: The course will describe an empirically validated treatment approach, general psychiatric management (GPM) (McMain et al., *AJP*, 2009). It emphasizes management strategies involving practicality, good sense, and flexibility. Listening, validation, judicious self-disclosures, and admonishments create a positive relationship in which both a psychiatrist's concerns and limitations are explicit. Techniques and interventions that facilitate the patient's trust and willingness to become a proactive collaborator will be described. Guidelines for managing the common and usually most burdensome issues of managing suicidality and self-harm (e.g., intersession crises, threats as a call for help, excessive use of ERs or hospitals) will be reviewed. How and when psychiatrists can usefully integrate group, family, or other psychotherapies will be described.

Course Level: Basic

8:00 a.m. – 12:00 p.m. | 4 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 125 | C Code: 0390

Management of the Cognitive and Neuropsychiatric Symptoms of Dementia

Topic: Neurocognitive Disorders

Director: Mark Rapoport, M.D.

Faculty: Nathan Herrmann, M.D.;
Andrew S. Wiens, M.D.; Tarek K. Rajji, M.D.

Course Code: 1407

Educational Objectives: 1) Develop an approach to the diagnosis of dementia, including the flexible use of bedside cognitive testing; 2) Understand the latest evidence for pharmacological management of the cognitive and neuropsychiatric symptoms in dementia, and appreciate tools for implementing the evidence in practice; and 3) Learn about nonpharmacological strategies for treating neuropsychiatric symptoms in dementia and develop an approach to assessing and advising about risks associated with driving in dementia.

Description: As the population ages and the prevalence of dementia climbs, general psychiatrists are increasingly called upon to assess and manage older patients with Alzheimer's disease and other dementias. Six psychiatrists from

Course Listings *(continued)*

SUNDAY, MAY 17, 2015 (CONTINUED)

the Canadian Academy of Geriatric Psychiatry have assembled a course to present a practical evidence-based approach to the diagnosis and management of dementia. The use of the cognitive examination for screening and diagnosis will be presented, and a comprehensive approach to the differential diagnosis of dementia will be outlined. The pharmacological treatment of cognitive impairment in dementia will be described, and the pharmacological treatment of neuropsychiatric complications in dementia will be discussed. Nonpharmacological approaches to the treatment of neuropsychiatric symptoms in dementia will be reviewed, and an approach to assessing the risks posed by older drivers with dementia will be discussed.

Course Level: Intermediate

8:00 a.m. – 12:00 p.m. | 4 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 100 | C Code: 1407

Evaluation and Treatment of Behavioral Emergencies

Topic: Emergency Psychiatry

Director: Kimberly Nordstrom, M.D., J.D.

Faculty: Leslie Zun, M.D., M.B.A.;

Jon S. Berlin, M.D.

Course Code: 0169

Educational Objectives: 1) Understand goals of emergency triage and medical assessment

for the psychiatric patient; 2) Complete an emergency psychiatric evaluation and perform a comprehensive risk assessment; 3) Manage and treat the agitated patient with both de-escalation techniques and medications; and 4) Create alliances with patients and families in crisis.

Description: Behavioral emergencies may occur in any setting — outpatient, inpatient, emergency departments, and in the community. When psychiatric emergencies do occur, psychiatrists should be prepared to deal with surrounding clinical and system issues. One of the most important challenges is the initial assessment and management of a psychiatric crisis/emergency. This includes differentiating a clinical emergency from a social emergency. This seminar can serve as a primer or as an update for psychiatrists in the evaluation and management of psychiatric emergencies. The course faculty offer decades of experience in emergency psychiatry. The participants will learn about the role of medical and psychiatric evaluations and the use of risk assessment of patients in crisis. The course faculty will delve into when laboratory or other studies may be necessary and note instances when this information does not change treatment course. Tools, such as protocols, to aid in collaboration with the emergency physician will be examined. The art of creating alliances and tools for engaging the crisis patient will be discussed. The participants will also learn about the management of agitation (de-escalation and medication use) as part of a psychiatric emergency. A combination of lectures and case discussion cover fundamental and pragmatic skills to identify,



Course Listings *(continued)*

SUNDAY, MAY 17, 2015 (CONTINUED)

assess, triage, and manage a range of clinical crises. Course faculty include psychiatrists and an emergency medicine physician to help provide various viewpoints and allow for rich discussion.

Course Level: Basic

8:00 a.m. – 12:00 p.m. | 4 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 120 | C Code: 0169

Dialectical Behavior Therapy for Psychiatrists: Using DBT Strategies in Your Psychotherapy and Psychopharmacological Practice

Topic: Personality Disorders

Director: Beth S. Brodsky, Ph.D.

Faculty: Barbara Stanley, Ph.D.

Course Code: 0867

Educational Objectives: 1) Use DBT interventions for outpatient management of suicidal and nonsuicidal self-injurious behaviors and medication management particularly for patients with borderline personality disorder (BPD); 2) Apply basic dialectical behavior therapy (DBT) interventions in psychotherapy and psychopharmacology practice to increase treatment retention and engagement, and reduce symptoms in emotionally and behaviorally dysregulated patients; and 3) Understand the skills patients learn in DBT, how to apply them, and how to “think” in a DBT framework about difficult-to-manage patients, particularly those with BPD.

Description: Psychiatrists, both those with primarily psychopharmacology practices and those who do psychotherapy, are faced with challenges when working with patients with BPD or emotional dysregulation in other disorders. These challenges can lead to clinician burnout and a desire to avoid treating these patients. DBT provides a framework for understanding and managing these difficult patients. DBT conceptualizes the disorder and provides interventions so that clinicians can be more effective and able to feel positively about their work with BPD patients. This course will illustrate how psychiatrists can incorporate these ways of thinking and intervening into a non-DBT clinical practice. This course will provide a hands-

on review of basic DBT theory and interventions and will teach strategies, conceptualizations, and interventions that can be easily incorporated into a current practice of psychiatry. The course is interactive and will provide a DBT toolkit to increase effectiveness in targeting of suicidal, nonsuicidal self-harm behaviors, treatment and medication adherence issues, and other symptoms of emotional and behavioral dysregulation. The course will also focus on the application of DBT to avoid the common pitfalls of working with these difficult patients, namely “splitting,” anxiety-producing calls for help, overwhelming requests for time and attention, interpersonal hostility, and clinician burnout. The course will review the DBT biosocial theory of the etiology of BPD, dialectic and social learning theory, how they inform the treatment approach and can aid psychiatrists to maintain an empathic therapeutic stance, to stay engaged with and keep BPD patients engaged in treatment. Validation strategies will be taught through the use of interactive case examples and exercises. Course participants will learn DBT strategies for engaging patients in taking responsibility for their treatment and for actively working to reduce suicidal behaviors and address difficulties with medication adherence. Case vignettes and video will demonstrate the use of diary cards and behavioral analysis. The course will include a review of the four DBT skills modules: mindfulness, interpersonal effectiveness, emotion regulation, and distress tolerance. One skill from each module will be taught in an interactive role play of a DBT skills group. Participants will learn specific interventions to treat self-harm behaviors on an outpatient basis. These include guidelines for close monitoring, enhanced suicide risk assessment, safety planning, and being available for between-session phone contact while setting limits and avoiding clinician burnout. DBT conceptualizations and interventions to minimize “splitting,” especially within the context of a split treatment, will be taught and illustrated. There will be ample opportunity for discussion, practice, and role playing.

Course Level: Intermediate

9:00 a.m. – 4:00 p.m. | 6 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 175 | C Code: 0867

Course Listings *(continued)*

SUNDAY, MAY 17, 2015 (CONTINUED)

Transgender and Intersex for the Practicing Psychiatrist

Topic: Gender Dysphoria

Director: William Byne, M.D., Ph.D.

Faculty: Jack Pula, M.D.; Richard R. Pleak, M.D.; A. Evan Eyler, M.D., M.P.H.

Course Code: 0315

Educational Objectives: 1) Define and discuss the relevant terminology, including gender variance, gender dysphoria, transgender, transsexuality, and disorders of sex development with and without somatic intersexuality; 2) Describe the components of culturally and clinically competent assessment, diagnosis, and care of those with gender concerns, including those seeking hormones and/or surgery for gender transition; 3) Distinguish DSM-5 Gender Dysphoria from gender concerns arising as epiphenomena of other psychiatric disorders; 4) Utilize the relevant documents for psychiatrists including the DSM-5, the AACAP Practice Parameter on GLBT Youth, and the Standards of Care of the World Professional Association for Transgender Health; and 5) Understand how research and evolving attitudes toward gender variance have influenced policies that impact access to transgender health services including hormonal, surgical, and mental health care.

Description: Transgender people are sufficiently common that even psychiatrists whose practice does not focus on gender variance encounter patients who are transitioning gender or contemplating gender transition. On the other hand, transgender and other gender-variant people are perceived to be too uncommon in the population for prioritization of their clinical needs in the curricula of medical school and psychiatric residency training programs. This applies even more so to individuals with somatic intersexuality, although they often have great needs for mental health services beginning at the time of medical diagnosis. This course will provide psychiatrists and other mental health professionals with the tools needed to deliver respectful, culturally competent and up-to-date mental health care to gender-variant patients, including those with somatic intersex conditions. An emphasis will be placed

on those who are, or who are contemplating, transitioning gender. While the program will provide a useful general overview and roadmap for psychiatrists and other health professionals new to treating gender-variant patients, it will also provide an update for psychiatrists, residents, medical students, nurses, and clinical social workers who are already experienced in working with gender-variant individuals. The following areas will be addressed: 1) The evolution of concepts of gender, gender variance, and associated terminology; 2) The evolution of medical approaches to gender variance including the changing roles of mental health professionals in transgender health care as reflected in successive versions of the World Professional Association for Transgender Health Standards of Care (WPATH SOC) and the emergence of informed consent models; 3) Common child and adolescent presentations; evaluation of gender variant youth; assessment and management of coexisting psychopathology in minors; treatment options, including pubertal suppression; persistence and desistence of gender dysphoria of childhood; and family concerns; 4) Common adult presentations; the process of gender transition and other options for authentic gender expression; assessment and management of concurrent psychiatric illness, and stage of life concerns; 5) Mental health assessments for initiation of treatment with cross-sex hormones and gender-affirming surgery; 6) Complex presentations, nonbinary gender identities, and the role of the mental health professional in alternative models of treatment; 7) Presentations, evaluation, and management of gender dysphoria in patients with somatic intersexuality; 8) Recent policy changes that impact access to transgender health services including those of the Affordable Care Act, the Department of Health and Human Services, Medicare, and the Veterans Health Administration.

Course Level: Basic

9:00 a.m. – 4:00 p.m. | 6 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 50 | C Code: 0315

Course Listings *(continued)*

SUNDAY, MAY 17, 2015 (CONTINUED)

Practical Assessment and Treatment of Behavior Disturbance in Patients with Moderate to Severe Dementia

Topic: Neurocognitive Disorders

Director: Maureen Nash, M.D., M.S.

Faculty: Sarah Foidel; Maria L. Shindler, M.S.N., R.N.

Course Code: 1020

Educational Objectives: 1) Have a working knowledge of how to assess and differentiate among varying types of dementia and delirium; 2) List common causes of delirium in the elderly and identify high-risk factors, causes, and prevention strategies; 3) Understand the current literature and practical applications of current pharmacological and nonpharmacological interventions for people with dementia; 4) Describe evidence-based treatment for effective symptom management of behaviors in common types of dementia; and 5) Recognize and encourage use of appropriate interventions to improve the quality of life in those with advanced dementia.

Description: Preventing and treating moderate to severe behavior disturbance in those with dementia is one of the most challenging problems in geriatric psychiatric clinical practice. The regulatory environment and concerns about the risks of treatment are in the press and on the minds of clinicians and the general public. Successful treatment requires a holistic view of assessment, symptom interpretation, and knowledge of the evidence base. This course is designed for psychiatrists, primary care providers, and advanced practice nurses who desire to learn how to assess and manage behavior disturbances in those with dementia. The course will thoroughly review assessment, nonpharmacological management, pharmacological management, and discussion of quality-of-life issues. Management for both inpatient and outpatient situations will be covered; however, the emphasis will be on the most difficult situations, typically those who are referred to emergency rooms or are inpatients in adult or geriatric psychiatry units. The first half will be an overview of behavior disturbance and how to measure it while determining the proper diagnosis. Determining the type of dementia and detecting delirium is emphasized

for proper management. There will also be a subsection reviewing the diagnosis and treatment of delirium and discussion of how it relates to behavior disturbance in those with dementia. Next there will be discussion of practical nonpharmacological interventions and in-depth discussion of the pharmacological management of behavior disturbance in dementia. Current controversies and the regulatory environment in long-term care will be discussed. Cases of Alzheimer's, Lewy Body, Frontal Temporal Lobe, and other dementias will be used to highlight aspects of diagnosis and successful management of the behavior disturbances unique to each disease. Audience participation will be encouraged throughout and is an integral part of the learning process.

Course Level: Intermediate

9:00 a.m. – 4:00 p.m. | 6 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 125 | C Code: 1020

Sleep Medicine – A Review and Update for Psychiatrists

Topic: Sleep-Wake Disorders

Director: Thomas D. Hurwitz, M.D.

Faculty: Imran Khawaja, M.B.B.S.; Elliott K. Lee, M.D.; Max Hirshkowitz, Ph.D.

Course Code: 0649

Educational Objectives: 1) Recognize the major sleep disorders that can affect patients in their practices; 2) Determine which patients should be referred to a board-certified sleep physician; 3) Help patients with obstructive sleep apnea pursue therapy; 4) Determine whether patients experience excessive daytime sleepiness; and 5) Facilitate use of CBT principles to treat insomnia.

Description: This course will present information about various sleep disorders important to practicing psychiatrists. The introduction will review basic principles of sleep-wake physiological regulation and a description of polysomnographic features of sleep stages. Clinical vignettes that could be seen in a psychiatric clinic will introduce presentations. Primary and comorbid insomnia will be discussed as well as pharmacological and cognitive-behavioral approaches to therapy. Willis

Course Listings *(continued)*

SUNDAY, MAY 17, 2015 (CONTINUED)

Ekbom disease (restless legs syndrome) will be dealt with additionally. Obstructive sleep apnea, a very prevalent disorder, will be presented as a major source of morbidity for psychiatric patients who are at additional risk because of weight gain associated with psychotropic drugs. Other hypersomnia conditions such as narcolepsy and idiopathic hypersomnia will be addressed to further assist participants to distinguish excessive daytime sleepiness from fatigue and apathy. Discussion of parasomnias will describe behavioral disorders of sleep that can be mistaken for nocturnal manifestations of psychiatric disorders. The course will close with a discussion of sleep disorders associated with various psychiatric disorders.

Course Level: Basic

9:00 a.m. – 4:00 p.m. | 6 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 100 | C Code: 0649

Yoga of the East and West Experiential for Stress, Anxiety, PTSD, Mass Disasters, Military, Schizophrenia, and Stress-Related Medical Conditions

Topic: Integrative Medicine (CAM)

Director: Patricia L. Gerbarg, M.D.

Faculty: Richard P. Brown, M.D.;
Patricia L. Gerbarg, M.D.

Course Code: 2361

Educational Objectives: 1) Describe how heart- rate variability and sympathovagal balance contribute to overall well-being and stress-resilience; 2) Identify patients who could benefit from voluntarily regulated breathing practices (VRBPs), determine when to introduce this option, and be able to discuss this treatment augmentation with patients; 3) Experience Coherent Breathing for stress reduction and learn how VRBPs can be used to reduce anxiety, insomnia, depression, and symptoms of posttraumatic stress disorder (PTSD); 4) Experience Open Focus attentional training for stress reduction, improved attention, and relief of physical and psychological distress for clinicians and their patients; and 5) Develop a program of further learning about breath and meditative practices that are accessible and that will improve clinical outcomes in psychiatric practice.

Description: Participants will learn the neurophysiology and clinical applications of powerful self-regulation strategies to improve their own well-being and the mental health of their patients. Through a program of nonreligious practices, participants will experience VRBPs, including Coherent Breathing, Breath Moving, 'Ha' Breath, 4-4-6-2 Breath with Movement, and healing sounds. They will also experience Qigong-based movements, Open Focus attention training, and meditation. Through repeated rounds of movement, breathing, and meditation and interactive processes, attendees will discover physical and psychological benefits of mind-body practices. How to build upon this knowledge and use it in clinical practice will be discussed.



Course Listings *(continued)*

SUNDAY, MAY 17, 2015 (CONTINUED)

Studies of the use of these mind-body practices in the treatment of anxiety, depression, PTSD, military trauma, ADHD, schizophrenia, pain, and stress-related medical conditions. A study of these practices in schizophrenic patients showing cognitive improvements and genomic changes will be presented. Adaptation of mind-body programs for disaster relief will be discussed in relation to the survivors of mass trauma, including military veterans, Southeast Asian tsunami, September 11th World Trade Center attacks, the 2010 earthquake in Haiti, the Gulf Horizon oil spill, and liberated slaves in Sudan. Cases of patients with PTSD, including disconnection syndrome, will be explored from the perspective of neuroscience, polyvagal theory, the vagal-GABA theory of inhibition, and neuro-endocrine response. This will also highlight clinical issues to consider when introducing mind-body practices in treatment. This course is suitable for novices as well as experienced practitioners.

Course Level: Intermediate

9:00 a.m. – 4:00 p.m. | 6 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 80 | C Code: 2361

Radically Open Dialectical Behavior Therapy (RO-DBT) for Disorders of Overcontrol: Remembering Our Tribal Nature

Topic: Personality Disorders

Director: Thomas R. Lynch, Ph.D.

Course Code: 1595

Educational Objectives: 1) Be introduced to a new biosocial theory for overcontrol (OC) and new RO-DBT treatment strategies designed to enhance willingness for self-inquiry and flexible responding; 2) Be introduced to new approaches for engaging and maintaining OC clients in therapy, manage therapeutic alliance-ruptures, and develop individualized treatment targets for OC; and 3) Learn skills to activate specific neural substrates by directly activating its antagonistic autonomic nervous system — in particular the ventral vagal complex linked to social safety.

Description: Radically Open Dialectical Behavior Therapy (RO-DBT) is a new transdiagnostic treatment targeting a spectrum of disorders characterized by emotional OC — such as refractory depression, anorexia nervosa and obsessive-compulsive personality disorder. Efficacy is supported by two randomized controlled trials (RCTs) targeting refractory depression, one nonrandomized trial targeting treatment-resistant overcontrolled adults, two open-trials targeting adult anorexia nervosa, and an ongoing multicenter RCT (www.reframed.org.uk). RO-DBT does not believe one size fits all. Reflecting NIMH RDoC initiatives, RO-DBT posits that core genotypic/phenotypic differences between groups of disorders necessitate oftentimes vastly different treatment approaches. A novel mechanism linking the communicative functions of emotional expression to the formation of close social bonds and new skills activating neural substrates associated with social safety and cooperative social signaling targeting emotional loneliness will be introduced.

