

**New  
IAFAP  
Family Track!**  
See page 24 for info



**C4 Recovery Solutions**  
Conferencing **Con**vening **Col**laborating **Con**sulting

*in Collaboration with*



*Present*

*The 6th Annual*

# West Coast Symposium On Addictive Disorders

May 28-31, 2015

**La Quinta Resort & Club, La Quinta, CA**

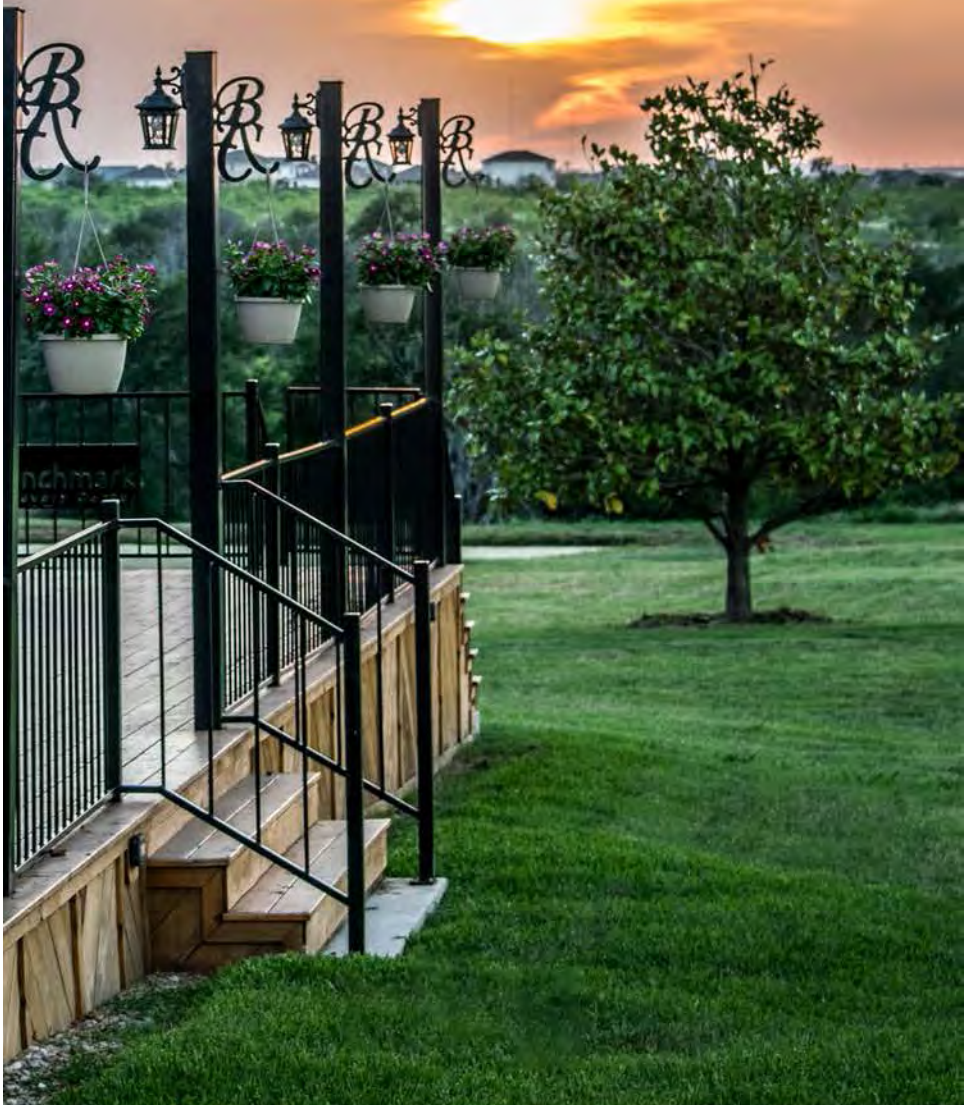


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# Welcome to the 6th Annual WCSAD Symposium

**NETWORKING. RELATIONSHIPS. RESULTS.**

**MAY 28 – 31, 2015**

C4 Recovery Solutions (C4) is honored present the 6th annual West Coast Symposium on Addictive Disorders. The mission of C4, a non-profit organization, is to improve the accessibility and quality of addiction treatment, and to promote long-term recovery solutions. C4 uses four Cs - Collaboration, Convening, Conferencing, and Consultation to achieve its goals. In addition to WCSAD, C4 operates three other premier addiction conferences – C.O.R.E. (Clinical Overview of the Recovery Experience), CCSAD (Cape Cod Symposium on Addictive Disorders), and aXis (addiction eXecutives industry summit). We invite you to explore our array of educational opportunities.

We are indeed grateful for the commitment and support of the organizations that have made WCSAD possible. The agencies represented range from local 12-step groups to national and international corporations, yet each focuses on providing support and assistance to people struggling with addictive disorders. Their continued support and involvement has enabled the Symposium to continue to offer the broadest, most challenging education at very cost-effective rates. We welcome you to become part of the C4 Recovery Solutions family.

C4 is excited to announce the debut of the International Association of Family Addiction Professionals here at WCSAD with over two days of family focused educational training. We offer a special debt of gratitude to our Collaborators as well as our Platinum, Gold, Silver, and Bronze Patrons, who with their generous support and underwriting, allow us to continue to provide you with the best return on your investment of time, energy and money.



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# Schedule of Events

## Wednesday, May 27

6:00 PM – 8:00 PM Registration—La Cita

## Thursday, May 28

Annual WCSAD Golf Tournament – Sponsorships Available!



*Register for the*  
**WCSAD Golf Tournament**  
**Thursday, May 28**  
**Shotgun Start at 7:30 a.m.**

**La Quinta Resort Mountain Course**  
Soaring Peaks and Challenging Play Elevate the Palm Springs Golf Experience. Famed for its unique Pete Dye design, playability and stunning visuals, this ultra-challenging course nestled at the base of the Santa Rosa Mountains features pot bunkers and rock formations, as well as incredible elevations of tee boxes and well-bunkered greens. Ascending to the top of the elevated tee box of the signature 16th enables you to fully appreciate the majesty of this course, named one of Golf Magazine's Top 100 You Can Play. Register online or complete the form located in the back of this brochure.

## PRE-SYMPOSIUM

### Thursday, May 28

7:30 AM – 5:00 PM

Registration — La Cita

2:00 PM – 5:00 PM

Exhibitor Set up

5:30 PM

Exhibit Hall Opens — Fiesta Ballroom

#### Pre-Symposium - Morning Workshops 8:30 AM – 12:00 PM

#### #100. Helping The Couple Recovering From Addiction/Alcoholism and Co-Dependency Thrive in the 21st Century

Beverly Berg, MFT, PhD

*Level of Instruction: All*

This workshop will clearly define somatic interventions that are effective to help the recovering codependent and their recovering addict/alcoholic partner move out of trauma, fear and mistrust and back to love and connection. Issues of unresolved betrayal, sexual difficulties, and chronic underlying resentment that are endemic to recovering couples are addressed through anecdotal evidence, demonstrations and experiential exercises.

#### #101. Letting Go of Resentment, Obliterating Harsh Self-Judgements, and Stopping Explosive Reactions: Simplifying the Complex Using DBT Tools and Other Strategies

Kristin Cuthriell, MEd, MSW, LCSW

*Level of Instruction: All*

C.S. Lewis said, "Getting over a painful experience is much like crossing the monkey bars. You have to let go at some point to move forward." Learning how to let go of resentment, obliterate harsh self-judgments, and stop explosive and impulsive reactions will improve our relationships and our health. Letting go will reduce our shame, increase our sense of purpose and passion, and prevent us from returning to harmful behaviors that stop our growth. In this presentation clinicians will learn tools to help themselves and their clients let go of resentment, harsh self-judgments, and explosive reactions. They will learn a simple approach to complex techniques and be moved by true stories that touch the human spirit.