Course Level: Intermediate

9:00 a.m. – 4:00 p.m. | 6 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 50 | C Code: 1595

MONDAY, MAY 18, 2015

Advanced Assessment & Treatment of ADHD

Topic: ADHD

Director: Thomas E. Brown, Ph.D.

Faculty: Anthony Rostain, M.D., M.A.

Course Code: 1661

Educational Objectives: 1) Explain the new model of ADHD as developmental impairment of executive functions and its implications for assessment and treatment; 2) Describe research that supports this new model of ADHD; 3) Utilize research-based criteria to select and fine-tune medications for ADHD, modifying as needed for various comorbid disorders; 4) Design and monitor treatment for patients with ADHD that utilizes effective integrated medication and psychosocial approaches; and 5) Consider strategies for

Course Listings *(continued)*

MONDAY, MAY 18, 2015 (CONTINUED)

effective treatment of ADHD complicated by other medical or psychosocial problems.

Description: This advanced course is designed for clinicians who have completed basic professional education in assessment and treatment of ADHD and have mastered basic concepts and skills for treatment of this disorder. It will discuss implications of the new model of ADHD as developmental impairment of executive function, highlighting research that supports this model and describing implications for assessment and treatment. A revised model of ADHD comorbidities will be described. Emphasis will be on treatment of adults, adolescents and children whose ADHD is complicated by bipolar disorder, substance abuse, learning disorders, OCD, anxiety disorders or Autism Spectrum disorder. Discussion of case materials will illustrate ways in which ADHD can be complicated by psychiatric comorbidity and by a diversity of interacting psychosocial factors,

Course Level: Advanced

8:00 a.m. – 12:00 p.m. | 4 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 175 | C Code: 1661

Transference-Focused Psychotherapy for Narcissistic Personality Disorder

Topic: Individual Psychotherapies

Director: Frank E. Yeomans, M.D., Ph.D.

Faculty: Otto F. Kernberg, M.D.;
Eve Caligor, M.D.; Diana Diamond, Ph.D.

Course Code: 0783

Educational Objectives: 1) Appreciate and to understand the range of narcissistic pathology; 2) Understand the psychological structure referred to as the pathological grandiose self and its role as the core of narcissistic personality disorder; 3) Understand treatment techniques that address narcissistic resistances and help engage the patient in therapy and in the process of looking beyond his or her rigid narcissistic stance; and 4) Learn treatment techniques that help the patient and therapist work with the anxieties beneath the grandiose self.

Description: Narcissistic disorders are prevalent and can be among the most difficult clinical problems to treat. Narcissistic patients tend to cling to a system of thought that interferes with establishing relations and successfully integrating into the world. Furthermore, these patients can engender powerful countertransference feelings of being incompetent, bored, disparaged, and dismissed, or, at the other extreme, massively and unnervingly idealized. This course will present a framework for conceptualizing, identifying, and treating individuals diagnosed with narcissistic personality disorder (NPD) or with significant narcissistic features. Narcissism encompasses normative strivings for perfection, mastery, and wholeness as well as pathological and defensive distortions of these strivings. Such pathological distortions may present overtly in the form of grandiosity, exploitation of others, retreat to omnipotence or denial of dependency, or covertly in the form of self-effacement, inhibition, and chronic, extreme narcissistic vulnerability. Adding to the difficulties in diagnosing and treating narcissistic disorders is the fact that they can manifest themselves in multiple presentations depending on the level of personality organization, subtype, or activated mental state. In this course we will review the levels of narcissistic pathology. We will go on to discuss a specific theoretical and clinical formulation of narcissism and a manualized psychodynamic psychotherapy, transference focused psychotherapy (TFP), that has been modified to treat patients with narcissistic disorders. We will review therapeutic modifications that can help clinicians connect with and treat patients with narcissistic pathology at different levels.

Course Level: Basic

8:00 a.m. – 12:00 p.m. | 4 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 175 | C Code: 0783

Course Listings *(continued)*

MONDAY, MAY 18, 2015 (CONTINUED)

Teaching Psychotherapy? Let Hollywood (and Cable TV) Help!

Topic: Resident, Fellows & Medical Student Concerns

Director: Steven E. Hyler, M.D.

Faculty: Prameet Singh, M.D.; Rachna Kenia, M.D.

Course Code: 0629

Educational Objectives: 1) Learn how to use selected film and TV clips as adjunctive aides to teach psychiatry residents and medical students about psychotherapy; 2) View scenes from multiple vantage points and consider therapeutic technique, psychopathology, diagnostic issues, controversies, as well as popular cultural issues; and 3) Learn how to find an appropriate film or TV clip to illustrate just about any aspect of the therapy process

Description: The film industry has, almost since its inception, shown a fascination for portraying the emotionally disturbed and those who treat them. The purpose of this course is to familiarize the course participants with readily available commercial film and TV clips so as to use them as adjunctive teaching aides that illustrate various aspects of the therapy process. The basis of psychodynamic psychotherapy begins with "Freud" the 1962 film, directed by John Huston and starring Montgomery Clift as Freud that presents an excellent starting point for teaching about the discovery of the unconscious, the development of analytic technique, the importance of dreams, the Oedipal conflict, as well as an exploration of transference and counter-transference issues. Robert Redford's 1980 film, "Ordinary People" portrays the problems faced in dealing with a traumatized, depressed and suicidal patient. Recent cable TV shows, "The Sopranos" and "In Treatment" contain a wealth of material that can be used in teaching about various aspects of therapy including: initiation of therapy, adjunctive use of medications, involvement of family members, missed sessions, payment for therapy, erotic transference and many more. The course will include brief clips of selected scenes from movie/TV and allow ample participation for discussion from the participants.

Course Level: Basic

8:00 a.m. – 12:00 p.m. | 4 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 50 | C Code: 0629

Exploring Technologies in Psychiatry

Topic: Computers, Technology and the Internet

Director: John Luo, M.D.

Faculty: Robert Kennedy, M.A.; Carlyle Chan, M.D.

Course Code: 2340

Educational Objectives: 1) Review the various current and emerging technologies and connections that are possible in psychiatry and medicine; 2) Evaluate the emerging technologies and how they impact clinical practice today and tomorrow; and 3) Recognize the pros and cons of electronic physician-patient communication.

Description: Managing information and technology has become a critical component of the practice of psychiatry and medicine. Finding ways to make technology work both as a means of communication and as a way of keeping up-to-date on current changes in the field is an important goal. The process of being connected means developing a new understanding about what technology can best facilitate the various levels of communication that are important. Whether it is collaborating with a colleague over the Internet, using a teleconferencing system to visit a remote patient, participating in a social network about a career resource, using a smartphone or tablet to connect via email, obtaining critical drug information at the point of care, or evaluating the impact of various treatments in health care management, there are many ways and reasons to connect. The movement toward digitizing health care information is making the numerous apps and mobile devices a great way to integrate and streamline all aspects of the medical process for enhanced care. This course will explore many of the ways that clinicians can use technology to manage and improve their practice, connect to colleagues and to needed information and even to patients. Keeping up with the technology requires a basic review of the hardware as well as the software that drives the connections. Clinicians

Course Listings *(continued)*

MONDAY, MAY 18, 2015 (CONTINUED)

increasingly rely on digital and Internet-based tools to improve the medical outcomes of the care they provide. The goal of this course is to explore the most current technologies and how they can assist the busy clinician in managing the rapidly changing world of communication and information. It will explore the evolving role of tablets and smartphones and how these leading edge technologies have changed our relationship to information and their widespread adoption by psychiatrists and healthcare professionals. It will also describe the evolution of mobile and cloud technology. A review of social media, new trends and how physicians can manage their online identity in the changing online world is critical. Other topics include teleconferencing, educational technologies and resources for lifelong learning, electronic medical records, privacy and security. This course is not intended for novices. It will get the experienced computer user up to speed on cutting edge technologies, practice trends and technologies that will impact the profession over the next decade.

Course Level: Intermediate

8:00 a.m. – 12:00 p.m. | 4 Hours

Sheraton Centre

Lower Concourse Sheraton Hall B

Please see registration for rates

Spaces Available: 60 | C Code: 2340

Identifying and Helping Older Adults with Mild Neurocognitive Disorders

Topic: Geriatric Psychiatry

Director: James M. Ellison, M.D., M.P.H.

Faculty: Courtney Carroll Spilker, Psy.D.; Donald A. Davidoff, Ph.D.; David C. Hsu, M.D.

Course Code: 0229

Educational Objectives: 1) Describe the spectrum of cognitive changes that accompany normal aging, subjective cognitive impairment, and mild neurocognitive disorder; 2) Recommend health-promoting interventions for a person with mild cognitive changes, taking into account lifestyle factors, medical issues, physical activity, social activity, and cognitive stimulation; and 3) Help caregivers to optimize their support for a person with mild cognitive decline.

Description: Longer survival and more effective management of chronic medical diseases means we are facing an epidemic of cognitive impairment in our aging population. Psychiatrists are in a position to lead health care providers in preventing, delaying, or mitigating cognitive decline. Behavioral health clinicians can lead the way in earlier detection of cognitive impairment, effective intervention, and support of caregivers helping people with the full spectrum of cognitive difficulties. In this course, we will focus on the spectrum of cognitive changes that ranges from the expected consequences of normal aging to the more distressing experience of people with subjective cognitive impairment and the objectively impaired functioning of those with mild neurocognitive disorder. We will discuss



Course Listings *(continued)*

MONDAY, MAY 18, 2015 (CONTINUED)

the early detection and identification of these syndromes. We will review the medical factors that can impair cognition with emphasis on those that can be reversed. We will outline a systematic approach to neurocognitive assessment including the use of input from neuropsychology and neuroimaging. We will discuss the lifestyle choices that can delay or prevent cognitive decline, focusing on physical activity, cognitive stimulation, nutrition, social engagement, medical disease management, and restorative sleep. Finally, we will discuss how caregivers of individuals with mild cognitive decline can be supported. This course will be taught through integrated lectures, discussion of illustrative case vignettes, and time for questions and discussion with attendees.

Course Level: Intermediate

8:00 a.m. – 12:00 p.m. | 4 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 50 | C Code: 0229

ECT Practice Update for the General Psychiatrist

Topic: Non-Pharmacological Somatic Therapies ECT, TMS

Director: Peter B. Rosenquist, M.D.

Course Code: 2338

Educational Objectives: 1) Consider the indications and risk factors for ECT and estimate likely outcomes based upon patient characteristics; 2) Define the physiologic and neurocognitive effects of ECT as they relate to specific and potentially high risk patient populations; 3) Review the evidence related to ECT stimulus characteristics and summarize the differences between brief and ultra-brief pulse width stimuli; and 4) Define strategies for optimizing treatment outcomes during the ECT course and maintaining remission over time.

Description: This course is designed to appeal to general psychiatrists and other health care providers who are involved in providing ECT or referring patients for ECT. The five faculty of this course are intimately involved with both research and the administration of ECT on a regular basis.

The focus of the activity will be to provide an up-to-date discussion of the current practice of ECT, but is not intended as a 'hands on' course to learn the technique of ECT. The presentations and discussions will include a review of the Psychiatric consultation for ECT beginning with the indications, caveats for use of ECT in special patient populations, anesthesia options, potential side effects from ECT, and concurrent use of psychotropic and non-psychotropic medications. The course also includes a practical introduction to the decision making process guiding the choice of techniques including electrode placement, stimulus dosage and parameter selection as well as relapse prevention strategies. Also included will be an update on current theories of mechanism of action. Any practitioner who has involvement with ECT, either in administration of the procedure or in the referral of patients for ECT, should consider attending this course.

Course Level: Basic

8:00 a.m. – 12:00 p.m. | 4 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 60 | C Code: 2338

Psychodynamic Psychopharmacology: Applying Practical Psychodynamics to Improve Pharmacologic Outcomes With Treatment Resistant Patients

Topic: Combined Treatment (Pharmacotherapy & Psychotherapy)

Director: David Mintz, M.D.

Faculty: David Mintz, M.D.; David F. Flynn, M.D.; Samar Habl, M.D.

Course Code: 0433

Educational Objectives: 1) Describe the evidence base linking meaning factors and medication response; 2) Construct an integrated biopsychosocial treatment frame; 3) Diagnose common psychodynamics underlying pharmacologic treatment resistance; 4) Use psychodynamic interventions in pharmacotherapy to ameliorate psychodynamic contributors to medication issues; and 5) Recognize and contain countertransference contributions to pharmacologic treatment resistance.

Course Listings *(continued)*

MONDAY, MAY 18, 2015 (CONTINUED)

Description: Though psychiatry has benefited from an increasingly evidence-based perspective and a proliferation of safer and more tolerable treatments, outcomes are not substantially better than they were a quarter of a century ago. Treatment resistance remains a serious problem across psychiatric diagnoses. One likely reason is that, as the pendulum has swung from a psychodynamic framework to a biological one, the impact of meaning has been relatively ignored, and psychiatrists have neglected some of our most potent tools for working with troubled patients. Psychodynamic psychopharmacology is an approach to psychiatric patients that explicitly acknowledges and addresses the central role of meaning and interpersonal factors in pharmacologic treatment. While traditional objective-descriptive psychopharmacology provides guidance about what to prescribe, the techniques of psychodynamic psychopharmacology inform prescribers about how to prescribe to maximize outcomes. The course will review the evidence base connecting meaning, medications, and outcomes, and will review psychodynamic concepts relevant to the practice of psychopharmacology. Then, exploring faculty and participant cases, and with a more specific focus on treatment resistance, common psychodynamic sources of pharmacologic treatment resistance will be elucidated. This is intended to help participants better to be able to recognize those situations where psychodynamic interventions are likely to be vital to enhance pharmacologic outcomes. Faculty will outline technical principles of psychodynamic psychopharmacology, providing participants with tools for working with psychodynamic resistances to and from psychiatric medications.

Course Level: Intermediate

9:00 a.m. – 4:00 p.m. | 6 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 100 | C Code: 0433

Autism Spectrum Disorders: Diagnostic Considerations, Genetic Research, and Treatment Review

Topic: Autism Spectrum Disorders

Director: Aice R. Mao, M.D.

Faculty: Jennifer Yen, M.D.;
Matthew N. Brams, M.D.; James Sutcliffe, Ph.D.

Course Code: 1557

Educational Objectives: 1) Provide a review of advances in genetic, behavioral/educational interventions, and pharmacological interventions for children with autism; 2) Increase awareness of the multiple domains in diagnosis and treatment that will help the child and adolescent or general psychiatrist to develop a realistic plan for helping their patient with ASD; and 3) Review current research advances in autism, as well as discuss the impact of future directions of study on diagnosis and treatment.

Description: This course fills an educational gap by providing a practical and useful synthesis of the most recent research on the etiology, assessment and treatment of autism spectrum disorders from leading academic psychiatrists in the field. This course is designed for psychiatrists, and other mental health professional that are providing care for individuals with autism spectrum disorders. Attendees will receive updates on genetics, and psychopharmacology research, diagnostic procedures and educational/ psychotherapeutic and behavioral interventions. Clinicians are frequently asked to evaluate children with speech and language delays, abnormal behaviors and social interaction problems. Although, they may be able to recognize diagnostic symptoms of autism, they are uncertain about how to proceed with the diagnostic evaluation and development of treatment plans. Many are practicing in solo or group practices rather than multidisciplinary settings where the child with autism spectrum disorder could be evaluated more comprehensively. In addition, the rapid expansion of basic science research in autism has provided additional information that may have important clinical implications. The purpose of this course is to provide a review of advances in genetic, behavioral/ educational interventions and pharmacological interventions for children with autism. Increased awareness of the multiple domains that diagnosis

Course Listings *(continued)*

MONDAY, MAY 18, 2015 (CONTINUED)

and treatment can encompass will help the child and adolescent psychiatrist to develop a realistic plan for helping their patient with ASD to achieve optimum functioning and adaptive life skills. Obstacles to achieving appropriate care because of parental denial, lack of information and limited financial resources will be identified. The importance of providing support to the parents or caretakers of children with autism in order to help them navigate through often conflicting and confusing treatment recommendations will be discussed. This autism course will review clinical translational research and then help the clinician to integrate psychopharmacologic, behavioral and educational interventions for individuals with ASD through the lifespan.

Course Level: Intermediate

9:00 a.m. – 4:00 p.m. | 6 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 100 | C Code: 1557

Motivational Interviewing for the Routine Practice of Psychiatry

Topic: Cognitive Behavioral & Motivational Therapies

Director: Steven Cole, M.D.

Course Code: 2062

Educational Objectives: 1) Describe the three questions and five skills of Brief Action Planning (B.A.P.); 2) Explain how B.A.P. aligns with the core processes and the ‘Spirit of Motivational Interviewing’; 3) Discuss the three levels and 13 separate skills of ‘Stepped Care Advanced Skills for Action Planning (SAAP)’ for patients with persistent unhealthy behaviors; 4) Use the eight core competencies of BAP and 13 advanced skills of SAAP in routine psychiatric practice; and 5) Gain skill to demonstrate/train BAP/SAAP for students, team members, and colleagues

Description: Motivational Interviewing (MI) is defined as a ‘collaborative, patient-centered form of guiding to elicit and strengthen motivation for change.’ There are over 15 books on MI, over 1,000 publications and 200 clinical trials, 1,500 trainers in 43 languages, and dozens of international, federal, state, and foundation research and dissemination grants. Four meta- analyses demonstrate effectiveness across

multiple areas of behavior including substance abuse, smoking, obesity, and medication non-adherence as well as improved outcomes in physical illnesses, including mortality. MI has been shown to contribute to improved outcomes when combined with cognitive-behavioral or other psychotherapies. New data reinforces its relevance for psychiatrists: life-expectancy of patients with severe mental illness is 32 years less than age and sex-matched controls and the risk of death from cardiovascular disease is 2-3x higher in mental patients than controls. Despite this evidence and its compelling relevance, most psychiatrists have little appreciation of the principles and practice of MI. Using interactive lectures, high-definition annotated video demonstrations, and role-play, this course offers the opportunity to learn core concepts of MI and practice basic and advanced MI skills. The course introduces participants to an innovative motivational tool and technique, ‘Brief Action Planning (BAP),’ developed by the course director (who is a member of MINT: Motivational Interviewing Network of Trainers). Research on BAP was presented at the First International Conference on MI (2008) and the Institute of Psychiatric Services (2009). BAP has been published by the AMA, by the Patient-Centered Primary Care Collaborative, by Bates’ Guide to the Physical Exam, and the Commonwealth Fund and disseminated by programs of the CDC, HRSA, the VA, the Indian Health Service, and the Robert Wood Johnson Foundation. Participants will learn how to utilize the three core questions and five associated skills of BAP in routine practice and in a manner consistent with the ‘Spirit of Motivational Interviewing.’ For those patients with persistent unhealthy behaviors, attendees will also have the opportunity to observe and practice 13 higher-order evidence-based interventions, described as ‘Stepped Care Advanced Skills for Action Planning’ (SAAP). Though designed as an introductory course, the material will also be useful to practitioners with intermediate or advanced experience in MI (or other behavior change skills) because they will learn how to utilize BAP in routine care for improved clinical outcomes and/or for training others.

Course Level: Basic

1:00 p.m. – 5:00 p.m. | 4 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 150 | C Code: 2062

Course Listings *(continued)*

MONDAY, MAY 18, 2015 (CONTINUED)

Evaluation and Treatment of Sexual Dysfunctions

Topic: Sexual Dysfunctions

Director: Waguih W. IsHak, M.D.

Course Code: 1141

Educational Objectives: 1) Acquire practical knowledge and skills in evaluation of Sexual Disorders; 2) Acquire practical knowledge and skills in treatment of Sexual Disorders; and 3) Learn to apply gained knowledge/skills to real examples of Sexual Disorders.

Description: The course is designed to meet the needs of psychiatrists who are interested in acquiring current knowledge about the evaluation and treatment of sexual disorders in everyday psychiatric practice. The participants will acquire knowledge and skills in taking an adequate sexual history and diagnostic formulation. The epidemiology, diagnostic criteria, and treatment of different sexual disorders will be presented including the impact of current psychiatric and non psychiatric medications on sexual functioning. Treatment of medication-induced sexual dysfunction (especially the management of SSRI-induced sexual dysfunction) as well as sexual disorders secondary to medical conditions will be presented. Treatment interventions for sexual disorders will be discussed including psychotherapeutic and pharmacological treatments. Clinical application of presented material will be provided using real-world case examples brought by the presenter and participants. Methods of teaching will include lectures, clinical vignettes, and group discussions.

Course Level: Intermediate

1:00 p.m. – 5:00 p.m. | 4 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 75 | C Code: 1141

TUESDAY, MAY 19, 2015

Restoring Professionalism: Integrating Body and Mind, Heart and Soul for Distressed Physicians

Topic: Patient Safety

Director: Alistair J.R. Finlayson, M.D.

Faculty: Linda Worley, M.D.;
William H. Swiggart, M.S.; Ron Neufeld, LADAC

Course Code: 0186

Educational Objectives: 1) Recognize the reasons why physicians may be referred for comprehensive fitness-for-duty evaluations, the common diagnoses made and the remedial recommendations that are offered; 2) Identify and practice specific strategies and techniques to restore resilience and help physicians to avoid trouble with medical boards and colleges; and 3) Self-evaluate their individual Flooding Score and have practiced at least one grounding skill.

Description: Medical Boards or Colleges, physician health programs, hospitals and practice groups often seek consultation in dealing with problematic physician behaviors that threaten patient safety or interfere with optimal functioning of clinical teams. This course will present findings from comprehensive evaluations of over 500 physicians and describe continuing education programs developed to educate over 1,000 physicians with behavior problems that involved prescribing improperly, violating boundaries and distressing clinical teams. Participants will review the 360 feedback tool that is used to evaluate professional interactions as a way to reinforce and augment change. They will participate in experiential exercises such as the flooding test, some grounding exercises, and DRAN concepts. Available outcome data, including follow up 360 feedback data will be presented and discussed.

Course Level: Intermediate

8:00 a.m. – 12:00 p.m. | 4 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 50 | C Code: 0186

Course Listings *(continued)*

TUESDAY, MAY 19, 2015 (CONTINUED)

The Clinical Assessment of Malingered Mental Illness

Topic: Posttraumatic Stress Disorder (PTSD)

Director: Phillip Resnick, M.D.

Course Code: 0520

Educational Objectives: 1) Demonstrate skill in detecting deception; 2) Detect malingered psychosis; 3) Identify four signs of malingered insanity defenses; and 4) Identify five clues to malingered PTSD.

Description: This course is designed to give psychiatrists practical advice about the detection of malingering and lying. Faculty will summarize recent research and describe approaches to suspected malingering in criminal defendants. Characteristics of true hallucinations will be contrasted with simulated hallucinations. Dr. Resnick will discuss faked amnesia, mental retardation, and the reluctance of psychiatrists to diagnose malingering. The limitations of the clinical interview and psychological testing in detecting malingering will be covered. The session will delineate 10 clues to malingered psychosis, and five signs of malingered insanity defenses. Videotapes of three defendants describing hallucinations will enable participants to assess their skills in distinguishing between true and feigned mental disease. Participants will also have a written exercise to assess a plaintiff alleging PTSD. Handouts will cover malingered mutism, and feigned posttraumatic stress disorder in combat veterans.

Course Level: Basic

8:00 a.m. – 12:00 p.m. | 4 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 75 | C Code: 0520

A Psychodynamic Approach to Treatment-Resistant Mood Disorders: Breaking Through Treatment Resistance by Focusing on Comorbid Personality Disorders

Topic: Combined Treatment
(Pharmacotherapy & Psychotherapy)

Director: Eric Plakun, M.D.

Faculty: Edward R. Shapiro, M.D.; David Mintz, M.D.

Course Code: 0370

Educational Objectives: 1) Describe evidence that psychosocial factors play a role in the cause and effective treatment of treatment resistant mood disorders; 2) Explain the contribution to treatment resistance of personality disorders, including immature defenses like splitting; 3) Define the practice of “psychodynamic psychopharmacology” and explain its role in effective treatment of treatment resistant mood disorders; and 4) Utilize specific psychodynamic principles to improve outcomes in patients with treatment resistant mood disorders.

Description: Although algorithms help psychiatrists select biological treatments for patients with treatment resistant mood disorders, the subset of patients with early adverse experiences and comorbid personality disorders often fails to respond to medications alone. These treatments frequently become chronic crisis management, with high risk of suicide. This course describes a comprehensive approach to this subset of treatment resistant patients derived from longitudinal study of patients in extended treatment at the Austen Riggs Center. The course offers an overview of psychoanalytic object relations theory to facilitate an understanding of how immature defenses may lead to treatment resistance. Ten psychodynamic principles extracted from study of successful treatments are presented and illustrated with case examples. Among these are listening beneath symptoms for therapeutic stories, putting unavailable affects into words, attending to transference-countertransference paradigms contributing to treatment resistance, and attending to the meaning of medications [an approach known as ‘psychodynamic psychopharmacology’]. This psychodynamic treatment approach guides the conduct of psychotherapy, but also guides adjunctive family work, helps integrate the psychopharmacologic approach and maximizes medication compliance. Time will be included to allow course participants to discuss their own cases, as well as the case material offered by the presenters. The course is designed to help practitioners improve outcomes with these patients.

Course Level: Basic

9:00 a.m. – 4:00 p.m. | 6 Hours

Sheraton Centre

Please see registration for rates

Spaces Available: 50 | C Code: 0370

Course Listings *(continued)*

TUESDAY, MAY 19, 2015 (CONTINUED)

Neuropsychiatric Masquerades: Medical and Neurological Disorders That Present With Psychiatric Symptoms?

Topic: Emergency Psychiatry

Director: José R. Maldonado, M.D.

Faculty: Yelizaveta I. Sher, M.D.;
José R. Maldonado, M.D.

Course Code: 2767

Educational Objectives: 1) Understand the incidence, epidemiology and clinical features of the most common CNS disorders masquerading as psychiatric illness; 2) Understand the incidence, epidemiology and clinical features of the most common Endocrine disorders masquerading as psychiatric illness; 3) Understand the incidence, epidemiology and clinical features of the most common Metabolic disorders masquerading as psychiatric illness; 4) Understand the incidence, epidemiology and clinical features of the most common Infectious disorders masquerading as psychiatric illness; and 5) Understand the incidence, epidemiology and clinical features of the most common Autoimmune disorders masquerading as psychiatric illness.

Description: Psychiatric masquerades are medical and/or neurological conditions which present primarily with psychiatric or behavioral symptoms. The conditions included in this category range from metabolic disorders (e.g. Wilson's disease and prophyria), to infectious diseases (e.g. syphilis, herpes and HIV), to autoimmune

disorders (e.g. SLE, MS), to malignancies (e.g., paraneoplastic syndromes and pancreatic cancer), to neurological disorders (e.g. seizure disorders, NPH, dementia and delirium). In this course, we will discuss the presentation and symptoms of the most common masquerades, focusing on pearls for timely diagnosis, and discuss potential management and treatment strategies.

Course Level: Advanced

9:00 a.m. – 4:00 p.m. | 6 Hours

Sheraton Centre

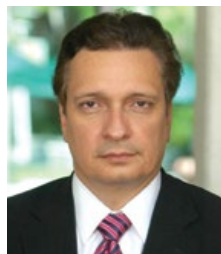
Please see registration for rates

Spaces Available: 150 | C Code: 2767



Scientific Program Lecturers

Distinguished Psychiatrists



Julio Licinio, M.D., is Deputy Director for Translational Medicine and Head, Mind and Brain Theme at the South Australian Health and Medical Research Institute and Strategic Professor of Psychiatry, Flinders University in Adelaide, South Australia. He is also a Research Professor at the University of Southern California, in Los Angeles, Clinical Professor of Psychiatry at University of Adelaide, Visiting Professor of Psychiatry at University of Minho, in Braga, Portugal and Professeur Associé at Université de Paris – Descartes. He was previously Professor and Director, John Curtin School of Medical Research, The Australian National University (ANU). Professor Licinio is originally from Brazil and lived for over 25 years in the United States, where he had clinical and research training in endocrinology and psychiatry at University of Chicago, Albert Einstein College of Medicine and Cornell. He worked for over 20 years at Yale, NIH, UCLA, University of Miami and ANU, with leadership positions in those institutions. He is founding and Chief Editor of three Nature Publishing Group journals, *Molecular Psychiatry* (Impact Factor: 14.897 number 1 worldwide), *The Pharmacogenomics Journal* (Impact Factor 5.1) and *Translational Psychiatry*. Professor Licinio's translational and genomics research spans the lab and clinic examining obesity, depression, and their interface.



Scott L. Rauch, M.D., is President, Psychiatrist in Chief, and The van Otterloo Chair of Psychiatry at McLean Hospital, as well as Chair of Psychiatry & Mental Health for the Partners Health Care System, and Professor of Psychiatry at Harvard Medical School (HMS). He is an international expert in neuroimaging and the neurobiology of depression and anxiety disorders.

Dr. Rauch received his B.A. in Neuroscience from Amherst College and his M.D. from the University of Cincinnati. He completed his Psychiatry residency and a Radiology Fellowship at Massachusetts General Hospital (MGH)/HMS. During his 15 years on the MGH faculty, he founded the Psychiatric Neuroimaging Research Program and the Psychiatric Neuroscience Division. He was appointed to his current leadership roles at McLean and Partners in 2006.

He has contributed over 400 publications and serves on the editorial boards of several journals. He has won numerous honors, including awards for outstanding research from ACNP and MPS and for outstanding mentoring from the APA/AACDP and HMS.



Jerrold F. Rosenbaum, M.D., is Psychiatrist-in-Chief at Massachusetts General Hospital (MGH) and Stanley Cobb Professor of Psychiatry at Harvard Medical School. Dr. Rosenbaum heads a department of more than 600 clinicians, researchers, and trainees, ranked in 2014 by *U.S. News and World Report* as #1 for Psychiatry and for 17 of the last 19 years. He served as President and Chairman of the Board of the Anxiety and Depression Association of America (ADAA) and is Chair of the Scientific Council and on the Board of Directors for the American Foundation for Suicide Prevention (AFSP). He also serves on the MGH Board of Trustees. He has authored more than 400 original articles and reviews and authored and/or edited 20 books. Dr. Rosenbaum is a graduate of Yale College and Yale School of Medicine and Psychiatry residency at MGH, Harvard Medical School.

Scientific Program Lecturers *(continued)*

Distinguished Psychiatrists *(continued)*



Barbara Milrod, M.D., is Professor of Psychiatry at Weill Cornell Medical College and is on the faculty of both the New York Psychoanalytic Institute and the Columbia Psychoanalytic Institute for Treatment and Research. She is an Associate Editor of the *American Journal of Psychiatry*, and serves on the Editorial Board of *Psychoanalytic Psychology*. She is an internationally-recognized expert in the area of clinical trials of psychotherapy outcome, particularly concerning anxiety disorders and psychoanalytic treatments, and has developed and tested an operationalized form of psychoanalytic psychotherapy for panic disorder, for which she has demonstrated efficacy. This continues to be the only psychoanalytic psychotherapy with demonstrated efficacy for an Axis I anxiety disorder. Dr. Milrod has received numerous awards and grants from a number of institutions, including the National Institute of Mental Health and the Brain and Behavior Research Foundation. She is currently developing and testing a psychoanalytic psychotherapy for non-responders with anxiety disorders and depression with her NARSAD Distinguished Investigator Award.



Anne E. Becker, M.D., Ph.D., is the Maude and Lillian Presley Professor of Global Health and Social Medicine at Harvard Medical School, where she also serves as Vice Chair of the Department of Global Health and Social Medicine. An anthropologist and psychiatrist, Dr. Becker was lead investigator on a series of studies demonstrating the relationship between media exposure and eating pathology in the small-scale indigenous population of Fiji. In addition, Dr. Becker's NIMH-funded research has investigated the impact of rapid economic and social transition on eating pathology, suicide, and other youth health risk behaviors in Fiji. She and her co-PI, Pere Eddy Eustache, have just completed a school-based youth mental health pilot intervention in central Haiti with NIMH funding. Dr. Becker serves as vice chairperson of the APA's Council on International Psychiatry, is founding and past Director of the Eating Disorders Clinical and Research Program at Massachusetts General Hospital, an associate editor of the *International Journal of Eating Disorders*, past president of the Academy for Eating Disorders, and served as a member of the APA's DSM-5 Eating Disorders Work Group. She received the 2013 Price Family Award for Research Excellence from the National Eating Disorders Association.

Scientific Program Lecturers *(continued)*

Frontiers of Science



Fred "Rusty" Gage, M.S., Ph.D., is Adler Chair in the Laboratory of Genetics at the Salk Institute. He received his Ph.D. in 1976 from The Johns Hopkins University. His work concentrates on the unexpected plasticity and adaptability the brain and genome of all mammals. He was President of the Society for Neuroscience and of the International Society for Stem Cell Research. He is a Fellow of the AAAS, a Member of the NAS and IOM, a Fellow of the American Academy of Arts and Sciences, an Associate Member of EMBO, and a member of the American Philosophical Society.



George Koob, Ph.D., (U.S. National Institute On Alcohol Abuse And Alcoholism) is Director of the National Institute on Alcohol Abuse and Alcoholism (NIAAA) as of January 27, 2014. As NIAAA Director, Dr. Koob oversees a wide range of alcohol-related research, including genetics, neuroscience, epidemiology, prevention, and treatment.

As an authority on alcoholism, drug addiction and stress, he has contributed to our understanding of the neurocircuitry associated with the acute reinforcing effects of alcohol and drugs of abuse and the neuroadaptations of the reward and stress circuits associated with the transition to dependence. Dr. Koob has published over 650 peer reviewed papers and several books including the "Neurobiology of Addiction," a comprehensive treatise on emerging research in the field, and a textbook for upper division undergraduates and graduate students called "Drugs, Addiction and the Brain." He has mentored 11 Ph.D. students and over 75 post-doctoral fellows.

He received his Ph.D. in Behavioral Physiology from Johns Hopkins University in 1972. He spent much of his early career at the Scripps Research Institute as the Director of the Alcohol Research Center, and as Professor and Chair of the Scripps' Committee on the Neurobiology of Addictive Disorders. He has also served as a researcher in the Department of Neurophysiology at the Walter Reed Army Institute of Research and the Arthur Vining Davis Center for Behavioral Neurobiology at the Salk Institute for Biological Studies.



Moshe Szyf, Ph.D., received his Ph.D. from the Hebrew University and did his postdoctoral fellowship in Genetics at Harvard Medical School, joined the department of Pharmacology and Therapeutics at McGill University in Montreal in 1989 and currently holds a James McGill Professorship and GlaxoSmithKline-CIHR Chair in Pharmacology and is a fellow of the Royal Society of Canada. He is the founding co-director of the Sackler Institute for Epigenetics and Psychobiology at McGill and is a Fellow of the Canadian Institute for Advanced Research Experience-based Brain and Biological Development program. Szyf has been the founder of the first "Pharma" to develop epigenetic pharmacology "Methylgene Inc." and the first journal in epigenetics "Epigenetics". Szyf lab has proposed two decades ago that DNA methylation is a prime therapeutic target in cancer and other diseases and has postulated and provided the first set of evidence that the "social environment" early in life can alter DNA methylation launching the emerging field of "social epigenetics."

Scientific Program Lecturers *(continued)*

Frontiers of Science *(continued)*



Barbara J. Mason, Ph.D., (U.S. National Institute On Alcohol Abuse And Alcoholism) is the Pearson Family Professor, Director of the Laboratory of Clinical Psychopharmacology, and Acting Chair of the Committee on the Neurobiology of Addictive Disorders at The Scripps Research Institute, La Jolla, CA. Dr. Mason is an expert on medication development for treatment of Alcohol Use Disorder (AUD) and she has performed seminal work for two current AUD medications (acamprosate [Campral] and nalmefene [Selincro]). Her work has been recognized with a MERIT Award from NIH, the Dean's Senior Clinical Research Award from the University of Miami School of Medicine, and the Andrew W. Mellon Foundation Teacher-Scientist Award from Cornell University Medical College. Dr. Mason has served on NIAAA's and NIDA's National Advisory Councils and she is currently pursuing a program of NIH-funded research that includes human laboratory studies and clinical trials to evaluate the safety and efficacy of novel medications for Alcohol and Cannabis Use Disorders.



Philip G. Haydon, BSc., Ph.D., is the Annetta and Gustav Grisard Professor and Chair of Neuroscience at Tufts University School of Medicine, Boston, USA. For the past 20 years his research has focused on roles played by astrocytes in the modulation of neuronal activity, synaptic transmission, behavior and more recently into the use of glial targets as therapeutic interventions for brain disorders. He graduated from the Department of Physiology, University of Leeds England with B.Sc. (Hons) and Ph.D. in 1979 and 1982, respectively and then moved to the USA for postdoctoral studies and subsequent faculty positions. He obtained his first faculty position at Iowa State University where his studies of glial-neuron interactions commenced in 1992. In 1994 he published the first paper demonstrating the regulated release of gliotransmitters and demonstrated that astrocytes could modulate neuronal activity through the release of the excitatory transmitter glutamate. In 1999, together with colleagues in his laboratory, he coined the concept of "The Tripartite Synapse" to recognize the important role played by astrocytes in the modulation of synaptic transmission. Subsequently, while at the University of Pennsylvania School of Medicine, he integrated molecular genetics into his studies and demonstrated the role for astrocyte released ATP, that leads to adenosine accumulation, in the modulation of excitatory synaptic transmission and in the control of sleep. Because sleep disorders are comorbid with numerous brain disorders, his recent research has turned to understanding how glia contribute to dysfunction of the brain in disorders including depression and Alzheimer's disease.