#### #102. Wake Up Recovery - A Pathway to Recovery Coaching

Sherry Gaba, LCSW Certified Recovery Coach Certified Transformation Coach

*Level of Instruction: Introductory/Intermediate*

"Wake Up Recovery" combines the effective and powerful techniques of Cognitive Behavioral Therapy and Dialectical Behavioral Therapy with the client-centered philosophical underpinnings of Positive Psychology and the Law of Attraction. Wake up Recovery consists of ten action steps that galvanize the resourcefulness that is unique and inherent in every client so they can achieve a life of meaning, purpose and value that is free from addiction. Wake Up Recovery moves beyond the 12 Steps and is an excellent alternative for clients who are resistant to traditional 12 Steps programs.

# Schedule of Events

## Pre-Symposium – Afternoon Workshop 1:30 PM – 5:00 PM

### #125. Working with the Violent Offender

Brenda Westberry, MS

*Level of Instruction: Introductory/Intermediate*

This workshop is designed to identify and explore definitions and theories of violence and how individuals are affected by this life changing phenomenon. The impact of violence on victims, theoretical approaches and treatment of domestic violence and social factors which perpetuate intimate partner abuse. Areas discussed are family violence, peer group violence, sexual violence abuses of power, community violence and its impact on those in the human services field.

### #126. Adult Sibling Abuse Survivors & Substance Abuse

Nancy Kilgore, MS

*Level of Instruction: Intermediate*

Researchers estimate that well over 40 million adults are survivors of sibling abuse. This is a rare workshop that discloses the most underreported population of victims affected by what their sibling(s) did to them in childhood. Millions have adulthoods that have trauma, dysfunction, faulty coping skills and substance abuse. This hopeful, well organized & researched workshop fills the information gap about the a huge sector of our society. It has been designed to be an informative and an interesting educational tool & draws upon the latest research on sibling abuse, trauma and builds on neurodevelopmental sequelae in early childhood that are linked to answers for clients with a history of sibling abuse. Participants will acquire interactive e “proactive” knowledge through lecture, power point presentation, and “interactive” learning approaches with large group activities and small group breakouts.

## Hors d'oeuvres Reception: 5:30 PM – 7:00 PM



*Please come celebrate the opening reception of the 6th Annual West Coast Symposium on Addictive Disorders hosted by MedPro Billing with a delicious Hors d'oeuvre reception in the Fiesta Ballroom & Exhibit Hall*

## Opening Plenary: 7:00 PM – 9:00 PM

### #199. Novel Drugs of Abuse: Practical Assessment and Management

Brian Hurley, MD, MBA & John Douglas MD, MBA |  Supported by Silver Hill Hospital

*Level of Instruction: Intermediate*

This workshop will review the surge in use of new drugs of abuse, including cathinone derivatives (“bath salts”), synthetic cannabinomimetics (“K2 /spice”), piperazine derivatives (“Legal Ecstasy”), methoxetamine (“Legal Ketamine”), salvia divinorum, and mitragynine (“Kratom”). The proliferation of these novel synthetic psychedelic substances is driven by non-detection on routine toxicology and therefore represent an alternative for clients in monitoring programs. The workshop will introduce these drugs’ street names, subjective effects, and physical signs. The presenters will discuss developing a differential diagnosis when intoxication by these agents is clinically suspected in practice. General approaches to managing the effects of acute intoxication by one or more of these substances will be presented. This workshop will use a case real case example to illustrate clinical assessment and treatment options. Audience members will be invited to participate in a facilitated case discussion. This review has important implications for educators, clinicians, and policy makers.



## Friday, May 29

7:00 AM – 8:00 AM

7:30 AM



### Open 12 Step Meeting

#### Hospitality Area Opens — Exhibit Area #57

Coffee & Tea Available all day hosted by Sunspire Health

7:30 AM

7:30 AM – 8:30 AM

8:30 AM – 10:00 AM

### Registration Opens

#### Continental Breakfast in the Exhibit Hall

**Join TPAS at WCSAD:** Treatment Professionals in Alumni Services (TPAS) is dedicated to sharing proven best practices for supporting treatment center alumni in their recovery efforts. In the addiction treatment industry, there is much talk about Recovery Oriented Systems of Care (ROSC) that offer a comprehensive menu of services to meet our clients' needs. Alumni Services or Recovery Support Services are poised to be an integral part of this recovery paradigm conversation. Join the TPAS meeting and learn how alumni programming and activities can be integrated into the continuum of care at your treatment organization. Whether you already have an alumni program or are thinking about starting a program, take advantage of this opportunity to network with your alumni professional colleagues and Leonard Bade, Board Member of TPAS.

### Friday All Day Session: 8:30 AM – 5:30 PM

#### #200. SAP Qualification and Requalification Training (DAY 1 OF 2—MUST COMPLETE DAY 2 on Saturday)

Steven Garnham, MEd, LEAP, LAP-C

*Level of Instruction: Introductory/Intermediate*

Effective January 1, 2004, before you can serve as a Substance Abuse Professional under the D.O.T. Regulations, you must have received 12 hours of qualifying training and then pass a qualifying examination. In addition, those qualified as SAP's must complete 12 hours of continuing education relevant to the SAP function, including recent updates in the regulations. This course contains the latest information.

### Friday Morning Plenary 8:30 AM – 10:00 AM

#### #210. Science To Serenity

Al Mooney, MD, FASAM, ABAM, FAAFP |  Supported by Willingway

*Level of Instruction: Introductory/Intermediate*

Addiction is the number one health problem in the United States. Science shows there are effective solutions to addiction, as well as methods that can help people live in long-term recovery. In this session, we will cover three enduring principles of addiction science that are often neglected in clinical programming: 1. The addictive risk of mood-altering drugs, including a discussion of the major categories of drugs. 2. How tolerance and dependence impact addiction symptomatology, treatment and recovery. 3. The limitations of pharmaceutical interventions.

#### #211. Shake It Up: Skill Building for Adolescents with Eating Disorders (Part of the Rosewood Eating Disorder Track)

Dena Cabrera, Psy.D |  Supported by Rosewood Institute/Rosewood Centers for Eating Disorders

*Level of Instruction: Intermediate*

In the land of technology and social media, capturing the attention of teens can be a daunting and difficult task. This workshop will broaden and assist professionals on how to teach DBT skills and other creative coping skills to adolescent individuals and groups in a user-friendly and fun way. The goal is that teaching coping and social skills will help improve emotional and behavior functioning, family relationships, and quality of life. DBT skills and therapeutic activities will be taught in a way that have been adapted for adolescents to understand and use to improve overall functioning. Goals for this workshop are to help professionals understand individual and group dynamics such as resistance which is very common with eating disorders. Participants will learn ways improve teens' motivation and improve participation of learning skills and practicing the skills by teaching basic psychodrama techniques, role-playing, and hands-on activities.


# Schedule of Events

**Morning Break Hosted by C4 Recovery Solutions 10:00 AM – 10:45 AM**



**Friday Mid-Morning Workshops: 10:45 AM – 12:15 PM**

**#225. Deadly Competition: Eating Disorders and Athletes (Part of the Rosewood Eating Disorder Track)**

Megan Kniskern, MS, RD, CEDRD & Lauren Anton, MS, RD, CPT |  **Supported by Rosewood Institute/ Rosewood Centers for Eating Disorders**

*Level of Instruction: Introductory*

Exercise is a necessary part of balanced living and research has demonstrated its impact on the reduction of depression; how could there be a concern with too much exercise? Athletes who perform at high levels, in intensely competitive environments, may feel pressure to follow very strict regimens around nutrition and training in order to be able to perform at peak capacity. As awareness regarding eating disorders prevalence has increased, so has the ability to identify dangerous behaviors in both competitive athletes and others who practice harmful rigorous exercise routines. It can be difficult to identify and assess for dangerous behaviors, which can lead to serious health concerns. This presentation will discuss how to identify harmful exercise practices in those we work and review the differences in nutrition recommendations for athletes along with how to create a balanced relationship with exercise when struggling with an eating disorder.