He has received numerous prestigious awards including the McKnight Innovator Award and the Jacob Javits Award from the NINDS of the NIH.

Scientific Program Lecturers *(continued)*

Special Guests



Ellen M. Zane, M.A., is a nationally renowned health care leader who recently retired as President & Chief Executive Officer of Tufts Medical Center and the Floating Hospital for Children. She was the first woman to run the hospital in its 218-year history. The hospital employs more than 5,000 doctors, nurses, researchers, and other health care workers, includes Floating Hospital for Children, and has 450 beds. Ellen remains involved at Tufts Medical Center as a vice chair of the Board of Trustees. Ellen holds two faculty appointments at Tufts University School of Medicine including: Assistant Professor in the Department of Medicine, Division of Clinical Care Research and Assistant Professor of Public Health & Community Medicine. Additionally, Ellen holds a faculty appointment as Adjunct Assistant Professor in the Health Policy and Management at the Harvard School of Public Health. For the period of 2011 to 2013, Ellen was a Distinguished Guest Lecturer in Healthcare Administration at the Sawyer Business School at Suffolk University.



Jonathan Moreno, Ph.D., is a philosopher and historian. As the David and Lyn Silfen University Professor at the University of Pennsylvania, Moreno is one of 15 Penn Integrates Knowledge professors. At Penn he is also Professor of Medical Ethics and Health Policy, of History and Sociology of Science, and of Philosophy. His latest book, *“Impromptu Man: J.L. Moreno and the Origins of Psychodrama, Encounter Culture, and the Social Network”* (2014), traces the life and influence of his father, the founder of role playing and social network analysis.

Moreno is an elected member of the Institute of Medicine of the National Academy of Sciences and is the U.S. member of the UNESCO International Bioethics Committee. A Senior Fellow at the Center for American Progress in Washington, D.C., Moreno has served as an adviser to many governmental and non-governmental organizations, including three presidential commissions, the Department of Defense, the Department of Homeland Security, and the Department of Health and Human Services.

Moreno holds a Ph.D. from Washington University in St. Louis, was an Andrew W. Mellon post-doctoral fellow, was awarded an honorary doctorate by Hofstra University, and is a recipient of the Benjamin Rush Medal from the College of William and Mary Law School and the Dr. Jean Mayer Award for Global Citizenship from Tufts University.

This guest lecturer will be a video presentation moderated by Paul Summergrad, M.D.

Ram Dass, Ph.D. (Richard Alpert), one of America’s most beloved spiritual teachers, has made his mark on the world by teaching the path of the heart and promoting service in the areas of social consciousness and care for the dying. Richard Alpert, Ph.D., was a prominent Harvard psychologist and psychedelic pioneer with Timothy Leary, Ph.D. before his first trip to India in 1967. In India, he met his guru, Neem Karoli Baba, who gave Ram Dass his name, which means “servant of God.”



Ram Dass became a pivotal influence in our culture with the publication of *“Be Here Now”* in 1970. He published numerous other books including *“Still Here”* in 2004, *“Be Love Now”* in 2010, and with co-author Rameshwar Das, *“Polishing the Mirror: How to Live from Your Spiritual Heart”* in 2013.

Ram Dass’ spirit has been a guiding light for four decades, carrying millions along the journey. He now makes his home in Maui and teaches worldwide through his website (RamDass.org) and continues work through his Love Serve Remember Foundation and Hanuman Foundation.

International Guest Lecturers



Ashley Bush, M.D., Ph.D., is professor of neuroscience at The University of Melbourne, Director of the Oxidation Biology Unit at The Florey Institute of Neuroscience & Mental Health, and a psychiatrist at the Massachusetts General Hospital, Boston. He is the recipient of numerous awards including the Beeson Award, the Senator John T. Hatfield Award from the Alzheimer's Association, and the Potamkin Prize from the American Academy of Neurology. He is the most highly cited neuroscientist in Australia over the last 10 years, and in 2014 was listed in the Thompson ISI list of The World's Most Influential Scientific Minds. Professor Bush has authored over 310 publications, with over 21,000 citations, 23 patents and has founded 4 biotechnology companies. He discovered the interaction of beta-amyloid with zinc as a major factor in Alzheimer's disease pathogenesis, and focuses on the neurobiology of metal ions and oxidative stress in neurodegenerative and psychiatric disorders.



Florian Holsboer was born in Munich, Germany, and studied chemistry and medicine at the University of Munich where he completed his residency in psychiatry. His areas of study include: Affective disorders, depression, anxiety, central regulation of stress hormones, sleep physiology, molecular and clinical psychopharmacology, pharmacogenetics, and personalized medicine.

In 1989 Professor Holsboer became Director of the Max-Planck Institute for Psychiatry. The institute is a research center for disorders of the central nervous system. Research is conducted by 28 different research groups in a broad range of areas from molecular biology to pharmacology, to human and mouse genetics, proteomics and chemical genomics.

His extensive knowledge and research of mental health issues will give attendees an overview of how current research trends are shaping the future of mental health research.



Simon Wessely, M.D. is professor and head of the Department of Psychological Medicine and Vice Dean for Academic Psychiatry at King's College London. He is president of the Royal College of Psychiatrists and is a clinical liaison psychiatrist with a particular interest in chronic fatigue syndrome and in military health.

He is civilian consultant advisor in psychiatry to the British Army and a trustee of Combat Stress, the principal UK charity for veterans with mental health problems. Dr. Wessely is also a foundation senior investigator of the National Institute for Health Research, and fellow of the Academy of Medical Sciences. In 2012 he was awarded the first Nature "John Maddox Prize" for Standing Up for Science, and was knighted in the 2013 New Year's Honours List.

Professor Wessely has more than 750 original academic publications and has co-authored books on chronic fatigue syndrome, the history of military psychiatry, and randomized controlled trials. He is active in public engagement activities, speaking regularly on radio and TV and writing columns for national newspapers.

Scientific Program Lecturers *(continued)*

International Guest Lecturers *(continued)*



Frank Schneider, M.D., Ph.D., Studies in Psychology and Medicine. Specialist in Psychiatry and Psychotherapy. Following positions in Tübingen, Philadelphia and Duesseldorf since 2003 head of the Department of Psychiatry, Psychotherapy and Psychosomatics, RWTH Aachen University. Past President of the German Association for Psychiatry, Psychotherapy and Psychosomatics, Adjunct Professor of Psychiatry, School of Medicine, University of Pennsylvania, Managing Director of the Jülich Aachen Research Alliance (JARA), Vice Dean at the School of Medicine, RWTH Aachen University, and speaker of the International Research Training Group “Schizophrenia and Autism” (funded by DFG). Member of APA since 1993. Since several years he is annually listed as a Top-Physician in the sections “Psychiatry”, “Depression” and “Schizophrenia” by the German “Focus” news magazine.

Special Presentation



Richard Kogan, M.D., has a distinguished career both as a psychiatrist and a concert pianist. Clinical Professor of Psychiatry at Weill Cornell Medical College, Artistic Director of the Weill Cornell Music and Medicine Program, and Co-Director of Weill Cornell’s Human Sexuality Program, he has been praised for his “eloquent, compelling, and exquisite playing” by The New York Times, and The Boston Globe wrote that “Kogan has somehow managed to excel at the world’s two most demanding professions.”

Dr. Kogan has gained renown for his lecture/recitals that explore the role of music in healing and the influence of psychological factors and psychiatric and medical illness on the creative output of composers such as Mozart, Beethoven, Chopin, Schumann, Tchaikovsky, Rachmaninoff, Gershwin, and Bernstein. He has given these presentations at music festivals, medical conferences, and scholarly symposia throughout the world.

Dr. Kogan is a graduate of the Juilliard School of Music Pre-college, Harvard College, and Harvard Medical School. He completed a psychiatry residency and an academic fellowship at NYU. He has a private practice of psychiatry in New York City.

Award Lectures

Patrick Kennedy, J.D.

Patient Advocacy Award

Karl Deisseroth, M.D., Ph.D.

Adolf Meyer Award

Other Recipients To Be Announced:

Administrative Psychiatry Award
Alexandra Symonds Award
APA Award for Research in Psychiatry
David Mrazek Memorial Award Lecture
George Tarjan Award
John Fryer Award
Ku-Po Soo Award
Simon Bolivar Award
Solomon Carter Fuller Award
William C. Menninger Memorial Convocation Lecture

Scientific Program (by format)

As of October 31, 2014

Attention!

The sessions in this publication represent about a third of the overall Annual Meeting scientific program. The entire program will be available in the Annual Meeting Edition of *Psychiatric News* published in February 2015.

Presidential Symposia

Integrated and Shared Care in the US and Canada: Learning From Our Neighbors

Chair: Lori Raney, M.D.

Presenters: Wayne Katon; Jürgen Unützer, M.D.; M.P.H.; Jim Rundell; Nicholas Kates, M.B.B.S.; Roger Bland, C.M., M.B.; Ben Bruss

Psychiatrists as Leaders

Chair: Paul Summergrad, M.D.

Presenters: Herbert Pardes, M.D.; Darrell Kirch, M.D.; Gary Gottlieb, M.D., M.B.A.; Robert Golden, M.D.

How the Mind Affects the Body and the Body Affects the Mind: Inflammation, Depression, Drugs, and Disease

Chair: Nassir Ghaemi, M.D.

Presenters: Charles Raison, M.D.; Roger McIntyre, M.D.; Steven Roose, M.D.

21st Century Psychiatry at the Interface of Genetics, Neurobiology and Clinical Science

Chair: Charles B. Nemeroff, M.D., Ph.D.

Discussant: Paul Summergrad, M.D.

Presenters: Charles B. Nemeroff, M.D., Ph.D.; David Rubinow, M.D.

Frontal-Subcortical Networks and Neuropsychiatric Concepts for General Psychiatrists

American Neuropsychiatric Association

Chair: Sheldon Benjamin, M.D., Ph.D.; David Silbersweig, M.D.

Presenters: Thomas McAllister, M.D.; John Sullivan, M.D.

Understanding Resilience in the Face of Trauma

Chair: Charles Marmar, M.D.

Marijuana 2015: What Clinicians Need to Know

American Academy of Addiction Psychiatry

Chair: Laurence Westreich, M.D.

Talking About the Brain With Patients: Science, Metaphor, and Communication

American Association of Directors of Psychiatric Resident Training

Chairs: Adrienne Bentman, Richard Summers, M.D.

Discussant: Chris Varley

Current Developments in Forensic Psychiatry

American Academy of Psychiatry & the Law

Chairs: Robert Weinstock, M.D.; Jeffrey Janofsky, M.D.

Presenters: Debra Pinals, M.D.; Phillip Resnick, M.D.; Charles Scott, M.D.

Updates in Women's Health

Academy of Psychosomatic Medicine

Chairs: Linda Worley, M.D.; Christina Wichman, D.O.

Discussant: Michelle Riba, M.D., M.S.

Presenters: Donna Stewart, M.D.; Leena Mittal, M.D.; Nancy Byatt, D.O., M.B.A.; Madeleine Becker, M.D., M.A.

Utilizing Psychodynamic Psychiatry In the Medical Setting

The American Academy of Psychoanalysis and Dynamic Psychiatry

Chair: Michael Blumenfeld, M.D.

Discussant: Paul Summergrad, M.D.

Presenters: Cesar Alfonso, M.D.; Mary Ann Cohen, M.D.; Nada Stotland, M.D.; Clarice Kesternbaum, M.D.; Christopher Perry, M.D.

Scientific Program *(continued)*

Geriatric Psychiatry: Treatment Updates and New Perspectives

American Association for Geriatric Psychiatry

Chair: Susan Schultz, M.D.

Presenters: Dan Blazer II, M.D., M.P.H., Ph.D.; Bruce Pollock, M.D., Ph.D.; Susan Schultz, M.D.

One Dream, Three Perspectives: The Dream and Dreaming in Clinical Practice and Training

American Psychoanalytic Association

Chairs: Mark Smaller, L.C.S.W., Ph.D.; Harriet Wolfe, M.D.

Presenters: Dr. Jan Seriff, Psy.D.; Adam Goldyne, M.D.; Barbara Zabriskie, Ph.D.

The Practice of Child Adolescent Psychiatry in the 21st Century

Chair: Paramjit Joshi, M.D.

Presenters: Gregory Fritz, M.D.; Warren Ng, M.D.; Bennett Leventhal, M.D.

Understanding Resilience in the Face of Trauma

Chair: Charles Marmar, M.D.

Presenters: Kerry Ressler, M.D., Ph.D.; Isaac Galatzer-Levy, Ph.D.; Amit Etkin, M.D., Ph.D.

Integrated and Shared Care in the U.S. and Canada: Learning from our Neighbors

Chairs: Lori Raney, M.D.; Nick Kates, M.B.B.S.

Discussant: James Rundell, M.D.

Presenters: Jürgen Unützer, M.D., M.P.H.; Roger Bland, C.M., M.B.; Benjamin Druss, M.D.; Vicky Stergiopoulos, M.D, M.H.Sc.

Advances in Series

Advances in Psychodynamic Psychiatry

Chair: Elizabeth Auchincloss, M.D.

Presenters: Eve Caligor, M.D.; Karen Gilmore, M.D.; Otto Kernberg, M.D.

Advances in Integrated Care: Across the Collaboration Spectrum

Chair: Lori Raney, M.D.; Robert McCarron, M.D.

Discussant: Benjamin Druss, M.D.

Presenters: Henry Nasrallah, M.D.; Jürgen Unützer, M.D., M.P.H.

The DSM-5 Cultural Formulation Interview: Implementing Cultural Assessment in Routine Clinical Practice

Chair: Roberto Lewis-Fernandez, M.D., M.A.

Presenters: Neil Aggarwal, M.D., M.A.; Devon Hinton, M.D., Ph.D.; Ladson Hinton, M.D.; Ravi DeSilva, M.D., M.A.; Laurence Kirmayer, M.D.

Managing the Side Effects of Psychotropic Medications: Balancing Risks and Benefits

Chair: Joseph Goldberg, M.D.

Presenters: Carrie Ernst, M.D.; Roger McIntyre, M.D.; Neil Shear, M.D.

Test Your Knowledge With the Experts: An Interactive Advances in Series on Personality Disorders, Mentalizing and Network Therapy

Chair: Philip Muskin, M.D.; Anna Dickerman, M.D.

Presenters: John Oldham, M.D.; Marc Galanter, M.D.; Stuart Yudofsky, M.D.

Gun Violence and Mental Illness

Chair: Liza Gold, M.D.

Presenters: Marilyn Price, M.D.; James Knoll IV, M.D.; Debra Pinals, M.D.; Matthew Miller, M.D., M.P.H., Sc.D.; Alan Berman, Ph.D.

Advances in Substance Abuse Treatment

Chairs: Marc Galanter, M.D.; Herbert Kleber, M.D.

Discussant: Kathleen Brady, M.D., Ph.D.

Presenters: Shelly Greenfield, M.D., M.P.H.; Frances Levin, M.D.

Scientific Program *(continued)*

Care of Military Service Members, Veterans, and Their Families

Chairs: Stephen Cozza, M.D.

Discussant: Harold Kudler, M.D.

Presenters: David Benedek, M.D.; Paula Schnurr, Ph.D.; Matthew Goldenberg, M.D.; Charles Engel, M.D., M.P.H.

Advances in Medicine

Top 10 Medical Stories 2014: A Comprehensive and Practical Review of What We Need to Know

Chair: Monique Yohanan, M.D., M.P.H.

Medical Mysteries and Practical Med Psych Updates: Is It Medical, Psychiatric, or a Little of Both?

Chair: Robert McCarron, D.O.

Presenters: Y Pritham Raj, M.D.; Jeffrey Rado, M.D., M.P.H.; Jaesu Han, M.D.

Why Psychiatrists Should Care About Frontotemporal Dementia

Chair: Edward "Ted" Huey, M.D.

Modulating Neurological and Psychiatric Brain Circuits With Deep Brain Stimulation

Chair: Andres Lozano, M.D., Ph.D.

Rehabilitation of Complex Trauma: Implications for Mental Health Professionals

Chair: Paul F. Pasquina, M.D.

Cancer Control in the 21st Century – Challenges and Opportunities

Chair: Mary Gospodarowicz, M.D.

Presenters: Malcolm Moore, M.D.; David Hodgson, M.D.

Advances in Research

The Latest Research and Clinical Information Regarding Major Psychiatric Disorders

Chair: Herbert Pardes, M.D.

Presenters: Jack D. Barchas, M.D.; Anne Marie Albano, Ph.D.; Andrew A. Nierenberg, M.D.; John Oldham, M.D.; Jeremy Veenstra-VanderWeele, M.D.; Daniel R. Weinberger, M.D.

Case Conferences *(APA Members Only)*

Court-Mandated Outpatient Psychiatric Care for a Pregnant Woman With Psychosis: A Unique Bridge to Alliance

Chair: Dianna Dragatsi, M.D.

Presenters: Laura Polania, M.D.; Paul Appelbaum, M.D.

The Troubling Relationship Between Mood Disorders and Dementia in Older Adults

Chair: Ken Shulman, M.D.

Presenter: Nathan Herrmann, M.D.

Emergency Psychiatry Case Conference: The Psychiatrist Is Assaulted

Chair: Jodi Lofchy, M.D.

Presenter: Michael Allen, M.D.



Scientific Program *(continued)*

Polymorphism and Antidepressant Efficacy of Ketamine in Depressed Patients

Chair: Gerard Sanacora, Ph.D., M.D.

Treatment Refractory Schizophrenia: A Clinical Conundrum That Is Still Not Going Away

Chair: S. Charles Schulz, M.D.

Presenters: David Williams, M.D.;
Peter Buckley, M.D.

Complexity, Comorbidity, and Challenges to Treatment

Chair: Priyanthy Weerasekera, M.D.;
John Manring, M.D.

Presenters: Patricia Rosebush; Evelyn Attia, M.D.

Cognitive-Behavior Therapy for Mood and Anxiety Disorders: Case Conference

Chair: Jesse Wright, M.D.

The N-BOMB Strikes Again: A Case of Self-Injurious Behavior While Under the Influence of a Novel Psychedelic Drug

Chairs: Petros Levounis, M.A., M.D.;
Jennifer Hanner, M.D., M.P.H.

Presenter: Kristel Carrington, M.D.

A Complex Case of a Hispanic Male Patient With Depression and History of Sexual Trauma

Chair: Renato Alarcon, M.D.

Presenters: Desiree Shapiro, M.D.; Sidney Zisook, M.D.;
Steve H. Koh, M.D., M.B.A., M.P.H.

Neuropsychiatry Case Conference: Dementia With Visual System Deterioration

Chair: Sheldon Benjamin, M.D., Ph.D.

Presenter: Margaret Tuttle, M.D.

Mis(sed) Diagnosis: Trauma, Dissociation, and Psychosis Revisited

Chair: Jeffrey Sugar, M.D.; David Spiegel, M.D.

Presenters: John Daly, M.D.

Anorexia Nervosa with Co-Occurring Mental Illnesses

Chair: Walter H. Kaye, M.D.; Sanjaya Saxena, M.D.

Presenter: Pernilla Schweitzer, M.D.

FOCUS Live

FOCUS Live 1: Psychopharmacology

Chair: Carol A. Tamminga, M.D.

Presenter: Ana D. Stan, M.D., Ph.D.

FOCUS Live 2: Sleep Disorders

Presenter: Karl Doghramji, M.D.

Moderator: Mark H. Rapaport, M.D.

FOCUS Live 3: Understanding the Evidence for Off Label Use of Atypical Antipsychotics

Chair: Joel Yager M.D.

Moderator: Mark H. Rapaport, M.D.

Forums

EBOLA: Be Afraid but not That Afraid

Chairs: Philip Muskin, M.D.;
Mary Anne Badaracco, M.D.

Globalization of Psychiatry: APA and WPA Perspectives

Chair: Rama Rao Gogineni, M.D.

Youth Alcohol and Marijuana Use and Substance Use Policy

U.S. National Institute on Alcohol Abuse and Alcoholism

Chairs: Sharon Levy, M.D., M.P.H.

Presenter: Susan Tapert, Ph.D.

Gun Violence, Human Rights, and the Need for More Physician Participation in Civic Engagement

American Association of Social Psychiatry

Chairs: John Halpern, M.D.

Presenter: Andres Pumariega, M.D.

Scientific Program *(continued)*

Ethical Perspectives on the Psychiatric Evaluation of Public Figures

Chair: John Martin-Joy, M.D.

A Co-Resident's Suicide: Grieving Together and Rethinking Trainee Mental Health

Chairs: Ravi Shah, M.D., Matthew Goldman, M.D.

Unpublished First Time Release Articles! From the American Journal of Psychiatry and Molecular Psychiatry Journals

Chairs: Robert Freedman, M.D.; Julio Licinio, M.D.

Interactive Sessions

A Conversation With Resident Fellow Members and Paul Summergrad, M.D., APA President

Chair: Paul Summergrad, M.D.

Helping Kids in Crisis

Meet the Author

Chair: Fadi Haddad, M.D.

Challenges and Controversies in Personality Disorders and Psychoanalysis

Chair: Otto Kernberg, M.D.

Fatal Pauses: Stuck in Pleasing Others. An Introduction to Supermentalization

Meet the Author

Chair: Stuart Yudofsky, M.D.

Let's Talk About Marijuana

Chair: Nora Volkow, M.D.

The National Neuroscience Curriculum Initiative: Bringing Neuroscience Into the Clinical Practice of Psychiatry

For Residents Only

Chairs: Melissa Arbuckle, M.D., Ph.D.; Michael Travis, M.D.; David Ross, M.D., Ph.D.

An Update on Antidepressant Treatment: Pharmacogenetics, Rapidly Acting Agents, and Brain Stimulation

Chair: Alan F. Schatzberg, M.D.

Culturally Appropriate Assessment: Using the Cultural Formulation Interview as an Assessment Tool and for Teaching Medical Students and Residents

Meet the Author

Chair: Russell Lim, M.D., M.Ed.

The Person With the Diagnosis

For Residents Only

Chair: Glen Gabbard, M.D.

The Behavioral Addictions

Meet the Author

Chairs: Petros Levounis, M.D., M.A.; Michael Ascher, M.D.



Scientific Program *(continued)*

Reflections on a Decade of
Research Investigating Deep Brain
Stimulation for Depression

Chair: Helen Mayberg, M.D.

Child and Adolescent
Psychopharmacology: Current
Controversies and Hot Topics

Chair: Barbara Coffey, M.D., M.S.

A New DSM-5 “Alternative Model”
for the Personality Disorders

For Residents Only

Chairs: John Oldham, M.D.; Andrew Skodol, M.D.

Management of Treatment-Resistant
Depression: The Art and the Science

Chair: Charles B. Nemeroff, M.D., Ph.D.

Sports Psychiatry: Overcoming Medical,
Social, and Psychological Recovery
Barriers From Serious Athletic Injury

Chair: David McDuff, M.D.

Media Workshops

Screening and Discussion of the
film *Anonymous People*

*U.S. National Institute on Alcohol
Abuse and Alcoholism*

Chairs: George Koob, Ph.D.; Nora Volkow, M.D.

Symposia

Society Unfair, Society Unwell: Addressing
the Social Determinants of Mental Health

Chair: Ruth Shim, M.D., M.P.H.

Trauma Entered Psychotherapy:
Applying Evidence-Based Techniques
Within a Psychotherapeutic Frame

Chair: Hadar Lubin, M.D.

Introducing the Structured Clinical Interview
for DSM-5 Clinician Version (SCID-5-CV)

Chair: Michael First, M.D.

Brief Therapy: Practical Clinical Pearls

Chair: Mantosh Dewan, M.D.

Choosing the Right Treatment for
Substance Use Disorders

Chair: Herbert D. Kleber, M.D.

Advances in Therapeutic Interventions
in Geriatric Psychiatry

Chair: Helen Lavretsky, M.D.

Reduce Duration of Untreated
Psychosis (DUP) and Then Treat Well

Chair: S. Charles Schulz, M.D.

Integrative Psychiatry

Chair: Patricia L. Gerbarg, M.D.

Telepsychiatry's Evidence Base
Shows Effectiveness: New Models
(Asynchronous), More Psychotherapy, and
Innovations with Special Populations

Chair: Don Hilty, M.D.

Interpersonal Psychotherapy in 2015:
Looking Back and Forging Ahead

Chair: Holly A. Swartz, M.D.

Personality and Personality
Disorders: Unresolved Puzzles

Chair: John Clarkin, M.D.

Meaning and Dignity in End of Life
Care: Psychotherapeutic Innovations

Chair: Harvey Chochinov, M.D.

Personalized Medicine in Mood and
Anxiety Disorders: The Future is Bright

Chair: Charles B. Nemeroff, M.D., Ph.D.

Translational Development of Magnetic
Seizure Therapy (MST): Improving the
Safety and Focality of Seizure Therapy

Chair: Sarah Lisanby, M.D.

Scientific Program *(continued)*

Attachment and Chronic Illness: Challenging Cases Across the Lifespan

Chair: Janna Gordon-Elliott, M.D.

The Evolution of Mathematical Psychiatry: Implications for Bringing DSM-5 and RDoCs Using Behavioral Game Theory

Chair: Lawrence Amsel, M.D.

A Patient's Suicide

Chair: Kenneth R. Silk, M.D.

Maintenance of Certification: Why It Exists, What It Is About, and How You Can Get It

Chair: Philip Muskin, M.D.

Advances in Medications Development to Treat Alcohol Use Disorder and Co- Occurring Psychiatric Disorders

*U.S. National Institute on Alcohol
Abuse and Alcoholism*

Chair: Raye Litten, Ph.D.

Youth Interrupted: Alcohol Use Disorders and Adolescents

*U.S. National Institute on Alcohol
Abuse and Alcoholism*

Chair: Anita Bechtholt, Ph.D.

Alcohol Use Disorders and PTSD: New Findings, New Challenges

*U.S. National Institute on Alcohol
Abuse and Alcoholism*

Chair: Robert Huebner, Ph.D.

FASD Healing the Broken Bough: Update on the Prevention and Treatment of Fetal Alcohol Spectrum Disorders

*U.S. National Institute on Alcohol
Abuse and Alcoholism*

Chair: Kenneth Warren, Ph.D.

After War: Healing the Moral Wounds of our Soldiers

Chairs: Nancy Sherman, Ph.D.;
Stephen Xenakis, M.D.

Diagnosing, Disclosing, and Documenting Borderline Personality Disorder: Clinical and Ethical Dimensions

Chair: Doninic Sisti, Ph.D.

Spaces Genes, IPScs and Neurocircuits: How Novel Approaches Are Informing Our Understanding of Etiology and Clinical Phenotype in Psychiatry

Chair: Ruth O'Hara, Ph.D.; Joachim Hallmayer, M.D.

Discussant: Alan Schatzberg, M.D.

Presenters: Pasca Sergiu; Amit Etkin, M.D., Ph.D.;
Joachim Hallmayer, M.D.

Workshops

When a Psychiatrist Loses a Parent

Chair: William Sledge, M.D.

Violence in Prisons

Chair: Jennifer "Uju" Obianuju, M.D., M.P.H.

Medical Conditions Mimicking Psychiatric Disorders Versus Psychiatric Disorders Mimicking Medical Conditions: Diagnosis and Treatment Challenges

Chair: Catherine Crone, M.D.

The American Journal of Psychiatry Residents' Journal: How to Get Involved

Chairs: Robert Freedman, M.D.;
Misty Richards, M.S., M.D.

What to Do While Waiting for Better Antidepressant Treatments: Antidepressant Efficacy and Options

Chair: Jerrold F. Rosenbaum, M.D.

Pearls of Psychosomatic Medicine

Chair: Philip Muskin, M.D.

Children of Psychiatrists

Chair: Michelle Riba, M.D.

Social Media and Psychiatry

Chair: John Luo, M.D.

Scientific Program *(continued)*

A Users Guide to the Frontal Lobes: Bedside Assessment of Frontal Executive Function

Chair: Sheldon Benjamin, M.D., Ph.D.

Medications for the Treatment of Alcohol Dependence, Other Alcohol Use Disorders, and Related Comorbidities: A Brief Guide

U.S. National Institute On Alcohol Abuse And Alcoholism

Chair: Domenic Ciraulo, M.D.

Helping Patients Who Drink Too Much: Using the U.S. National Institute On Alcohol Abuse And Alcoholism's Clinician's Guide

U.S. National Institute On Alcohol Abuse And Alcoholism

Chair: Mike Fleming, Ph.D.

Physician Health and Physician as Patient

Chair: Glen O. Gabbard, M.D.

Professional Boundaries in the Era of the Internet

Chair: Glen O. Gabbard, M.D.

The Many Faces of Narcissism

Chair: Glen O. Gabbard, M.D.

Top 10 Geriatric Psychiatry Issues

Chair: Josepha Cheong, M.D.

Mild Traumatic Brain Injury: Assessment and Initial Management with Neuropharmacology

Chair: David Fitzgerald, M.D.

You Be the Neurologist

Chair: David Fitzgerald, M.D.

Violence Towards Care Providers in The General Hospital: Strategies for Assessment, Treatment, Safety and Risk Reduction

APA Ethics Committee and Penn-Scattergood Ethics Program

Chair: Rebecca Brendel, M.D.

Presenter: Teresa Rummans, M.D.

Ethical Issues in Forensic Psychiatry: Minimizing Harm

APA Ethics Committee and Penn-Scattergood Ethics Program

Chair: Robert Sadoff, M.D.

Diagnosing, Disclosing, and Documenting Borderline Personality Disorder: An Ethical and Empirical Analysis

APA Ethics Committee and Penn-Scattergood Ethics Program

Chairs: Dominic Sisti, Ph.D.

Presenter: John Gunderson, M.D.

Why Did Alios Alzheimer Lose?

APA Ethics Committee and Penn-Scattergood Ethics Program

Chair: Jason Karlawish, M.D.

A Translational Research Approach to the Responsible Conduct of Research

APA Ethics Committee and Penn-Scattergood Ethics Program

Chair: Donald Kornfeld, M.D.

Moral Treatment in Psychiatry: Reflection on European Roots and the Influence of Moral Therapy on Early American Psychiatry

APA Ethics Committee and Penn-Scattergood Ethics Program

Chair: David Roby, M.D.

Presenter: Louis Charland, Ph.D.

Ethics of Clinical Reasoning

APA Ethics Committee and Penn-Scattergood Ethics Program

Chair: Nancy Potter, Ph.D.

Professionalism and Physician Health Integrating Ethics and Self-Care

APA Ethics Committee and Penn-Scattergood Ethics Program

Chair: Philip J. Candilis, M.D.

Presenter: Richard Martinez, M.D.

Frequently Asked Questions

REGISTRATION

Q: What's included in my registration fee?

A: Admission to approximately 300 scientific sessions with the opportunity to earn CME credits, admission into the Exhibit Hall, one (1) \$10 Exhibit Hall food voucher, and a registration badge with access to the shuttle bus service from official meeting hotels to the Toronto Convention Centre. Additional fee required for courses (see pages 11–38 for course fees).

Q: Are meals included at the Annual Meeting?

A: No, however, one (1) \$10 Exhibit Hall food voucher is provided to each paid registrant and will be attached to your meeting badge. This voucher can be used toward a food purchase from vendors inside the Exhibit Hall during exhibit days/hours. The voucher will not be replaced if lost.

Q: Is advanced registration required?

A: On-site registration is available, however at a significantly higher fee. Register early to receive the deeply discounted early bird rate. If you [register online](#), you will save additional money!

Q: Can I bring a spouse/significant other?

A: As an APA member benefit, members can register a spouse/significant other at a discounted rate. Registration fees range from \$215–\$280 depending on when and how you register. This category is designated for a spouse/significant other who lives in the same household, is not an APA member, and receives mail at the same address. This cannot be used for a colleague, an APA member, siblings, or children. Only one additional registration is allowed per full-program registrant. Identification will be checked on site. A spouse/significant other registration includes admission into the Exhibit Hall, admission to all sessions (except those for Members Only) with the opportunity to earn CME credits, and a registration badge with access to the shuttle bus service. *If you are not an APA member and wish to register a spouse/significant other, you will be required to pay the appropriate nonmember registration fee. You should consider joining APA to get a significantly reduced registration for yourself and your spouse/significant other.*

Q: Why am I getting nonmember rate information when I register even though I am an APA member?

A: We apologize for the inconvenience. Please contact the [Membership Department](#) at +1-703-907-7300 to verify your membership status. If you have become a member within 24 hours of attempting to register, please note that the online system takes up to 24 hours to reset and include your information.

Q: How do I cancel my registration?

A: All registration and/or course cancellation requests must be received in writing by **May 5, 2015** (see dates below for refund schedule) by the APA Office via fax, +1-703-907-1097, or email, registration@psych.org. A confirmation will be sent once the request has been processed.

The fee will be refunded in the manner in which it was received. Refund policy and cancellation fees are as follows:

Until March 20, 2015: Full refund

March 21 – May 5, 2015: Refund less cancellation fee equal to 25% of total amount paid

May 6, 2015 and beyond: No refunds

Q: I can no longer attend; can I send a replacement?

A: Yes. To complete this process, fill out and return a Change Request Form found in the online [Attendee Resource Center](#).

Q: How can I correct the information on my badge?

A: Visit the online [Attendee Resource Center](#).

Q: Can I see who else is attending the meeting?

A: An online directory is published in the [Attendee Resource Center](#).

Q: How can I obtain a receipt?

A: Visit the online [Attendee Resource Center](#) to print a receipt.

Frequently Asked Questions *(continued)*

CONTINUING EDUCATION

Q: How many CME credits are available?

A: Generally the Annual Meeting offers 50 CME credits. Preliminary program information will be available in February 2015.

Q: How do I get a CME Credit/Certificate of Attendance?

A: The APA General Evaluation will be available on site and online at www.psychiatry.org/annualmeetingcme during and after the meeting. The online format incorporates the capability to print a personalized *Certificate of Credit* for physicians or *Certificate of Attendance* for nonphysicians. If you need additional information, contact the Education Department at eduCME@psych.org.

Q: Will the Royal College of Physicians accept CME earned by Canadian physicians at the meeting?

A: Yes, group learning activities held in Canada as part of the APA Annual Meeting can be recorded as accredited activities under Section 1 of the MOC Program.

SCIENTIFIC PROGRAM AND COURSES

Q: Can I exchange one course ticket for another course ticket with the same price?

A: To make this exchange prior to the meeting, email registration@psych.org to request the change. During the meeting, visit the Course Registration Area in the Sheraton Centre to make the change. *The exchange can be made only if space is available.*

Q: Can I buy materials for courses I could not attend?

A: No. Only course attendees will receive the materials.

Q: How can I get a copy of a presenter's paper?

A: Contact the Office of Scientific Programs (OSP) on site in Room 712, South Building, Level 700, Toronto Convention Centre. OSP staff provide the presenter with your contact information to share his/her presentation. Abstracts are available in the *Syllabus* and *Proceedings Book* online at www.psychiatry.org/annualmeeting.



Frequently Asked Questions *(continued)*

HOUSING AND TRAVEL

Be the First!

As an APA member benefit, APA members will have an exclusive opportunity to register for APA's 2015 Annual Meeting in Toronto and reserve their hotel room between **December 2–15**. You will save money too by taking advantage of the early-bird registration rates. To register, go to www.psychiatry.org/annualmeeting. You will need your log-in information to receive member rates. (If you do not have this information, call 703-907-7300.) To receive your first-choice hotel, reserve your hotel through APA's Annual Meeting website (above) or call Travel Planners, the official APA housing company, at 800-221-3531 or 212-532-1660.

Don't delay! Register today and take advantage of your discounted member rates to attend the premier psychiatric meeting of the year!

Q: How do I secure hotel reservations?

A: To reserve a room a room online, go to www.psychiatry.org/annualmeeting and click on the housing link. You may also reserve by telephone by calling the APA Housing Company or fax or mail in the housing form. The housing instructions and form are located on pages 67 and 71.

Travel Planners

381 Park Avenue South, Third Floor
New York, NY 10016
+1-800-221-3531 or +1-212-532-1660

Q: How can I change my hotel on site?

A: Visit the Travel Planners Housing Desk at the Toronto Convention Centre, South Building, Level 600.

Q: Does the APA offer any travel discounts?

A: A variety of travel discounts, including air and train discounts, is available through the official APA travel company, MacNair Travel Management/American Express. See page 60 for specific discounts.

MacNair Travel Management
+1-877-650-4266 or +1-202-496-9307
apatravel@macnairtravel.com

Q: Can the APA write an invitation letter for my visa?

A: To receive an invitation letter from the APA (for registered attendees only), email the [APA Registration Office](mailto:APA.Registration.Office) and include your full name, complete mailing address, and Annual Meeting registration badge number. Invitation letters will be sent via email in PDF format.