**#226. Understanding Family History and the Link to Schizophrenia and Addiction**

Benjamin Brafman, LMHC, CAP, MA |  **Supported by Destination Hope**

*Level of Instruction: Introductory/Intermediate*

Family history plays a significant role in the prevalence of addiction and thought disorders like Schizophrenia. As we discover more about the brain, we are seeing stronger links between genetics and the family environment to behavioral health disorders. We'll discuss the genetic and family dynamic components that relate to addiction and schizophrenia, the realities of this diagnosis, how families are involved and the need to break down the stigma associated with it.

**#227. Resentments: Grasping at Hot Coal**

Joseph Pereira, MSW LICSW CAS

*Level of Instruction: All*

The title of this workshop comes from a saying of the Buddha: "Holding onto anger is like grasping a hot coal with the intent of throwing it at someone else. You are the one who gets burned." Resentments affect our emotional well-being and are destructive to our relationships. Addressing resentment is an important component of 12-step work. This workshop will consider resentment from a clinical treatment perspective. It will look at the following: 1) dynamics of resentment; 2) how resentments are created; 3) the "secondary gains" of having resentments and; 4) how to address resentment including the role of forgiveness. The workshop will include didactic material, case presentation and group exercises.

**#228. Family-Centered Treatment: Challenges and Lessons Learned**

April Wilson, RAS, Holly Child, PhD, & Dara McIntyre, MS

*Level of Instruction: Introductory/Intermediate*

Often, substance abuse treatment programs focus solely on the parent(s) experiencing the substance abuse. However, the benefits of involving children and family members in substance use treatment are clear. The implementation of a new demonstration program at Prototypes, funded by Children's Bureau, called Healthy Children Strong Families, focuses the development of new activities and tools to engage additional family members and provide services for children to increase positive treatment outcomes. This comprehensive, trauma-informed intervention treatment program provides and sustains ongoing safety, permanency and well-being, as well as strengthens the parent-child bond and minimizes the risk of child abandonment or placement in foster care. The presentation will also share programmatic and/or administrative challenges, and describe the development and sharing of a Family Care Coordination (FCC) document - a form used to summarize family treatment needs and goals to be shared across collaborating providers.

## #229. Why Are Families Relevant To Addiction - A Deeper Look at Origin, Treatment, and Prevention (Part of the IAFAP Family Track)

Judith Landau, MD, DPM, LMFT, CAI, CIP, BRI II | [Supported by ARISE Intervention](#)

*Level of Instruction: Introductory/Intermediate*

The family is our integral unit of resilience and survival in times of stress. Disruption of families by trauma and stress precipitates major problems, e.g., addiction, PTSD, serious physical and mental illness. Connectedness or attachment to family and culture of origin correlate with reduced risk-taking behaviors and violence. Facilitating family, cultural and community ties can therefore be protective against effects of trauma. The ARISE Intervention and Continuing Care mobilize the support system to be an effective agent of survival and long-recovery for individuals, families and communities. Family dynamics and research studies will illustrate the effectiveness of the model.

## #230. Chronic Disease Prevention, Intervention, and Management for Addiction

Raymond Tamasi, M.Ed., LCSW | [Supported by Gosnold on Cape Cod](#)

*Level of Instruction: All*

Addiction treatment has been delivered in “program” models designed with discrete clinical elements that begin and end in a segment of time. Patients and families have come to believe that a proscribed term of treatment will result in a rehabilitated loved one. This model, termed the “acute care paradigm” contradicts the chronic nature of addiction and perpetuates the myth that some fixed amount or duration of treatment will resolve the problem. It is time for a new vision that addresses addiction as the chronic disease it is. This workshop will describe an approach that incorporates prevention, early intervention, and extended engagement with traditional models of care to create a seamless, integrated system of care that more effectively enables patient care and produces more favorable long term outcomes.

## #231. Working with LGBT Clients Who Suffer from Addiction: An LGBT-Affirmative Approach, What Mental Health Workers Need to Know

Lauren Costine, MA

*Level of Instruction: Advanced*

Living and growing up LGBT in a world that negates, devalues and demonizes same-sex love and gender variance is very traumatizing to the LGBT person's sense of self. To recover from the trauma of growing up in a heterosexist world and to get the most out of their life, LGBT people—and their support systems—need LGBT-Affirmative Psychotherapy to heal. While studies show that LGBT folks suffer from addictive disorders at higher rates than their heterosexual counterparts, most treatment centers and professionals, unwittingly, do not have the knowledge or training to address these individual's unique issues. The LGBT-Affirmative approach enables LGBT mental health workers and their patients and clients to address their addictions in order to start living a life of solid and empowering sobriety. This is achieved by addressing & deconstructing any & all negative myths & messages about LGBT people—actively affirming that not only is there is nothing inherently wrong with being LGBT but that these sexual orientations & gender identities are a beautiful and special way to be in the world. Learn what you can do to provide LGBT affirmative psychotherapy & support to LGBT clients & their relatives, family members, friends and co-workers—and why LGBT-friendly psychotherapy is not enough.

### WCSAD Welcomes Service Animals



All service animals are welcome at WCSAD but must have visible indication/work vest and documentation at the ready. Service animals are welcome in common areas and at conference-related workshops and events.



# Schedule of Events

## Friday Luncheon Plenary: 12:15 PM – 1:45 PM



**Join us for a delightful complimentary luncheon and discussion hosted by C4 Recovery Solutions and International Association of Family Addiction Professionals (Pre-registration required)**

### #250. The Family as the Client (Part of the IAFAP Family Track)

*Claudia Black, PhD*

*Level of Instruction: All*

It has been said that “addiction is the gift that goes on giving, giving, and giving,” and it does so generationally. Sadly that is obvious as we see not only addiction repeat itself within families, but we see the negative impact on family members as they stay in a reactive response that becomes generalized to all areas of their lives. Beginning with a genogram, Claudia will give a portrait of addiction in the family, offering an overlay of how adverse child experiences, emotional abandonment and blatant violence are the foundation of traumatic responses. When family members experience recovery they move from a life of script to one of choice. This recovery can occur whether or not the addicted experiences recovery and it can occur long past living within the immediate environment of active addiction. This workshop will offer clinical considerations working with both partners and children, young and adult age.

## Friday Early Afternoon Workshops: 1:45 PM – 3:15 PM

### #251. Out of the Box: Using Games, Initiatives and Trust Building Exercises as Motivators for Change in Recovery

*Cheryl Musick | ☞ Supported by The Rosewood Institute/Rosewood Centers for Eating Disorders*

*Level of Instruction: All*

Academic research and experience demonstrate that Adventure Programming is a catalyst for positive therapeutic change. It is also a unique and energizing way to enhance insight and involvement in settings and achieving goals within a cooperative environment. A non threatening context creates opportunities for problem solving, relationship building, and mastery skills. And, helps individuals get out of their heads and into their senses! Participants will engage in fun and challenging games/learning activities, and explore the metaphorically rich meanings of these experiences. Tools for clinical practice will be provided that are applicable for working with individuals, groups and families.

### #252. Bipolar Borderline Substance Abuse - Treating the Most Difficult Cases

*Debra Meehl, DD | ☞ Supported by Meehl Foundation*

*Level of Instruction: All*

Bipolar, Borderline and Substance Treating the most difficult cases: Will be an interactive presentation on using Dialectical Behavior Therapy, and the latest scientific research on SPECT imaging and medication for substance abuse using case examples, open questioning and interactive demonstrations. Case examples will be used to demonstrate the effectiveness of DBT in treating mood and personality disorder with co-occurring substance abuse.

## WCSAD Program Goals & Objectives

**GOALS** – to increase participants’ awareness, knowledge and skills related to effective substance use or abuse prevention, treatment and recovery, program administration and system development.

**OBJECTIVES** – participants will be able to: apply clinical skills from a broad range of professional core functions including assessment, therapeutic approaches; cite advances in the addiction field resulting from research and practice innovations; and discuss key issues such as cultural diversity, gender issues, sexual orientation and age-specific differences in relation to clinician/client interaction.

**#253. Boomers and Addiction: Igniting Spirituality in Recovery**D. John Dyben, DHSc, CAP, CMHP |  Supported by Hanley Center at Origins*Level of Instruction: Intermediate*

The demographic makeup of the US is changing with a shift towards a growing elderly population. With Baby Boomers moving into retirement, trends in substance abuse and addiction amongst aging Americans are increasing at alarming rates. Explore with Dr. John Dyben the unique issues of substance abuse and treatment as they relate to Boomers and older adults. How is chronic pain managed when Boomers expect a Quick Fix? Life stressors and dual diagnoses are challenges often met with polypharmacy. To engage Boomers in their own treatment is a key to sustained recovery, but how do we do it? Learn the dynamics of spiritually focused outcomes that are a driving factor behind many Baby Boomers' pursuits in recovery.

**#254. Substance Abuse Treatment & Confidentiality: A 42 CFR Primer**Tom Buckles, MBA PhD |  Supported by New Creation Behavioral Healthcare Foundation*Level of Instruction: Introductory/Intermediate*

In every substance abuse treatment environment, protecting confidentiality is critical. Confidentiality is governed by Federal law 42 U.S.C. § 290dd-2 and Regulations 42 CFR Part 2. This seminar will outline the limited circumstances a client's treatment information may be disclosed with and without the client's consent. Two key issues will be addressed: (1) When is 42 CFR Part 2 is applicable? and (2) How to legally access information about substance abuse treatment.

**#255. Addressing Resistance and Denial in the Family System (Part of the IAFAP Family Track)**Alana Smith, LCSW |  Supported by Vista Taos Renewal Center*Level of Instruction: All*

The extent to which family dynamics impact addiction and recovery cannot be over emphasized. Effective addictions treatment often begins with, includes, and follows up with family therapy. The family system often times presents with its own resistance and denial that will need to be addressed in order to effectively address the addiction issues.

**#256. How Twelve Steps Heal Trauma**Ronald Smith, MD, PhD |  Supported by SoberWay*Level of Instruction: Intermediate*

This Lecture concerns the origin of psychological distress or "trauma" from birth, through life, and during combat. The psychodynamic parallels of the Trauma of birth (Otto Rank) the Trauma inherent in growing up in an alcoholic home (Bradshaw), and the Trauma of combat (Sir Wilfred Bion) are elucidated. The healing aspects of Twelve Step meetings are discussed with reference to psychological development and maturational processes of recovery.

**#257. Maximizing the Use of Urine Drug Testing in the Treatment of Addiction**Steven Passik, PhD, Kenneth Kirsh, PhD & Andrea Barthwell, MD |  Supported by Millennium Health*Level of Instruction: Advanced*

In this workshop, Drs. Kirsh and Passik will describe clinical approaches to urine drug testing that incorporate the latest empirical research and recommendations from consensus guidelines. Specific studies examining the differences in accuracy of point of care testing and laboratory testing will provide a springboard to understanding how to design a UDT protocol that balances the costs and benefits of each. Additionally, new research on how to incorporate UDT results into counseling interventions will be described.

**Afternoon Break Hosted by C4 Recovery Solutions 3:15 PM – 4:00 PM**

# Schedule of Events

## Friday Late Afternoon Workshops: 4:00 PM – 5:30 PM

### #275. The Deception of Immobilizing Fear – Application of ERP Interventions in the Treatment of Eating Disorders and Comorbid Conditions (Part of the Rosewood Eating Disorder Track)

Hunter Taylor, PhD & JoAnne Shapiro |  Supported by Rosewood Institute/Rosewood Center for Eating Disorders  
*Level of Instruction: Intermediate*

Exposure Therapy targeting core symptoms often experienced by individuals with eating disorders are key to recovery success and the goal of re-establishing normal eating patterns especially as related to body image, anxiety and food fears. The presenter will provide an overview of several key symptoms that hold eating disorders in place and discuss their origins. Exposure interventions as they relate particularly to the adolescent patient will be reviewed and case examples of application provided. ETRP Tools will be provided that can be utilized with patients/clients.

### #276. If Not This Way Then That Way: 12-step, SMART Recovery and Other Evidence-based Ways to Change Practical Recovery

*Level of Instruction: Advanced*

When clients choose their own recovery approach they are likely to be more motivated to adhere to the approach and be successful. Providers may privilege one approach over others, based on personal success or for other reasons. Today, there are several evidence-based approaches to recovery which are substantially different from one another. Fully informed clients may combine these approaches in novel ways. This presentation will demonstrate how novel approaches may be combined. It is important to note, the presenters were trained in different approaches to treatment and recovery. They have discovered the power of being open-minded about “what works” in treatment. They offer this presentation in the hope that other providers be energized by the possibility of combining approaches. Presentation will focus on discussion of case examples of blended and atypical recovery approaches, and how to develop backup plans for client safety.

### #277. Re-Intervention: Assisting Clients in Committing to Transitional Care

Dirk Eldredge, CADC-I, BRI-I, CIP |  Supported by Jaywalker Lodge

*Level of Instruction: Intermediate*

Challenges abound for counselors and family members in working with clients who need extended care or sober living following a “successful” intervention and residential treatment episode. Often, once a loved one has agreed to enter a residential treatment program, the immediate crisis subsides and family members can experience complacency and a false sense of security. However, a client’s willingness to engage in transitional living and/or residential aftercare following treatment can often spell the difference between near-term relapse and long-term recovery. For many counselors, the process of “re-intervention” begins as their clients wrestle with a recommendation for halfway house, sober living or transitional programs following primary treatment. At this point, new resolve, new strategies and renewed communication among all parties are all essential to persuade a reluctant and newly sober patient to take the steps necessary to ensure long term recovery.

### #278. Addiction and Trauma: The Perfect (Brain) Storm

Doug Davies, MD, ASAM |  Supported by The Refuge

*Level of Instruction: Intermediate*

This presentation will explore the physiological side of addiction and how drug and alcohol addiction are truly brain illnesses that change the brain in fundamental and lasting ways. Dr. Davies will explore how addiction is now considered a chronic medical problem affecting the brain similar to hypertension and diabetes; effecting the basic chemical makeup of the human brain and how it functions. He will also address the necessary principles of successful treatment including: treatment of psychiatric disorders, addressing traumatic events of childhood & the past, utilizing 12 step principles, becoming aware of triggers that are hard wired in the brain and learning new methods of coping with real life such as meditation and breathing techniques.