Please allow 10 business days for receipt of your invitation letter.

MEMBERSHIP

APA Membership Office Department
+1-888-35-PSYCH or 1-703-907-7300
membership@psych.org

Q: Can I become a member before the meeting and pay the member registration rate?

A: Yes, by becoming an APA member you and your spouse/significant other are able to register at a significantly reduced rate. Please note the deadlines below.

To receive the **Early Bird Registration** rate: Applications must be submitted by **January 23, 2015**.

To receive the **Advance Registration** rate: Applications must be submitted by **March 17, 2015**.

Nonmembers or reinstating members, please select a membership category and complete a [membership application](http://www.psychiatry.org/membership-application) at www.psychiatry.org. Fax the registration form and membership application to +1-703-907-1097. You will be notified once the application is received and the review process begins. Your member-fee registration will be held in a pending file until your application for membership is approved and member dues are paid. You will be notified by the Annual Meeting Registration Department if your member-fee registration cannot be honored, requiring you to pay the nonmember registration fee. Incomplete or pending applications will not qualify for member rates but will be automatically considered for the APA Annual Meeting Rebate Program (see below for details). Residents and International attendees are not eligible for the Annual Meeting Rebate program.

Frequently Asked Questions *(continued)*

Q: What is the APA Annual Meeting Rebate Program, and how do I qualify?

A: The APA Annual Meeting Rebate Program is for nonmembers or former members of the APA who paid the Nonmember Full Program rate to attend the Annual Meeting and who qualify for General Membership in the APA. If you complete a General Member membership application on site at the Annual Meeting and leave it at one of the two Membership Booths located in the Exhibit Hall, you will be eligible to receive a rebate equal to the difference between the nonmember and member registration rates for the meeting (up to a \$620 value!). The rebate will be applied to prorated membership dues. Any balance remaining will be applied to future years' dues. Outstanding dues from previous years may be deducted from rebate amount.

To qualify, you must be a psychiatrist practicing in the U.S. or Canada and have registered at the nonmember Annual Meeting Full Program rate. You must also provide proof of ACGME- AOA or RCPS(C)-approved psychiatry residency training and a current, valid medical license to the APA no later than June 30, 2015 and be approved for membership by the local district branch where you practice or reside no later than September 30, 2015.

Q: Can I get a refund if my travel agency registered me as a nonmember and I am a member?

A: Unfortunately not. Refunds will not be honored for incorrect registration categories. It is the registrant's responsibility to ensure a correct registration. However, you are welcome to stop at the Membership Booth to pick up a validation ticket, which will entitle you to receive a badge that reflects your member status. These will be issued only upon confirmation that current-year membership dues have been paid.

ON SITE

Q: How can I find out what room my session or meeting is in?

A: Refer to the *Meeting Guide* included with your registration materials.

Q: Which exhibitors are attending?

A: Refer to the Exhibit Section in the *Meeting Guide*.

For additional questions not answered here, please call the appropriate department from the list of Annual Meeting contacts below.

Annual Meeting Contacts

If your question was not answered within the FAQs, please call the APA office at +1-1-888-35-PSYCH or call the department directly at +1-703-907- plus the four-digit extension listed below.

Administrative Services

Travel Services: ext. 7397

American Psychiatric Foundation

Sponsorships, Funding, and Product Theater: ext. 8519

Department of CME

CME Credit: ext. 8661

Meetings and Conventions Department

Exhibits: ext. 7382
Housing: ext. 7822
Registration: ext. 7376
Meeting Space: ext. 7377

Membership

Join, Renew, or Update Membership: ext. 7300

Office of Communications and Public Affairs

Press Activities: ext. 8640

Office of Scientific Programs

Courses: ext. 7807
Scientific Programs: ext. 7808

Resident/Medical Student Activities

Resident Activities: ext. 8635

APA Art Association Exhibit

The APA Art Association hosts an art exhibit at the Annual Meeting each year offering APA members and significant others an opportunity to display their original artwork. The categories are: ceramics, fiber, computer art, crafts, graphics, jewelry, poetry, painting mixed, painting oil, painting water-based, black-and-white or color photography, and sculpture.

APA Art Association Exhibit

[Toronto Convention Centre](#)

[Registration area, South Building, Level 600](#)

Sunday, May 17 10:00 a.m. – 4:00 p.m.

Monday, May 18 10:00 a.m. – 5:00 p.m.

Tuesday, May 19* 10:00 a.m. – 12:00 p.m.
1:00 p.m. – 2:00 p.m.

Wednesday, May 20 10:00 a.m. – 12:30 p.m.

The APA Art Association Exhibit will be open to all APA meeting registrants. Visitors to the exhibit will be able to vote for their favorite works. *Judging will end on Monday, May 18, at 5:00 p.m.* **All exhibitors are asked to sign up for a two-hour period to help watch the exhibit while it is open to the public.**

**The exhibit will be closed Tuesday, 12:00 p.m. – 1:00 p.m. for the APA Art Association Annual Meeting (members only).*

APA Art Association Awards and Reception

[APA Art Association Exhibit Area](#)

Tuesday, May 19 1:00 p.m. – 2:00 p.m.

Ribbon awards will be presented and there will be a reception for artists and meeting registrants.

How to Exhibit

To exhibit artwork at the 2015 Annual Meeting, submit the application on the next page and Art Association dues by April 21, 2015. The exhibit is open to APA members and their significant others. For further information or to submit your entries and dues, contact:

Astrid Rusquellas, M.D.
President, APA Art Association
2531 Marin Ave.
Berkeley CA 94708
Phone: 1-510-526-5465
E-mail: astridnorma@yahoo.com

Entries Accepted from December 3, 2014 – April 21, 2015

Entries arriving after April 21, 2015 may still be exhibited, but may not be listed on the Exhibit Ballot.

Exhibit Set-Up

[APA Art Association Exhibit Area](#)

Saturday, May 16 12:00 p.m. – 3:00 p.m.

Entries are to be brought to the APA Art Association Exhibit area between 12:00 p.m. and 3:00 p.m. on Saturday, May 16. Each artist is responsible for transporting, displaying, and picking up his/her work. Hanging hooks and tables will be provided. All pieces must be ready for display: framed, wired, and glassed. The Exhibit Coordinator will coordinate the display of artwork. The APA Art Association does not assume any liability for the artwork.

Exhibit Closing

[APA Art Association Exhibit Area](#)

Tuesday, May 19 2:00 p.m. – 3:00 p.m.

Exhibitors are responsible for picking up artwork from the exhibit area. Please do not remove your entry prior to 2:00 p.m. on Monday, May 19.

This information is tentative and subject to change.



APA Art Association Exhibit *(continued)*

About the APA Art Association

The APA Art Association was founded by the late Norman R. Schulack in 1969 in Miami, FL. The APA Art Association offers the chance to set free and enfranchise the dormant artist within each and every one of us. A vast world of imagery and ability to reach beyond arbitrary barriers and a whole new set of human values await those willing to leap. Beware, however, that once the hurdle

is behind, it is essential to be neither timid nor alarmed (though some may be startled) at the extent of the liberated artist's domain. Membership in the APA Art Association is open to all members of the APA, their spouses or significant others (we define "significant others" as spouse-like partners), and all full-time staff members of the APA and the Canadian Psychiatric Association.

APA Art Association Membership Application

***Make two copies of this entry form for each submission.
Send one copy with payment, and attach the other to the back of your art.***

Dues and patron dues are \$30, which includes the cost of exhibiting up to two pieces of art at the Annual Meeting; additional pieces are \$5 each, maximum of six pieces.

Enclosed is a check in the amount of

\$ _____
made payable to the APA Art Association

Mail completed form and payment to:

Astrid Rusquellas, M.D.
President, APA Art Association
2531 Marin Ave.
Berkeley, CA 94708

NAME: _____
STREET: _____
CITY: _____
STATE/PROVINCE, ZIP/POSTAL CODE: _____
TELEPHONE: _____

Are you an APA member?
 Yes No

Spouse/significant other?
 Yes No

ART TITLE: _____
SIZE: _____
DATE PRODUCED OR COPYRIGHTED: _____
SIGNATURE (REQUIRED): _____

Please check art category:

- Computer Art Ceramic Crafts Painting Water-based Painting Mixed Painting Oil
 Graphics Poetry Fiber Photography B&W Photography Color Sculpture
 Jewelry Other: _____

General Travel Information

Travel discounts are being offered on United, Delta, and Porter Airlines through **MacNair Travel Management/American Express**, APA's official travel company. Contact MacNair to secure the best value for your travel to and from the meeting and related travel arrangements. Identify yourself as an APA Meeting attendee.

Discounts for the 2015 APA's Annual Meeting, Toronto, Canada, apply for travel booked for the dates of May 13 – May 23, 2015. The discounts range from 2–15% if you use the APA discount codes while booking the travel. Booking options listed to the right.

MacNair Travel Management

Monday – Friday | 8:30 a.m. – 7:00 p.m., EST
+1-877-650-4266 toll free | +1-202-496-9307
Fax: +1-703-879-7387 | apa@macnairtravel.com



Discounted Airfare Programs

Delta Air Lines

+1-800-328-1111 | www.delta.com
Meeting Code: NMJWU

Porter Airlines

www.flyporter.com
15% off certain published fares
Promo Code: APAAC14

United Airlines

+1-800-426-1122 | www.united.com
2% – 10% off certain published fares
Offer Code: ZT56115412

Car Rental Discounts

Avis

+1-800-331-1600 | www.avis.com/aagroups
AWD# B136001

Budget

+1-800-842-5628 | www.budget.com/aagroups
BCD# U001650



Getting to Toronto

Toronto Pearson International Airport

(code YYZ) is Toronto's major airport for domestic and international flights. Toronto Pearson is 27 km (17 miles) northwest of the city and about a half-hour drive from downtown.

Transit options to get from the airport to downtown include:

- **Taxi or airport limo:** The average cost into the city is about \$50.
- **Catch a hotel shuttle bus:** Many hotels offer airport shuttles. Check with your hotel.
- **Airport Express** provides coach service to nine downtown hotels as well as the University of Toronto campus. \$27.95 one way/ \$42 round trip. torontoairportexpress.com.
- **Rent a car:** Major car rental companies are located at both Terminal 1 and Terminal 3, open daily from 6:00 a.m. – 1:00 a.m.
- **Public transit:** Catch the 192 Airport Rocket bus to Kipling subway station or the 58A Malton bus to Lawrence West subway station. Both stations are on subway lines servicing the downtown core. ttc.ca
- **Coming in 2015:** A fixed-rail service, the **Union-Pearson (UP) Express**. Service between Toronto Pearson and Union Station in downtown Toronto will be making its debut in the spring of 2015. The service will run every 15 minutes during airport hours.

Billy Bishop Toronto City Airport (code YTZ), located on the Toronto Islands, provides domestic, chartered, and select U.S. flights. Billy Bishop is a short ferry ride from Toronto's Harbourfront district, minutes from downtown's taxis and public transit. A ferry-replacing tunnel is under construction and will make the connection even faster in 2015.

By Train

All trains arrive and depart from **Union Station** (65 Front St. W.). **VIA Rail** handles most of Canada's intercity and national routes and connects to the U.S. via **Amtrak**. 1-888-VIA-RAIL and viarail.ca; 1-800-USA-RAIL and amtrak.com.

GO Transit trains service suburban and inter-regional travel in and around the Greater Toronto Area. The iconic green-and white trains operate from **Union Station**. Call 1-416-869-3200 or visit gotransit.com.

By Bus

The **Toronto Coach Terminal** is the main intercity bus depot, located downtown at 610 Bay Street.

GO Transit buses provide inter-region travel in and around the greater Toronto area. The GO Transit bus hub is located at 140 Bay Street (Front St., just east of Union Station). Call 1-416-869-3200 or visit gotransit.com.

Photo Credit: King Street in Toronto, Canada, courtesy of Canadian Tourism Commission



Getting to Toronto *(continued)*

Public Transit

The **Toronto Transit Commission** (TTC) features four subway lines with 69 stops. Easy to navigate, maps are displayed on all subway cars and available at station ticket booths. Subway stops connect to surface streetcar or bus routes that weave throughout the city and extend to the Greater Toronto Area (hold on to your paper transfer for free connections and proof of fare paid). Single fare \$3 for adults, \$2 for students/seniors, and 75 cents for children (exact change is required). Save money by buying multiple tokens or tickets or a one-day or one-week transit pass. Single-day passes cost \$11 and allow unlimited rides from the start of service until 5:30 a.m. the following morning. On weekends and statutory holidays, the \$11 day pass provides unlimited travel for a group of up to six people with a maximum of two adults. Weekly passes, valid from Monday to Sunday, cost \$39.25 for adults and \$31.25 for students/seniors. Visit ttc.ca or call 1-416-393-INFO.

Taxis

Toronto has several cab companies and all charge the same base rate of \$4.25, plus \$1.75 per kilometer (\$1.05 per mile) or 53 cents a minute. The easiest cab number to remember is 1-416-TAXICAB, which connects you to all taxi and airport-limo companies.

Bike Share Toronto

Renting a bike is easy. Automated bike rental stands are located throughout the city. Bike rentals are ideal for shorter rides. Grab a bike at one stand, then return it to another. Visit toronto.ca for a Toronto cycling map.

By Foot

Toronto is a safe and walkable city. Look for trails through parks, gardens, and beaches; routes are outlined at toronto.ca.

Tourist Information Services

At the **Union Station Tourist Information Centre** Toronto specialists will help you plan your time in Toronto! Pick up maps, visitor guides, and brochures for must-see landmarks, attractions, events, neighborhoods, and tours to help you see it all! While you're here, let our Ontario Travel colleagues assist you with any Ontario destinations you plan to visit during your stay. Located in Union Station (65 Front St. W.), the centre is conveniently situated west of the Great Hall between the VIA Panorama lounge and the UP Express station in the Skywalk. For hours of operations, please call 1-416-392-9300. Online, check out the Tourism Toronto website, www.SeeTorontoNow.com.

For Ontario inquiries call 1-800-ONTARIO or visit www.ontariotravel.net. Visit the **Ontario Travel Information Centre** at Atrium on Bay (20 Dundas St., W.), immediately north of the Toronto Eaton Centre. Visit the Toronto desk in the Centre for information to help you get the most out of your visit to Toronto.

More Information

Call Access Toronto at 1-416-392-CITY (2489), or dial 311 within city limits, from Monday to Friday between 8:00 a.m. and 5:00 p.m.



Group Registration Information

Definition of a Group

Groups are considered to be five (5) or more registrants from the same company.

To Register as a Group

All information must be entered for each registrant, including the registrant's email and mailing address. It is important for group registration representatives to ensure the proper registration category as the APA will not refund fees for an incorrect registration category. Before registering attendees, contact the APA Membership Department at +1-888-357-7924 to confirm membership status.

Registration Dates

Early Bird Registration:

APA members:

December 2, 2014 – February 24, 2015

Nonmembers:

December 16, 2014 – February 24, 2015

Advance Registration:

February 25 – April 17, 2015

Late Advance Registration (online only):

April 18 – May 14, 2015

On-Site Registration:

May 15 – May 20, 2015

Three Easy Ways to Register

- 1. Online:** Visit www.psychiatry.org/annualmeeting
- 2. Fax:** Complete the registration form on page 76 and fax it to +1-703-907-1097.
- 3. Mail:** Complete the registration form on page 76 and mail form and payment to:
American Psychiatric Association Annual Meeting
P.O. Box 418237
Boston, MA 02241-8237

NOTE: Mailed and faxed registrations are assessed at an additional \$10 per person and will not be accepted after April 17, 2015. **Register online and save!**

The APA shares personal identifying information about Annual Meeting registrants with meeting exhibitors. This includes your name, title, mailing address, email address, and NPI number.

Provisional Registrations

Nonmember Medical Student, Nonmedical Student, Nonmember Advocacy Group Member, Mental Health Chaplain, and Nonmember Psychiatric

Resident registrations are considered provisional until status verification is received. To qualify for the fee reduction or exemption, a copy of your proper credentials — such as a copy of your valid student ID, letter from your program director, business card, or letter from the agency stating your role — or a copy of your certification must be received within seven (7) days of your online registration or included with your mailed or faxed registration or your registration will be cancelled.

Payment

The APA only accepts Visa, Mastercard, American Express, money order, or a check (in U.S. funds only), payable to the American Psychiatric Association. APA does not accept bank or wire transfers. Registrations will not be processed without proper payment.

Cancellation Fees and Refunds

All registration and/or course cancellation requests must be received in writing by **May 5, 2015** (see dates below for refund schedule) by the APA Office via fax, +1-703-907-1097, or email, registration@psych.org. A confirmation will be sent once the request has been processed.

The fee will be refunded in the manner in which it was received. Refund policy and cancellation fees are as follows:

Until March 20, 2015: Full refund

March 21 – May 5, 2015: Refund less cancellation fee equal to 25% of total amount paid

May 6, 2015 and beyond: No refunds

Confirmation

Group registration representatives will be able to send individual confirmations from the group account screen. You must have the individual email address to complete this. Registration representatives are responsible for contacting the registrants if not using the registrant's actual email address.

Group Registration Badge Pickup

Two (2) weeks before the start of the meeting, group registration representatives will receive an on-site appointment time and location for picking up badges and conference materials. Representatives are responsible for picking up badges and conference materials for all registrants in their group.

International Travel Information

Visitors to Canada Must:

- Have a valid travel document such as a passport;
- Be in good health and meet criminal admissibility requirements (visit this site for further information: www.cic.gc.ca/english/inadmissibility/conviction.asp);
- Satisfy an immigration officer that you have ties, such as a job, home, financial assets, or family, that will take you back to your country of origin;
- Satisfy an immigration officer that you will leave Canada at the end of your visit; and
- Have enough money for your stay.

Visas

Citizens of certain countries and territories need a visa to visit or transit Canada. Visit the Department of Citizenship and Immigration website at www.cic.gc.ca/english/visit to determine if a visa will be required for your travel. Should you require a visa for your travel, begin the visa application process immediately. The visa process takes longer than you may anticipate.

Important Information for J1 Visa Holders

Before you make plans to travel to Canada, you need to be sure you have the correct paper and authorization to be able reenter the U.S. Visit this link to learn more: http://internationalcenter.umich.edu/immig/fvisa/fj_travel.html.

Invitation Letters From the American Psychiatric Association

To receive an invitation letter from the APA (for registered attendees only):

E-mail the APA:

registration@psych.org

Or write:

APA Registration Office
1000 Wilson Blvd., Suite 1825
Arlington, VA 22209-3901

Include your full name, complete mailing address, and Annual Meeting registration badge number. Invitation letters will be sent via email in PDF format. Please allow 10 business days for receipt of your invitation letter.