### #279. The Integration of Family Medicine and Addiction (Part of the IAFAP Family Track)

Judith Landau, MD, DPM, LMFT, CAI, CIP, BRI II, AI Mooney, MD & Roy Smith, MD |  Supported by ARISE Interventions, Willingway & Pavillon

*Level of Instruction: Intermediate*

The changes in health care have highlighted the growing need for primary care physicians, clinicians and counselors to diagnose and treat a range of problems previously addressed by specialists. Given that less than 5% of the people in need of addiction treatment receive it, primary care providers are in a key position for prevention, early diagnosis and aftercare, with the potential to decrease morbidity, mortality and cost. The “trust and partnership” that exists between primary care clinicians, patients and families is a key argument for expanding the role of primary care clinicians in screening for early disease detection, managing chronic diseases, and coordinating



care among all those involved in providing patient services. In this era of managed care, the primary care clinician's responsibility is expanding. As the gatekeeper charged with ensuring the provision of comprehensive care, the primary care clinician will almost certainly provide some type of alcohol- or other drug-related service. Basic skills in identifying and diagnosing patients who are chemically dependent will become essential. In addition, it is crucial to become aware of the impact of addiction on other family members, as their increased use of primary care services may be an early warning sign of addiction in other family members. Clinicians in areas with limited substance abuse resources may be responsible for assessments, while those trained in addiction medicine may be providing a range of treatment services. Primary care providers are familiar with the medical complications of substance abuse, the complexity of dual or multiple diagnosis and the conditions frequently underlying the use of substances. Regardless of how extensively involved these clinicians become, they are able to relate these problems to other comorbid illnesses and will be better equipped to deliver adequate care and make informed referrals. This panel will discuss the integration of addiction issues into a family medicine/primary care practice, managing alcoholism and addiction as well as their risks and care in the medical home.

## #280. Medication Assisted Treatment: Why Now is Necessary

Jonathan Horey, MD |  Supported by Sunspire Health

*Level of Instruction: All*

Dr. Horey will discuss the pros and cons of medication assisted treatment (MAT) and the role of MAT in the modern, evidence-based treatment of addictive illnesses. Trends in addictive illnesses across the country will be reviewed and MAT will be presented in light of these trends. Specific medications and treatment methods will be explained and ways of integrating MAT into a comprehensive treatment program will be discussed. He will also discuss the evolving understanding of addiction as an illness and will compare and contrast addictive illnesses to other chronic and acute medical illnesses.

**Friday Evening Plenary: 5:30 PM – 7:30 PM**

## #299. Prayer for Compassion—Collaboration Between Eastern and Western Medicine Traditions in the Treatment of Addictions

Terry Eagan, MD |  Supported by Monte Nido & Affiliates Eating Disorder Treatment Programs

*Level of Instruction: Introductory/Intermediate*

Dr. Eagan will present a didactic/experiential workshop for ninety minutes about the necessity of compassionate hearts in the integration of Eastern and Western Medicine traditions for the treatment of eating disorders. As we ask our patients to “explore a new narrative” as they navigate the turbulent waters of cultural messages and the recovery process, so too must clinicians be willing to “explore a new narrative” regarding our beliefs and understandings of varying medical traditions as we navigate the psycho-spiritual issues of suffering people. It is when we can truly be “open” with compassionate hearts and non-judgmental minds that we afford the sincere truth of healing to be expressed. Clinicians must not only bear witness to the struggles of those in our care, but must be willing to “cross over” into a broader understanding about what constitutes a patient’s addiction or eating disorder as well as what’s necessary for their healing.

## Saturday, May 30

7:00 AM – 8:00 AM

7:30 AM



**Open 12 Step Meeting**

**Hospitality Area Opens — Exhibit Area #57**

Coffee & Tea Available all day hosted by Sunspire Health

7:30 AM

**Registration Opens**

7:30 AM – 8:30 AM

**Continental Breakfast in the Exhibit Hall hosted by Coast to Coast Medical Solutions**



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## Saturday All Day Session: 8:30 AM – 5:30 PM

### #200. SAP Qualification and Requalification Training (DAY 2 – MUST HAVE ATTENDED DAY 1)

Steven Garnham, MEd, LEAP, LAP-C

*Level of Instruction: Introductory/Intermediate*

Effective January 1, 2004, before you can serve as a Substance Abuse Professional under the D.O.T. Regulations, you must have received 12 hours of qualifying training and then pass a qualifying examination. In addition, those qualified as SAP's must complete 12 hours of continuing education relevant to the SAP function, including recent updates in the regulations. This course contains the latest information.

## Saturday Morning Plenary: 8:30 AM – 10:00 AM

### #310. Challenges of Treating Addiction in Women: Complex Co-occurring Disorders and Medication Management

Kim Dennis, MD, CEDS |  Supported by Timberline Knolls Residential Treatment Center

*Level of Instruction: All*

Addiction is on the rise among women in America today. A recent report indicated that one in four women in the United States today is taking some type of prescription psychiatric medication. It is thought that the number is even higher among women living in urban areas. Whether anti-depressants, anxiety aids or sleeping pills, the use of such psychiatric medications among women is escalating at a rapid rate. Accordingly, so is the incident of addiction in the female population. During this presentation, Dr. Dennis will review the standard definition of addiction and discuss its prevalence in this important population. The etiology of addiction in women will be reviewed as well as assessment tools and treatment interventions. Lastly, Dr. Dennis will share the various obstacles to treatment that women often face and some practical recovery resources and tools outside of treatment.

### #311. The 50% with Axis II: Handling Co-occurring Borderline and Narcissistic Personality Disorders (Part of the Rosewood Eating Disorder Track)

Dena Cabrera, Psy.D. |  Supported by Rosewood Institute/Rosewood Centers for Eating Disorders

*Level of Instruction: Intermediate*

Borderline and narcissistic characteristics often contribute to the development and maintenance of eating disorders and especially complicate the treatment of eating disorders. This workshop defines the underlying borderline and narcissistic wounds commonly seen in patients with eating disorders. Moreover, we will undertake an exploration of how these deep wounds arise and affect neurobehavioral and emotional functioning in conjunction with eating disorder behavior. The main focus of this workshop will be on how professionals can help individuals so wounded to heal, utilizing identity and body image treatment, as well as DBT skill work.

## Morning Break Hosted by C4 Recovery Solutions 10:00 AM – 10:45 AM



## Saturday Mid-Morning Workshops: 10:45 AM – 12:15 PM

### #325. Mirror, Mirror?.....Techniques for Treating and Healing Body Image Distortions (Part of the Rosewood Eating Disorder Track)

Cheryl Musick, Eagala Advanced Certified |  Supported by Rosewood Institute/Rosewood Centers for Eating Disorders

*Level of Instruction: All*

Low self-worth is a common thread among individuals struggling with eating disorders, depression and addictions. And, body image disturbances are strongly linked to self-esteem. Body image distortion can be a challenge to overcome and are often one of the last symptoms to heal in the recovery process from eating disorders. This workshop will define body image, review the origins of self-esteem, and the variables that contribute to body image development i.e.: cultural mandates and consumer culture influences. Body Image tools and interventions to aid in the treatment of eating disorders, while considering co-morbid conditions will be provided. An entertaining and informative body image experiential will be included. Attendees will receive take home tools to apply in their work with clients/patients.



# Schedule of Events

## **#326. Addiction, Social Networking, and Our Youth - Emerging Drugs and Online Dangers**

Heather Hayes, M.Ed., LPC, BRI II |  Supported by Origins Recovery Centers

*Level of Instruction: Introductory/Intermediate*

In an adolescent and adult climate where the majority of information exchanged is filtered through a social networking app and a handheld device, it is more critical than ever that parents do their due diligence with regard to staying connected to their children and staying on top of the latest drugs of choice. While history and research clearly tells us that adolescents will push virtually every boundary they encounter, the advent of advanced technology and nearly unbridled access to information has paved the way for some terrifying behavior and downright deadly emerging drugs. From the cinnamon challenge to injecting Bath Salts, adolescents are in dangerous waters and parents need to be armed with the latest information, the proper tools, and a commitment to staying involved.

## **#327. 12 Step Psychodrama: Exploring and Releasing Shortcomings Through Action**

Jean Campbell, LCSW, CET III, TEP, & James Tracy MA, DDS, LAADC, BRI II, CADCI, CET II

*Level of Instruction: All*

In order to let go of our shortcomings, we first have to be able to identify them and become entirely ready, and then humbly ask our Higher Power to remove them. But what if our history of trauma makes it difficult to do one - or both - of these? In this didactic and experiential workshop, we will explore how the use of 12-Step Psychodrama can facilitate that process in a concrete and more effective way.

## **#328. Marijuana Use, Attachment Style, and Effective Treatment Planning**

John O'Neill, LCSW, LCDC, CAS, CART |  Supported by The Menninger Clinic

*Level of Instruction: Intermediate/Advanced*

This workshop will provide the framework for understanding the unique attachment styles of marijuana users in order to effectively develop treatment plans. Addiction professionals are challenged by shifting attitudes about marijuana that often lead to difficulties engaging them in recovery efforts. Understanding the unique attachment style of marijuana users can assist the clinician with developing a tailored plan for each unique client. The workshop will provide foundational research on attachment and substance use, explore the current challenges facing addiction professionals working with marijuana users, and provide assistance in developing effective treatment plans.

## **#329. Addiction, Attachment, and Couple's Counseling (Part of the IAFAP Family Track)**

Jim Thomas, LMFT, ICEEFT EFT Trainer, Approved Supervisor AAMFT |  Supported by Colorado Center for Emotionally Focused Therapy

*Level of Instruction: Intermediate*

An attachment lens coupled with an evidence-based couples therapy, EFT, is presented. Approaching couples and families from this perspective can result in both loving effective interventions, support for couples where one or both are early in recovery and for healing wounds often caused by addictive behaviors and processes. We will explore addiction as an attachment disorder. The neurobiology of addiction and how it hijacks the attachment system. And how to activate and leverage the inherent attachment needs of both the addictive person and their spouse or loved ones in treatment.

## **#330. Using the DSM-5 for OATS: Outcomes & Assessment-informed Treatment**

Norman Hoffmann, Ph.D.

*Level of Instruction: All*

The dimensional and severity emphasis of the DSM-5 suggests the need for more detailed diagnostic documentation, but it is not just the symptom count that may be the most important - the pattern of positive criteria may be critical to prognosis. Data from more than 7,000 adults and 1000 adolescents suggests that not all the criteria are equal in their clinical and possible prognostic implications. The DSM-5 also clearly defines sustained remission - no positive diagnostic criteria other than craving for 12 contiguous months. The argument will be made that remission, not recovery, is what treatment programs are paid to accomplish. The presentation will cover linking assessment data with treatment response and initial outcomes that should already be in the standard clinical record for improving treatment effectiveness. Strategies for using outcome data for a variety of objectives will also be addressed.

## #331. Sex and Love Addiction and Trauma in the LGBT Community

Jeff Zacharias, LCSW, CSAT, CAADC, BRI-I, RDDP

*Level of Instruction: All*

Trauma, whether a singular event or more insidious multiple events, are commonplace in today's society. Trauma is a consistent occurrence amongst those who report as having sex and love addiction. Trauma within the LGBT community is almost a given and ranges from homophobia to rejection during the coming out process to religious abuse in the church and all points in between. With unprecedented visibility in the LGBT community comes heightened awareness of issues impacting the community. Rates of addiction in the LGBT community are estimated at over 40% of individuals being impacted by some form of addiction whether to substances/addiction or process addictions such as sex and love. This workshop will look at addiction - more specifically sex and love/relationship addiction - in the LGBT community and the interplay of trauma and attachment disorders on these issues.

### Saturday Luncheon: 12:15 PM – 1:45 PM



*Join us for a delightful complimentary luncheon and discussion hosted by Rosewood Institute/Rosewood Centers for Eating Disorders*

## #350. Why Do I Have to Change? It's Them! Systemic Approaches with Wounded Families (Part of the Rosewood Eating Disorder Track)

Kenneth Perlmutter, PhD |  Supported by Rosewood Institute/Rosewood Centers for Eating Disorders

*Level of Instruction: All*

Families with members who require intensive treatment often manage their suffering and anxiety by unconsciously relying on the apparently sick member(s). Clinicians can promote system change and healing by exploring this setup along with an examination of the system's secrets, rituals, rules, assumptions and beliefs. Although research shows that family treatment will produce significantly better outcomes, these wounded families provoke blame, powerlessness and discomfiting emotion in clinicians attempting to engage them. Therefore our counter-transference must be managed and understood lest we reinforce the identified patient structure and pass up powerful change opportunities. This workshop will describe a "bag of tricks" for engaging members of wounded family systems as well as describe strategies to manage clinicians' internal experience (counter-transference). An overview of wounded family systems and the speaker's model of Stress-Induced Impaired Coping will also be provided.

### Saturday All Afternoon Workshops: 1:45 PM – 5:30 PM

## #351. Interventions: An Autopsy of Intervention Practices with Panel and Audience

Keith Fierman, CADC, BRI 11, Jeff Jay, Donna Markus, Brian Moore, & Nanette Zumwalt, CADC, CCIP, BRI II CIP

|  Supported by Cirque Lodge & Hired Power

*Level of Instruction: Intermediate*

This workshop is an in depth look at case studies from interventionist across the country. It will encompass cases of addiction and mental health clients. We will look at the how to: what went well and what went wrong. Even with the best preparation & training working with clients and families presents challenges. This will create opportunities to reflect with transparency within our work. We will review the industry standards for interventionist. This will be an interactive workshop expecting audience participation. Feel free to bring in a case study to present to the panel for discussion.

## #352. Trends, Truths, & Travesties: The Real Scoop on Food Allergies and Intolerances (Part of the Rosewood Eating Disorder Track)

Megan Kniskern, MS, RD, CEDRD & Miriam Anand, MD, FACP, FAACAI |  Supported by Rosewood Institute/Rosewood Centers for Eating Disorders

*Level of Instruction: Introductory/Intermediate*

Unfortunately, there is a lot of misleading information about food allergies and food intolerances available to the public, and sometimes even medical professionals may not have a true understanding of how to assess and diagnose food allergies. If a comprehensive approach to the issue is not taken, often times recommendations are made to eliminate foods or groups of foods in order to "see" if that may resolve the issues. Of

# Schedule of Events

further concern, is when non-evidence based testing methods are used and patients are given a list of foods of which they now must avoid due to having an “allergy.” These types of diagnoses can be very damaging to patients with eating disorders, causing them to limit their diet even further than they may have been doing previously. It also creates a further food fear that can be very difficult to overcome.

## #353. What Lies Beneath? The Trauma Continuum

Adrian Hickman, PhD, LPC, LMFT, LADAC, CSAT-S, CMAT, CTT, EMDR I |  Supported by Capstone Treatment Center

*Level of Instruction: Intermediate*

This presentation focuses on the role of trauma in addiction development and recovery failure. Trauma and its toxic shame messages create an “unsolvable” problem of unworthiness and unlovability that is often “solved” with chemical or behavior abuse that medicates the symptom but worsens the cause. Big T, Little T, and Chronic T traumas all come with toxic shame messages that are often more damaging than the trauma itself. This session will teach a conceptual template for identifying a client’s self-sabotage patterns that underpin chronic relapse cycles. Therapeutic interventions, including Canine Therapy, Family Therapy, and experiential metaphors in Adventure Therapy will be highlighted.