Explore Toronto

A continental gateway and international crossroads where the world loves to meet, Toronto is an exciting, vibrant, and dynamic destination featuring striking architecture and venues, terrific cultural offerings, over 9,000 restaurants, a fantastic lineup of arts and attractions, entertainment, shopping, events, festivals, exhibits, shows, neighborhoods, parks, and trails unlike anywhere else in the world.

With a spectacular setting on the northern shore of Lake Ontario, Toronto is Canada's largest city and the fourth-largest city in North America. With a population of over 2.7 million people from all over the globe, Toronto is one of the world's most culturally diverse cities. Over 140 languages and dialects are spoken here.

Download the Free Toronto App

Get the inside scoop on all the exciting things to see and do all year round.

Visit www.seetorontonow.com/mobile-app/.

Toronto Must-Sees

- **The CN Tower:** One of the Seven Wonders of the Modern World (American Society of Civil Engineers) the CN Tower, 553 meters tall, features EdgeWalk. Push your boundaries as you take a walk, outside, around the roof of the CN Tower's restaurant 356 meters/1,168 feet above the ground — the world's highest, full-circle, hands-free walk.
- See the Stanley Cup and the world's largest collection of hockey memorabilia at the **Hockey Hall of Fame**.

- From classic to contemporary, Toronto is home to over 140 public galleries, museums, and theaters. Visit the **Royal Ontario Museum** (ROM) of natural and cultural history, redesigned by internationally acclaimed architect Daniel Libeskind. At the **Art Gallery of Ontario** see the transformation by world-renowned architect Frank Gehry. The museums themselves are works of art.
- **Ripley's Aquarium of Canada:** Say hello to the more than 13,500 inhabitants — mostly of the gilled variety — at one of Toronto's newest attractions.
- Visit Canada's only Giant Pandas at the **Toronto Zoo**, celebrating its 40th year.
- Grab a yummy peameal bacon sandwich and other delicious treats at the 200-year-old **St. Lawrence Market**, ranked as the world's best food market by *National Geographic*.
- Do you love to shop? You have come to the right place! Visit Toronto's over 21,000 stores and enjoy an amazing selection of goods from all over the world. Explore **PATH**, a 17.5-mile underground city that links 1,200+ shops, restaurants, and services.

Photo Credits: EdgeWalk at CN Tower (bottom, left) and Ripley's Aquarium of Canada (bottom, right)



Explore Toronto *(continued)*

- Visit **Harbourfront**, Toronto's cultural event venue on the waterfront.
- Tour the **Rogers Centre**, a domed sports/entertainment stadium with the world's first fully retractable roof.
- Catch a game while you're in town. **Seven professional sports teams** call Toronto home, including the AHL Marlies, CFL Toronto Argonauts, MLB Toronto Blue Jays, MLS Toronto FC, NBA Toronto Raptors, NHL Toronto Maple Leafs, and NLL Toronto Rock.
- **Toronto's Famous Neighborhoods:** From Toronto's five **Chinatown**s to **Little Italy**, **Corso Italia**, **Greektown**, **Little Portugal** and **Gerrard India Bazaar** to name a few, the unique sights, sounds, and experiences of all the world's cultures and lifestyles come alive in Toronto's famous and vibrant neighborhoods.
 - The cool and trendsetting districts of **Queen West** (named by *Vogue* magazine as the second-coolest neighborhood in the world) and **West Queen West** feature galleries, creative spaces, fashion, and studios.
 - Experience entertainment, dining, and shopping in the **Downtown Yonge/Yonge Dundas** area. Check out local events at the electrifying **Yonge-Dundas Square**. Walk and shop along Yonge Street, the longest street in the world.
 - Visit cafés, shops, and art galleries as you stroll through the brick-lined streets of the **Distillery Historic District**, one of Toronto's major centers for arts, dining, shopping, and entertainment. Site of the former Gooderham and Worts whiskey distillery, the Distillery District features North America's largest and best-preserved collection of Victorian industrial architecture.
 - **Bloor-Yorkville:** One of Toronto's most elegant shopping and dining areas features designer boutiques, antiques shops, and galleries.
 - Toronto's **Entertainment District** is the second-most densely populated nightclub district in North America and home to theatres, concert halls, event venues, restaurants, retail shops, and attractions. The Mirvish theatres and Roy Thomson Hall form the core of the Entertainment District, which morphs into club central after the theaters go dark.
 - Enjoy the beautiful waterfront and the **Toronto Islands**. Just a short ferry ride from downtown, the Islands feature parklands, an amusement park, restaurants, and a spectacular view of the Toronto skyline. On the mainland, urban beaches such as Sugar Beach and HTO offer wonderful oases complete with stunning lake views and colorful beach umbrellas.
 - Take a stroll along the Boardwalk in the **Beaches** for scenic views of the city.

Photo Credits: Queens West Shopping, courtesy of Canadian Tourism Commission (bottom, left) and Toronto Day Skyline, courtesy of Vadim Kolobanov (bottom, right)



Hotel Reservation Information

Housing Instructions

As an APA member benefit, housing will open December 2, 2014, for APA members only.

For nonmembers, it will open on December 16, 2014.

- **Online:** www.psychiatry.org/annualmeeting (click on the housing and travel button).
- **Fax: (nine (9) rooms or less)** attached housing reservation form to +1-212-779-6128.
- **Fax: (ten (10) rooms or more)** attached housing reservation form to +1-212-532-1556
- **Mailing Address:**
Travel Planners, Inc.
381 Park Avenue South, Third Floor
New York, NY 10016
- **Phone:** +1-800-221-3531 (USA, Caribbean, and Canada); internationally, dial +1-212-532-1660

Deposit Policy

Reservations will be accepted only with a credit card guarantee or check deposit. Deposit checks and wire transfers must be received within 10 days of booking or by March 27, 2015, whichever is earlier. (Reservations will automatically be canceled if checks or wires are not received within this time frame.) After March 27, 2015, reservations will be accepted with a credit card guarantee only. Reservations and changes are subject to hotel availability. Please check your reservation confirmation for details.

Cancellation Policy

Cancellations of hotel reservations must be made directly with Travel Planners.

Additional Reservation Information

1. Travel Planners will process requests on a first-come, first-served basis.
2. Group bookings will be based on previous room pickup history and per APA guidelines for exhibitors.
3. Group rooming lists are due on March 19, 2015. On March 20, 2015 any unassigned room held for a group will be released if name is not provided and rooms are not guaranteed with a credit card or check deposit.

4. Reservations will be accepted with a credit card guarantee or check deposit only.
 - a. If you are making more than one reservation, you will need to provide a credit card and billing address for each room to be charged.
 - b. If one card is going to pay for all rooms (up to a maximum of 10 rooms), then only one card and address is necessary.
 - c. A different credit card must be used for every ten (10) rooms.
5. The following credit cards can be used to make your reservation: Visa, MasterCard, or American Express.
6. Each credit card must be valid through the reservation dates of the stay. Should your card expire prior to the 2015 Annual Meeting, you may guarantee your block with a deposit by check.
7. To pay by check, make check payable to Travel Planners, Inc., and mail to Travel Planners, Inc., 381 Park Avenue South, Third Floor, New York, NY 10016.
8. Suites and function/meeting space are for approved affiliates only, and requests must be approved by APA. Affiliate Meeting Space Request Forms are available through the APA website beginning December 16, 2014.
9. Individual policies for each hotel must be strictly adhered to. Most hotels impose fees for early departures. This policy is at the discretion of the individual hotel and the amount of the fee varies by hotel. Be sure to verify your actual date of departure at the time of check in.
10. For fax or group reservations (10 rooms or more), you will receive a confirmation within three business days.
11. For fax requests, please provide credit card information upon receipt of confirmation.
12. For individual online reservations, you will receive a confirmation immediately.

Travel Planners, Inc. makes no guarantee of any kind that the hotels and rates listed will be available at the time you make your reservation. Reservation requests and changes are subject to the availability and discretion of the hotels.

All information is as of October 6, 2014, and subject to change.

Hotel Listing, Rates, and Amenities

Hotel Name, Address, and Approx. Distance to Center	Shuttle Stop	Single Rate (Canadian \$)	Double Rate (Canadian \$)	Incentives
Fairmont Royal York (Headquarters)* 100 Front Street West 0.3 Miles to Center	Walking distance	\$265 Fairmont View Room \$285 Fairmont Luxury Room \$325 Fairmont Deluxe Room \$385 Fairmont Gold Room	\$265 Fairmont View Room \$285 Fairmont Luxury Room \$325 Fairmont Deluxe Room \$385 Fairmont Gold Room	Complimentary Internet to Fairmont President's Club Members
Sheraton Centre* 123 Queen Street West 0.6 Miles to Center	Route 1, Pick up at Sheraton	\$255 Early Bird Rate, Traditional King or 2 Doubles, book before Jan. 30 \$315 Early Bird Rate, Club Level King, book before Jan. 30 \$265 Traditional King or 2 Doubles, booked after Jan. 29 \$325 Club Level King, booked after Jan. 29	\$265 Early Bird Rate, Traditional King or 2 Doubles, book before Jan. 30 \$315 Early Bird Rate, Club Level King, book before Jan. 30 \$275 Traditional King or 2 Doubles, booked after Jan. 29 \$325 Club Level King, booked after Jan. 29	
Westin Harbour Castle* 1 Harbour Square 0.75 Miles to Center	Route 3, Pick up on Queens Quay West	\$259 Early Bird Rate, Traditional King or 2 Doubles, book before Jan. 30 \$309 Early Bird Rate, Corner King, book before Jan. 30 \$269 Traditional King or 2 Doubles, booked after Jan. 29 \$319 Corner King, booked after Jan. 29	\$269 Early Bird Rate, Traditional King or 2 Doubles, book before Jan. 30 \$319 Early Bird Rate, Corner King, book before January 30 \$279 Traditional King or 2 Doubles, booked after Jan. 29 \$329 Corner King, booked after Jan. 29	
Cosmopolitan Hotel 8 Colborne Street 0.7 Miles to Center	Route 4, Pick up at Omni King Edward	\$289 Standard Room, 1 Queen \$319 1BR Suite, 1 Queen	\$289 Standard Room, 1 Queen Bed \$319 1BR Suite, 1 Queen Bed	Complimentary Internet
Courtyard by Marriott Toronto 475 Yong Street 1.75 Miles to Center	Route 2, Pick up on Yonge Street	\$229 Early Bird Rate, Standard King or 2 Doubles, book before Jan. 30 \$249 1 King or 2 Doubles, booked after Jan. 29 \$269 1 King or 2 Doubles with Breakfast	\$229 Early Bird Rate, Standard King or 2 Doubles, book before Jan. 30 \$249 1 King or 2 Doubles, booked after Jan. 29 \$289 1 King or 2 Doubles with Breakfast	Complimentary Internet
Delta Toronto 75 Lower Simcoe 0.1 Miles to Center	Walking distance	\$269 1 King or 2 Doubles	\$269 1 King or 2 Doubles	Complimentary Internet
DoubleTree Toronto Downtown 108 Chestnut Street 1.1 Miles to Center	Route 2, Pick up at Toronto Marriott Eaton Centre	\$245 1 King or 2 Doubles	\$245 1 King or 2 Doubles	Complimentary Internet
Eaton Chelsea Toronto (recommended for residents) 33 Gerrard Street West 1.4 Miles to Center	Route 2, Pick up on Gerrard Street West	\$199 Chelsea Room 1 Queen or 2 Doubles \$219 Chelsea Room 1 Queen or 2 Doubles with Breakfast \$249 Deluxe Room 1 Queen or 2 Doubles \$269 Deluxe Room 1 Queen or 2 Doubles with Breakfast \$305 Club Level Room 1 King	\$199 Chelsea Room 1 Queen or 2 Doubles \$239 Chelsea Room 1 Queen or 2 Doubles with Breakfast \$249 Deluxe Room 1 Queen or 2 Doubles \$289 Deluxe Room 1 Queen or 2 Doubles with Breakfast \$305 Club Level Room 1 King	Complimentary Internet
Hilton Garden Inn Toronto Downtown 92 Peter Street 0.5 Miles to Center	Walking distance	\$259 1 King or 2 Doubles	\$259 1 King or 2 Doubles	Complimentary Internet; Free local / toll free calls
Hilton Toronto 145 Richmond Street West 0.5 Miles to Center	Route 1, Pick up at Sheraton	\$269 1 King or 2 Doubles	\$269 1 King or 2 Doubles	Complimentary Internet
Hotel le Germain Maple Leaf Square 75 Brenner Blvd. 0.3 Miles to Center	Walking distance	\$279 Superior King	\$279 Superior King	Complimentary Internet; Free Deluxe Continental Breakfast; Free local / toll free calls

* Key Event Hotels – APA Component and Allied Professional Meetings held in these properties.

Hotel Listing, Rates, and Amenities *(continued)*

Hotel Name, Address, and Approx. Distance to Center	Shuttle Stop	Single Rate (Canadian \$)	Double Rate (Canadian \$)	Incentives
Hotel le Germain Toronto 30 Mercer Street 0.3 Miles to Center	Walking distance	\$275 1 King	\$295 1 King	Complimentary Internet; Free Deluxe Continental Breakfast
Hyatt Regency Toronto 370 King Street West 0.3 Miles to Center	Walking distance	\$249 1 King or 2 Doubles	\$249 1 King or 2 Doubles	
InterContinental Toronto Centre 225 Front Street West 0.1 Miles to Center	Walking distance	\$259 Standard, 1 King or 2 Doubles \$349 Club Level, 1 King	\$259 Standard, 1 King or 2 Doubles \$349 Club Level 1 King	Complimentary Internet; Additional Incentives at bottom of page ¹
Novotel Toronto Centre 45 The Esplanade 0.7 Miles to Center	Route 4, Pick up on The Esplanade across street	\$229 1 King or 2 Doubles	\$229 1 King or 2 Doubles	Complimentary Internet; Additional Incentives at bottom of page ²
Omni King Edward Hotel 37 King Street East 0.8 Miles to Center	Route 4, Pick up at Omni King Edward	\$289 Deluxe, 1 or 2 Queens \$364 Club Level, 1 King \$409 1-BR Deluxe Suite, 1 King \$464 1-BR Executive Suite, 1 King	\$289 Deluxe, 1 or 2 Queens \$364 Club Level, 1 King \$409 1-BR Deluxe Suite, 1 King \$464 1-BR Executive Suite, 1 King	Complimentary Internet
One King West Hotel and Residence 1 King Street West 0.7 Miles to Center	Route 4, Pick up at Omni King Edward	\$275 Studio King \$315 1-BR King Suite	\$275 Studio King \$315 1-BR King Suite	Complimentary Internet; Additional Incentives at bottom of page ³
Pantages Hotel 200 Victoria Street 1.1 Miles to Center	Route 2, Pick up at Toronto Marriott Eaton Centre	\$249 Deluxe Queen	\$249 Deluxe Queen	Complimentary Internet; Free local / toll free calls
Radisson Plaza Hotel Admiral 249 Queens Quay West 0.5 Miles to Center	Route 3, Pick up on Queens Quay West	\$229 1 King or 2 Doubles	\$229 1 King or 2 Doubles	Complimentary Internet; Double Rewards Points
Renaissance Toronto Downtown 1 Blue Jays Way 0.4 Miles to Center	Walking distance	\$245 Standard Room, 1 King or 2 Doubles \$284 Club Level King \$364 1-BR Suite, 1 King or 2 Doubles	\$245 Standard Room, 1 King or 2 Doubles \$284 Club Level King \$364 1-BR Suite, 1 King or 2 Doubles	
Residence Inn by Marriott Toronto Downtown 255 Wellington Street 0.3 Miles to Center	Walking distance	\$239 King Studio Suite \$289 1-BR King Suite	\$239 King Studio Suite \$289 1-BR King Suite	Complimentary Internet; Free Breakfast; Additional Incentives at bottom of page ⁴
Ritz-Carlton Toronto 181 Wellington Street West 0.1 Miles to Center	Walking distance	\$480 Standard, King or 2 Doubles	\$480 Standard, King or 2 Doubles	Complimentary Internet
Strathcona Hotel Downtown <i>(recommended for residents)</i> 60 York Street 0.3 Miles to Center	Walking distance	\$179 1 King or 2 Doubles	\$179 1 King or 2 Doubles	Complimentary Internet
Toronto Marriott Eaton Centre 525 Bay Street 1.1 miles to Center	Route 2, Pick up at Toronto Marriott Eaton Centre	\$259 1 King or 2 Doubles <i>(Pre-charge the first night)</i>	\$259 1 King or 2 Doubles <i>(Pre-charge the first night)</i>	Complimentary Internet; Double Rewards Points

1. 1 drawing for 1 comp spa treatment during event, 1 drawing for a 2-night comp stay.
Groups of 10 or more receive 10% discount on meeting room rental and A/V and one upgrade at group rate.
2. Groups of 10 or more get 10% off catering and meeting room rental.
3. Groups of 10 or more receive 10% discount on meeting room rental and A/V and one upgrade at group rate.
4. Groups of 10 or more get one upgrade for group leader or VIP.

Hotel Map



Hotel Names and Locations

1. Toronto Convention Centre, 255 Front Street West
2. Cosmopolitan Hotel, 8 Colborne Street
3. Courtyard by Marriott Toronto, 475 Yong Street
4. DoubleTree Toronto Downtown, 108 Chestnut Street
5. Eaton Chelsea Toronto, 33 Gerrard Street West
6. Fairmont Royal York, 100 Front Street West
7. Hilton Garden Inn Toronto Downtown, 92 Peter Street
8. Hilton Toronto, 145 Richmond Street West
9. Hotel le Germain Maple Leaf Square, 75 Bremner Boulevard
10. Hotel le Germain Toronto, 30 Mercer Street
11. Hyatt Regency Toronto, 370 King Street West
12. InterContinental, 225 Front Street West
13. Novotel Toronto Centre, 45 The Esplanade
14. Omni King Edward Hotel, 37 King Street East
15. One King West Hotel and Residence, 1 King Street West
16. Pantages Hotel, 200 Victoria Street
17. Radisson Plaza Hotel Admiral, 249 Queens Quay West
18. Renaissance Toronto Downtown, 1 Blue Jays Way
19. Residence Inn by Marriott Toronto, 255 Wellington Street
20. Ritz-Carlton Toronto, 181 Wellington Street West
21. Sheraton Centre, 123 Queen Street West
22. Strathcona Hotel Downtown, 60 York Street
23. Toronto Marriott Eaton Centre, 525 Bay Street
24. Westin Harbour Castle, 1 Harbour Square
25. Delta Toronto, 75 Lower Simcoe Street



Hotel Reservation Form



FAX: (212) 779-6128 (9 rooms or less)
(212) 532-1556 (10 rooms or more)



MAIL: Travel Planners, Inc.
 381 Park Avenue South, Third Floor
 New York, NY 10016

If you do not receive confirmation receipt within three (3) business days, please call Travel Planners, Inc.