## #354. Older Adult Addiction and Co-Addiction in a Modern World

Jamie Huysman PsyD, LCSW, CAP & Barbara Krantzler, DO |  Supported by Caron Treatment Centers

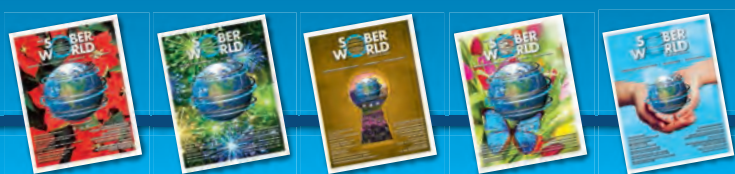
*Level of Instruction: Introductory/Intermediate*

Join longtime behavioral health advocates, Dr. Jamie Huysman and Dr. Barbara Krantz for a critical exploration of the need for senior care providers and case managers to understand and be able to address the underlying issues of senior addiction, co- addictions and caregiver relapse. Dr. Jamie will provide a framework for identifying situational ‘red flags’ in order to implement early warning interventions and offer tools for handling crisis situations. Dr. Krantz will discuss unique implications of treating older adults with substance use disorders and co-occurring problems. The presentation will also explore ways for senior care professionals to guard against the need to ‘escape’ from secondary trauma and the stressors of attempting to meet all the needs of seniors and their families. Finally, the importance of raising awareness and establishing culturally sensitive protocols to manage senior addiction in long term care settings will be discussed.

## THE SOBER WORLD

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## #355. Integrating Dialectical Behavior Therapy with the Twelve Steps: A Non-Pharmacologic Approach to Managing Emotion Dysregulation in Addiction Treatment

Osvaldo Cabral, MA, LPC, CAC III & Bari Platter MS, RN, CNS | [Supported by CeDAR](#)

*Level of Instruction: Intermediate*

This presentation focuses on non-pharmacologic approaches to manage emotion dysregulation in early and on-going recovery. The presentation uses segments from the curriculum “Integrating Dialectical Behavior Therapy (DBT) with The Twelve Steps” incorporating evidence-based therapies DBT and Twelve Step Facilitation (TSF). The presentation aims to strengthen the clinician’s understanding of these two practices and become proficient in some of the newly developed skills within this curriculum.

## #356. Empowering Family Healing Using Art and Music (Part of the IAFAP Family Track)

Suzanne Brent, PhD, LMFT, MAC, LCDC, BRI II, & Patricia Colangelo, MA

*Level of Instruction: All*

Addiction occurs in the reptilian brain and impacts the limbic system. This same dynamic affects family members. Using the medium of Carl Jung’s mandala the participants will work to create both an individual connectedness to self and a collective wholeness. Sound, specifically music, can be a nutrient for the nervous system as well as a stimulus for the limbic system focusing on a relaxed body and an alert mind. Music will be used to identify and foster feelings.

## #357. Combining Elements of CBT and the 12 Step Model into a 3 Circle Recovery Planning Model for the Treatment of Addictions

Alastair Mordey, RDAP, FDAP | [Supported by The Cabin Chiang Mai Co., Ltd.](#)

*Level of Instruction: Intermediate/Advanced*

Recent research into the neurobiology of addiction, and ASAM’s 2011 public policy document has made it clearer that addiction is a primary, chronic, progressive brain disease which encompasses not just the abuse of substances but also a number of destructive and addictive dopamine reinforcing ‘behaviors’. We will explore the use of Three Circle recovery plans combined with traditional 12 Step principles, CBT and mindfulness to create a treatment modality which addresses all addictions. We will explore how 3 Circle zoning can be used to treat all addictions in a shorter period than completing 12 Steps chronologically thus addressing problems incumbent in shorter duration episodes. Previous work has shown a theoretical basis for the combination of 12 Step principles/ CBT (Brown, 2012) and has shown a significant treatment effect for clients who are attending (Brown, 2013). The current paper explores the theoretical and practical underpinnings of a combined 12 Step/Three Circles/ CBT/Mindfulness approach.

## #358. Recovery Among Emerging Adults: The “In Vivo” Transformational Model

Lori Holleran Steiker, PhD & Michael Neatherton, MS | [Supported by Northbound Treatment Services](#)

*Level of Instruction: Intermediate*

Early adulthood is a challenging developmental time for people in recovery. While there is a growing body of literature on the substance use and treatment of emerging adults, there is a dearth of definitive data regarding the viability of approaches. Via a model of transformative leadership and “in vivo” services, rather than isolating clients from their activities of daily life, the presented model helps clients navigate daily sober living towards the mission goal of one year of sobriety. Qualitative data and preliminary outcome measures help to define the culture of the “in vivo” care model. This presentation examines triangulated data from agency materials, preliminary quantitative findings of the outcomes study, client demographics, preliminary findings of a quantitative outcome study, interviews with key administrators and staff, ethnographic data, and a focus group with clients presently employed by the agency in a variety of positions.

**Afternoon Break Hosted by The Cabin Chiang Mai/ The Cabin Hong Kong 3:15 PM – 4:00 PM**



# Schedule of Events

## Saturday Late Afternoon Workshops 4:00 PM – 5:30 PM

### #375. Living Out Loud: Psychodrama Sculpts Recovery (Part of the Rosewood Eating Disorder Track)

Hunter Taylor, MS, LCP |  Supported by The Rosewood Institute/Rosewood Centers for Eating Disorders

*Level of Instruction: Introductory/Intermediate*

Psychodrama experiential approaches are essential to addiction treatment because it facilitates a much needed journey into feelings. Psychodrama techniques increase access to emotions that otherwise create barriers to recovery. The open minded practitioner can use these visual and action oriented techniques to help their patient “break-through” defenses and provide “a picture” of unresolved core issues. Practitioners will observe a family sculpt, then learn techniques such as empty chair, roles, inner child, anger discharge approaches, grief work, and the use of props. These techniques will support a client’s ability to see how their addiction history is interrelated, with emphasis on how to work with trauma without “re-traumatizing” your client.

### #376. Moving Beyond a Specific Substance or Process: A Holistic Model of Addiction

Brian Samford, PhD, LMFT, LCDC |  Supported by The Arbor Treatment Center

*Level of Instruction: All*

The vast majority of individuals presenting for chemical dependency treatment are engaged in compulsive/addictive behavior with multiple substances and/or processes. However, the common practice for counselors is to focus on a particular substance or process. The clients can be successful with cessation from the specific substance/process but often finds themselves engaged in other addictive patterns. This presentation includes strategies for educating clients as to addiction in a broader sense as well as proving strategies for minimizing addiction transference.

### #377. Applications of Acceptance and Commitment Therapy (ACT) for Recovery from Substance Use Disorders

Kelsey Harper, Psy.D. |  Supported by Clearview Treatment Programs

*Level of Instruction: Introductory/Intermediate*

Acceptance and Commitment Therapy (ACT) is an evidence-based practice that challenges the psychological rigidity that can ultimately lead to ineffective habitual behaviors, limited engagement in relationships, and disconnection from self. Principles of ACT implemented throughout the stages of recovery can break down rigidity and rebuild psychological flexibility to enhance treatment outcomes and success. By integrating ACT into substance use recovery, people learn to engage their whole self in their life through “defusion” and acceptance of emotional experience, mindful flexibility of the self, and commitment to value-based action. Application of these principles and interventions complements current models of recovery treatment and 12-step modalities to boost and stabilize treatment outcomes.

### #378. Is NSSI (self-injury) Addictive & Can You Use an Addiction Model in Treating It?

Lori Vann, MA, LPCS |  Supported by Vann Counseling, Speaking, Consulting, & Supervision

*Level of Instruction: Introductory/Intermediate*

In comparison to other addictions, NSSI is a relatively new field of study that has been researched within the last 20+ years. Information will be presented to make the case why NSSI may fall under the addictions category and why ‘traditional’ addictions and self-injury may not be that far apart. The possible connection between OCD, addictions, and NSSI will also be addressed, in addition to similarities in treatment techniques.