Attendee Information

NAME: _____ DATE: _____

COMPANY NAME: _____

ADDRESS: _____

ADDRESS: _____

CITY: _____ STATE/PROV.: _____ ZIP CODE: _____

COUNTRY (if outside U.S.): _____ PHONE: _____ FAX: _____

EMAIL: _____

Hotel Selection *(Please fill in all six choices)*

1ST: _____ 2ND: _____

3RD: _____ 4TH: _____

5TH: _____ 6TH: _____

Use more than one row for different dates if necessary and indicate the number of rooms required for each room type:

Occupant Name (required)	Attendee, Exhibitor, or APA Member?	Check-In Date	Check-Out Date	# Single Rooms	# Double Rooms (2 ppl/1 bed)	# Twin Rooms (2 ppl/2 beds)

Special Requests

TOTAL NUMBER OF ROOMS NEEDED: _____

DO YOU REQUIRE AN ADA-COMPATIBLE ROOM? _____ SMOKING OR NONSMOKING? _____

SPECIAL REQUIREMENTS/REQUESTS? _____

This form is to indicate preference only and submission does not guarantee confirmation. Notification of confirmed details will be faxed/emailed by Travel Planners, Inc. within three business days of receipt.

Cancellation policy: Until three business days prior to arrival, cancellations of reservations must be made directly with Travel Planners. Hotel's cancellation policies are strictly adhered to and may vary by hotel. Cancellation policies will be outlined on your confirmation.

Travel Planners, Inc. makes no warranties of any kind that the hotels and rates listed will be available at the time you make your reservation. Reservation requests and changes are subject to the availability and discretion of the hotels.

Please note our privacy and security policies: We take your privacy seriously. Help us to protect your credit card information by using our secure website to enter this information. For your protection, please do not send credit card information to us in any other way. If you are unable to enter your credit card information in the specified credit card area on our website, please call us to provide this information verbally so that we may enter it into our system. We recommend that you not send credit card information via email, mail or fax. Any credit card information sent to us via email, mail or fax will be transferred to a secured storage location for processing and then permanently deleted/shredded.

Disclaimer: We make no warranties of any kind that any credit card information sent to us in any way other than the specified credit card area on our website will be secure. All documents transmitted to us are destroyed after one year. We cannot be held liable for any reservation or credit card dispute submitted after that time.

Shuttle Bus Routes

The Toronto Convention Centre will operate as the “hub” of the APA shuttle bus system. All routes will begin and end there. The shuttle will operate during the following days and times:



Route 1 – Blue

Hilton Toronto At Sheraton Centre
Sheraton Centre Curbside on Richmond Street West



Route 2 – Red

Courtyard by Marriott Toronto Curbside on Yonge Street
DoubleTree Toronto Downtown At Toronto Marriott Eaton Centre
Eaton Chelsea Toronto Curbside on Gerrard Street West
Pantages Hotel At Toronto Marriott Eaton Centre
Toronto Marriott Eaton Centre Curbside on Bay Street



Route 3 – Green

Radisson Plaza Hotel Admiral Curbside on Queens Quay West
Westin Harbour Castle Curbside on Queens Quay West



Route 4 – Orange

Cosmopolitan Hotel At Omni King Edward Hotel
Novotel Toronto Centre Curbside on The Esplanade, across the street
Omni King Edward Hotel Curbside on King Street East
One King West Hotel and Residence At Omni King Edward Hotel

Please refer to pages 68–69 for the distance from the individual hotel to the shuttle bus stop.

Shuttle information signs will be posted in the lobby of each shuttle hotel. Check the sign in your hotel lobby for additional information and changes. For questions regarding the shuttle or to make an advance reservation for a wheelchair accessible shuttle, please see the shuttle supervisor at the Toronto Convention Centre during shuttle hours.

Hours of Operation:

Saturday, May 16, 2015
 7:00 a.m. – 5:30 p.m.

Sunday, May 17, 2015
 7:00 a.m. – 7:30 p.m.

Monday, May 18, 2015
 7:00 a.m. – 7:30 p.m.

Tuesday, May 19, 2015
 7:00 a.m. – 5:30 p.m.

Wednesday, May 20, 2015
 7:00 a.m. – 5:30 p.m.

Walking Distance Hotels, NOT on shuttle bus routes:

Delta Toronto
Fairmont Royal York
Hilton Garden Inn Toronto Downtown
Hotel le Germain Maple Leaf Square
Hotel le Germain Toronto
Hyatt Regency Toronto
InterContinental
Renaissance Toronto Downtown
Residence Inn by Marriott Toronto Downtown
Ritz-Carlton Toronto
Strathcona Hotel Downtown

Registration Information

Meeting Registration Fees

The Standard Registration Fee includes admission to approximately 400 scientific sessions with the opportunity to earn CME credits, admission into the Exhibit Hall, one (1) \$10 Exhibit Hall food voucher, and a registration badge with access to the shuttle bus service from official meeting hotels to the Toronto Convention Centre. Additional fee required for courses (see page 74 for fees).

Gold Registration includes a standard registration (items noted above) **plus** the APA Annual Meeting on Demand. A \$10 U.S. shipping fee or \$45 International shipping fee will be added.

APA Annual Meeting on Demand is a digital library of over 300 hours of educational content presented at the 2015 APA Annual Meeting. If you signed up for Gold Registration, you will have access to the APA Annual Meeting on Demand. Sessions will be available online within 24 hours of the live presentation. Instructions on how to access the online content will be sent to you on May 17, 2015. The e-mail will come from orders@CMEonCall.com. If you do not receive the e-mail, please check your

junk mail or contact support@CMEonCall.com. A USB drive with this material will be sent to you approximately eight weeks after the meeting.

APA Member Discount Rates

Your 2015 APA membership dues must be paid to qualify for the member registration rate. You will still be able to register at the member rate; however, your registration will be provisional until your dues are processed. Contact the APA Membership Office at +1-703-907-7300 or +1-888-357-7924 with questions regarding your membership status BEFORE registering for the meeting.

Registration Dates

Early Bird Registration:

APA Members: December 2, 2014 – February 24, 2015

Nonmembers: December 16, 2014 – February 24, 2015

Advance Registration: February 25, 2015 – April 17, 2015

Late Advance Registration: April 18, 2015 – May 14, 2015

On-Site Registration: May 15, 2015 – May 20, 2015

APA MEMBER	Standard			Gold (with Annual Meeting on Demand)		
	Early Bird	Advance	Late Advance/On Site	Early Bird	Advance	Late Advance/On Site
Full Program	\$370	\$420	\$465	\$769	\$819	\$864
Resident-Fellow	\$105	\$145	\$170	\$304	\$344	\$369
One-Day Registrant	\$200	\$230	\$250	\$599	\$629	\$649
Two-Day Registrant	\$325	\$375	\$425	\$724	\$774	\$824
Medical Student	\$0	\$0	\$0	\$199	\$199	\$199
Presenter*	\$280	\$280	\$315	\$679	\$679	\$714
Honorary Fellow**	\$0	\$0	\$0	\$399	\$399	\$399
NONMEMBER	Early Bird	Advance	Late Advance/On Site	Early Bird	Advance	Late Advance/On Site
Full Program	\$990	\$1040	\$1090	\$1389	\$1439	\$1489
Resident***	\$170	\$210	\$235	\$369	\$409	\$434
Non-Physician, Non-Medical Student, Mental Health Chaplain, Advocacy Group Member***	\$170	\$210	\$235	\$369	\$409	\$434
One-Day Registrant	\$535	\$565	\$585	\$934	\$964	\$984
Two-Day Registrant	\$940	\$990	\$1040	\$1339	\$1389	\$1439
Medical Student***	\$0	\$0	\$0	\$199	\$199	\$199
Spouse/Significant Other****	\$215	\$255	\$280	\$614	\$654	\$679
Psychiatrist Presenter*	\$690	\$690	\$755	\$1089	\$1089	\$1154
Non-Psychiatrist Presenter*	\$0	\$0	\$0	\$399	\$399	\$399

*Presenters will receive a presenter registration code by email once accepted. Those who have not received this code should visit www.psychiatry.org/annualmeeting to retrieve it.

**Does not include APA Fellows, Distinguished Fellows, Distinguished Life Fellows, or Life Fellows

***Proper credentials, such as a copy of your valid student ID, letter from your program director, business card or letter from the agency stating your role; or a copy of your certification must be received within seven (7) days of your online registration or included with your mailed or faxed registration or your registration will be cancelled.

****As a member benefit, only APA members can register a spouse or significant other at this discounted rate. This category is only for a spouse/significant who lives in the same household, is not an APA member, and receives mail at the same address. This cannot be used for a colleague, an APA member, siblings, or children. Only one additional registration is allowed per full-program registrant. Identification will be checked on site. A spouse/significant other registration includes admission into the Exhibit Hall, admission to all sessions (except those for members only) with the opportunity to earn CME credits, and a registration badge with access to the shuttle bus service. If you are not an APA member and wish to register a spouse/significant other, you will be required to pay the appropriate nonmember registration fee. You should consider joining APA to get significantly reduced registration fees for yourself and your spouse/significant other.

Registration Information *(continued)*

Course/Master Course Enrollment Fees

There are additional fees for courses. You must first be registered for the Annual Meeting in order to enroll in a course or master course. Please visit pages 11–38 for complete course details. For course enrollment, use the Registration Form on page 75 or online at www.psychiatry.org/annualmeeting.

APA MEMBER Courses	Early Bird	Advance	Late Advance/ On Site
Half Day (4 hours)	\$155	\$175	\$200
Full Day (6 hours)	\$215	\$250	\$285
Full Day (8 hours)	\$260	\$310	\$330
Master Course (6 hours)	\$355	\$385	\$415

NONMEMBER Courses	Early Bird	Advance	Late Advance/ On Site
Half Day (4 hours)	\$180	\$200	\$225
Full Day (6 hours)	\$265	\$300	\$350
Full Day (8 hours)	\$360	\$410	\$430
Master Course (6 hours)	\$455	\$485	\$515

The APA shares personal identifying information about Annual Meeting registrants with meeting exhibitors. This includes your name, title, mailing address, email address and NPI number.

On-Site Registration Hours

Toronto Convention Centre and Sheraton Centre

Friday, May 15 12:00 p.m. – 6:00 p.m.

Saturday, May 16 –

Wednesday, May 20* 7:30 a.m. – 5:00 p.m.

**Wednesday, May 20, at the Toronto Convention Centre only*

Housing Opens

December 2: APA Members

December 16: Nonmembers, Exhibitors, and Groups

Please visit www.psychiatry.org/annualmeeting for hotel listing, rates, amenities, and shuttle stops.

Payment

The APA only accepts VISA, MasterCard, American Express, money order, or a check (in U.S. funds only), payable to the American Psychiatric Association. APA does not accept bank or wire transfers. Registrations will not be processed without proper payment. Mail your registration form with payment to:

American Psychiatric Association Annual Meeting
P.O. Box 418237
Boston, MA 02241-8237

Mailed and faxed forms will not be accepted after April 17, 2015.

Cancellation Fees and Refunds

All registration and/or course cancellation requests must be received in writing by **May 5, 2015** (see dates below for refund schedule) by the APA Office via fax: +1-703-907-1097 or email registration@psych.org. A confirmation will be sent once the request has been processed.

Fee will be refunded in the manner in which it was received. Refund policy and cancellation fees are as follows:

- Until March 20, 2015:** Full refund
- March 21 – May 5, 2015:** Refund less cancellation fee equal to 25% of total amount paid
- May 6, 2015 and Beyond:** No refunds

APA Gives Back – Annual Meeting Charity Program

In its sixth year, “APA Gives Back” provides an opportunity for the APA, its members and Annual Meeting attendees to support a community organization in the city where the Annual Meeting is held. Support this year’s program by making a donation to Covenant House Toronto. Covenant House serves as a crisis intervention center and provides residential, nonresidential and community support services, pastoral ministry, a runaway prevention program, meals, assessment and referrals, counseling, health care, housing help, as well as many other services. A family practice doctor and psychiatrist are on site. For more information, visit www.covenanthousetoronto.ca.



Registration Form



FAX: +1-703-907-1097

Fax/mail processing fee: \$10

Faxed/mailed forms will not be accepted after April 17, 2015



MAIL (with payment):

American Psychiatric Association
 Annual Meeting
 P.O. Box 418237
 Boston, MA 02241-8237

Early Bird Registration:

APA Members: December 2, 2014 – February 24, 2015

Nonmembers: December 16, 2014 – February 24, 2015

Advance Registration: February 25, 2015 – April 17, 2015

Late Advance Registration: April 18, 2015 – May 14, 2015

Attendee Information

FIRST NAME: _____ APA MEMBER #: _____

LAST NAME: _____ DEGREE: _____

ADDRESS: _____

ADDRESS: _____

CITY: _____ STATE/PROV.: _____ ZIP CODE: _____

COUNTRY (if outside U.S.): _____

DAY PHONE: _____ CELL PHONE (for meeting alerts): _____

EMAIL (mandatory for confirmation and meeting announcements): _____

NPI NUMBER: _____ NUMBER OF MEETINGS ATTENDED: First 1-5 6-10 11-15 16+

Spouse/Significant Other (if registering):

FIRST NAME: _____ LAST NAME: _____ DEGREE: _____

What Is Your Discipline?

- Psychiatrist
- Mental Health Advocate/Consumer
- Other MD/DO
- Resident – Year of graduation from residency _____
- Other Mental Health Professional
- Medical Student

What Is Your Primary Work Setting? (Check all that apply)

- Private – Group
- Private – Solo
- Community Mental Health Center
- Community Mental Health Center
- University/College
- VA/Federal Facility/Other
- Hospital
- Other: _____

Course Enrollment (Indicate course code found in the course brochure)

Registrant:

Saturday First Choice(s): _____ Alternate(s): _____

Sunday First Choice(s): _____ Alternate(s): _____

Monday First Choice(s): _____ Alternate(s): _____

Tuesday First Choice(s): _____ Alternate(s): _____

Wednesday First Choice(s): _____ Alternate(s): _____

Spouse/Significant Other:

Saturday First Choice(s): _____ Alternate(s): _____

Sunday First Choice(s): _____ Alternate(s): _____

Monday First Choice(s): _____ Alternate(s): _____

Tuesday First Choice(s): _____ Alternate(s): _____

Wednesday First Choice(s): _____ Alternate(s): _____

Payment Information

Registrant Registration	\$ _____
Registrant Courses	\$ _____
Spouse/Significant Other Registration	\$ _____
Spouse/Significant Other Courses	\$ _____
APA Honorary Fellow	\$ 0
Medical Student	\$ 0
Donation to APA Gives Back Donation	\$ _____
Fax/Mail Processing Fee	\$ 10.00

TOTAL PAYMENT: \$ _____

Daily

\$ _____ Sat. Sun. Mon. Tue. Wed.

Credit Card Number: _____

Exp. Date: _____ CID: _____

Printed Name on Card: _____

By signing below, I authorize charge of total payment.

Signature: _____



Group Registration Form



FAX: +1-703-907-1097

Fax/mail processing fee: \$10

Faxed/mailed forms will not be accepted after April 17, 2015



MAIL (with payment):

American Psychiatric Association
 Annual Meeting
 P.O. Box 418237
 Boston, MA 02241-8237

Early Bird Registration:

APA Members: December 2, 2014 – February 24, 2015

Nonmembers: December 16, 2014 – February 24, 2015

Advance Registration: February 25, 2015 – April 17, 2015

Late Advance Registration: April 18, 2015 – May 14, 2015

GROUP CONTACT PERSON/COMPANY: _____

ATTENDEE'S COMPANY: _____

ADDRESS: _____

ADDRESS: _____

CITY: _____ STATE/PROV.: _____ ZIP CODE: _____

COUNTRY (if outside U.S.): _____ PHONE: _____ EMAIL: _____

AMOUNT: \$ _____ CHECK NUMBER: _____

CREDIT CARD NUMBER: _____ EXP. DATE: _____ CID: _____

PRINTED NAME ON CARD: _____ SIGNATURE: _____

DUPLICATE AS NEEDED. Important – Please list the phone, fax and email address of the listed registrant, NOT that of the contact person.

Primary Registrant: Member: Yes No Member # (if applicable): _____

Registration Type: (No daily option available for *Resident-Fellow Members, Medical Students, or Honorary Fellows*; only Full Program rate available)

Full Program One-Day Registrant: Sat. Sun. Mon. Tues. Wed. Two-Day Registrant: Sat. Sun. Mon. Tues. Wed.

Resident-Fellow Medical Student Presenter Psychiatrist Presenter Non-Psychiatrist Presenter Honorary Fellow

Non-Physician, Non-Medical Student, Mental Health Chaplain, or Advocacy Group Member

FIRST NAME: _____ LAST NAME: _____ TOTAL FEE: \$ _____

EMAIL (mandatory for confirmation and meeting announcements): _____ PHONE: _____

CITY: _____ STATE/PROV.: _____ ZIP CODE: _____

*SPOUSE/SIGNIFICANT OTHER FIRST NAME: _____ LAST NAME: _____ TOTAL FEE: \$ _____

PRIMARY COURSE ENROLLMENT (LIST COURSE CODE(S)): _____

SPOUSE/SIGNIFICANT OTHER COURSE ENROLLMENT (LIST COURSE CODE(S)): _____

Primary Registrant: Member: Yes No Member # (if applicable): _____

Registration Type: (No daily option available for *Resident-Fellow Members, Medical Students, or Honorary Fellows*; only Full Program rate available)

Full Program One-Day Registrant: Sat. Sun. Mon. Tues. Wed. Two-Day Registrant: Sat. Sun. Mon. Tues. Wed.

Resident-Fellow Medical Student Presenter Psychiatrist Presenter Non-Psychiatrist Presenter Honorary Fellow

Non-Physician, Non-Medical Student, Mental Health Chaplain, or Advocacy Group Member

FIRST NAME: _____ LAST NAME: _____ TOTAL FEE: \$ _____

EMAIL (mandatory for confirmation and meeting announcements): _____ PHONE: _____

CITY: _____ STATE/PROV.: _____ ZIP CODE: _____

*SPOUSE/SIGNIFICANT OTHER FIRST NAME: _____ LAST NAME: _____ TOTAL FEE: \$ _____

PRIMARY COURSE ENROLLMENT (LIST COURSE CODE(S)): _____

SPOUSE/SIGNIFICANT OTHER COURSE ENROLLMENT (LIST COURSE CODE(S)): _____

***MEMBERS ONLY.** APA MEMBER BENEFIT. SEE PAGE 54 FOR DETAILS.

WRITTEN CANCELLATIONS MUST BE RECEIVED IN THE APA OFFICE BY MAY 5, 2015