### #379. Using The Family Map in Reunifying Families (Part of the IAFAP Family Track)

Kathleen Willis, PhD, CADC II, CCTP, CEAP, CECR

*Level of Instruction: Intermediate/Advanced*

As a foundation, I will be using, and demonstrating, the use of a multigenerational family map for a unique approach to family reunification and reconciliation. We will also explore some of the neurobiology of addiction and trauma. In this method, there is no division between the “identified patient” and the rest of the family members. All are together for 5 intensive days. From this foundation, using sociometry, locograms, CBT, education and family “legacies”, families come together in very loving ways. We start from today forward, no confrontation, no past resentments are used. Teaching methods will use lecture, demonstration, movement and case studies. Facilitation is the critical factor so I will provide a free “How to Be a Great Facilitator” manual to each attendee. This method can be used with addiction, mood disorder, trauma histories and with families who want a deeper, more loving relationship with one another.

## Saturday Evening Event 7:30 PM – 9:30 PM

### #399. Stories of Recovery



Join us for an evening of fellowship and fun, and hear two incredible speakers tell their inspirational stories of recovery. This evening event is open to all, bring a friend! There is a \$35 registration fee for those not attending the conference. Pre-Registration is required

7:00 – 8:10 PM  
8:10 – 9:00 PM  
9:00 – 10:10 PM

Charlie P from Austin, TX  
Dessert Reception Hosted by C4 Recovery Solutions (logo attached)  
Earl H from Los Angeles, CA

## Sunday, May 31

7:00 AM – 8:00 AM  
7:30 AM



8:00 AM  
7:30 AM – 8:30 AM

Open 12 Step Meeting  
Hospitality Area Opens — Exhibit Area #57  
Open Coffee & Tea Available all day hosted by Sunspire Health

Registration Opens  
Continental Breakfast in the Exhibit Hall

## Sunday Morning Workshops: 8:30 AM – 10:00 AM

### #400. Parent Skills Training in Addiction Treatment: A Family-Centered Paradigm (Part of the IAFAP Family Track)

John de Miranda, LAADC |  Supported by Door to Hope

*Level of Instruction: All*

Persons in treatment and early recovery who are parents can benefit from structured educational activities designed to improve their parenting skills. While it is common for addiction treatment programs to offer “family” groups, scant attention is paid to the process of parenting and especially remedial parenting for those in early recovery. Parents with substance use disorders often have intense feelings of shame and embarrassment about the neglect and abuse (often emotional, less often physical) their use causes for their children. Since evidence is plentiful that unaddressed feelings of shame are directly linked to risk of relapse, addiction treatment and recovery programs are encouraged to add parent training to their core services. This workshop will describe how a treatment agency can assist clients who are parents through both parent effectiveness and parent peer mentoring services.

### #401. Move from Anger Management to Anger Prevention

John Herdman, PhD, LADC, ICADC |  Supported by Parallels

*Level of Instruction: Intermediate/Advanced*

Dr. John Herdman believes that if a substance abuser is also dealing with anger issues that the client needs to learn to manage the anger. However, anger prevention is a worthwhile goal in order to prevent anger from happening in the first place. Evidence-based techniques of cognitive-behavioral therapy are used to teach clients both anger management and anger prevention.

# Schedule of Events

Sunday Closing Plenary: 10:30 AM – 12:00 PM

**#425. It's a Family Affair - Shedding New Light on Family Programs/Work (Part of the IAFAP Family Track)**

Terra Holbrook, LCSW,CADC |  Supported by The Bridge to Recovery

*Level of Instruction: Intermediate*

Family patterns and relational interaction come from belief systems and dynamics set in place historically. When addiction enters the family, often these factors are not addressed in the family work, leaving family members confused and frustrated about how to make changes. This workshop will explore how this crucial piece is often neglected in family work when addiction is the focus. We will address individual and family dynamics in a family program setting and how to guide and encourage family members to explore their personal recovery from the destructive behaviors that have led to their maladaptive patterns in the family dynamics. By doing this, family members become empowered to make changes.

## WCSAD is excited to announce a special partnership with the newly founded International Association of Family Addiction Professionals



IAFAP will be hosting its first conference in conjunction with WCSAD 2015. The mission of IAFAP is to educate and support family addiction professionals in their work with their families. The association will share information, experience, and best practices; focus on solutions; and provide mentoring for the next generation of professionals. Attendees of the IAFAP track can earn up to 12 CEs and choose from eight sessions.

For more information or to join IAFAP, visit [www.IAFAP.net](http://www.IAFAP.net) or contact Janet Fluker at [Janet@IAFAP.net](mailto:Janet@IAFAP.net) or 678-805-5118. Also, connect with IAFAP on Facebook.



# Faculty Biographies

**Miriam Anand, MD** is a well-respected and sought after Arizona specialist in the field of Allergy/Immunology. She treats and manages disorders such as asthma, hives and a range of allergies, rhinitis and sinusitis, as well as other disorders and diseases that affect the body's immune system.

**Lauren Anton, MS, RD, CPT** is Manager of Dietary Services at A New Journey Eating Disorder Center, specializing in eating disorders and sports nutrition. Lauren has presented her own research examining the effects of intuitive eating-based nutrition education on adolescent female cross country runners.

**Beverly Berg, MFT, PhD** has worked with children, teenagers, couples and individuals in a psychotherapy practice setting for the last thirty years. Since 1982 she has devoted much of her life to practicing meditation, the 12 steps, and the study of alternative methods of somatic therapies such as EMDR.

**Claudia Black, PhD** created the foundation for the adult child movement from her late 1970's seminal work with children impacted by substance abuse. Today Claudia is a renowned author and trainer internationally recognized for her pioneering and contemporary work with family systems and addictive disorders. She serves as a Senior Fellow and Addiction and Trauma Program Specialist at The Meadows Treatment Center in Arizona. She sits on the Advisory Board for the National Association of Children of Alcoholics, and the Advisory Council of the Moyer Foundation.

**Benjamin Brafman, LMHC, CAP, MA** is the Clinical Director, President and CEO of Destination Hope, a nationally recognized substance abuse and dual diagnosis treatment facility in Fort Lauderdale, Florida. With more than two decades of hands-on experience in the field of substance abuse and addiction, Ben is a leading authority on substance abuse, addiction and treatment protocols. A licensed behavioral health counselor and certified addiction professional, Ben has grown into an industry expert, educating both healthcare and public audiences on issues in the field of addiction. Ben Brafman holds a BA from Syracuse University and a MA from Barry University in Mental Health Counseling and Family Therapy.

**Suzanne Brent, PhD, LMFT, MAC, LCDC, BRI II** is an interventionist/family therapist specializing in addictive disorders for 30 years. Active in post secondary education both as a counselor and teacher currently serving on the advisory board of CSAR, she is a past board member of INCASE, FIPSE, AIS and a founding member of NIL.

**Tom Buckles, MBA, PhD** is the Director of Education at the New Creation Behavioral Healthcare Foundation. His responsibilities include creating educational resources and programs (1) for clients at the end of, or recent graduates of, drug and alcohol rehabilitation, and (2) enable those in the recovery industry to be more successful. Dr. Buckles also has 30 plus years of teaching, business and consulting experience at all levels: private and public sector firms and entrepreneurs, primarily in the area of marketing strategy and planning, as well as executive training programs for both domestic and international executives. He is a member of the advisory board or board of directors for several companies.

**Oswaldo Cabral, MA, LPC, CAC III** is the Clinical Coordinator for the Men's Primary Care and Residential Extended Care Programs at the Center for Dependency, Addiction and Rehabilitation (CeDAR). He has worked as a primary therapist for the past twelve years in residential, intensive outpatient, DUI/substance abuse program, and domestic violence and sex offender clinics. Areas of expertise include Aggression Replacement Training, CBT, DBT, trauma and working with co-occurring disorders. He has worked with a variety of clients and age groups, including the Spanish-speaking population. Mr. Cabral recently published a curriculum that focuses on the integration of DBT and the Twelve Steps.

**Dena Cabrera, PsyD**, is a licensed clinical psychologist and a certified eating disorder specialist at the Rosewood Centers for Eating Disorders, where she serves as the clinical director. She has personally treated hundreds of women and teens struggling with eating and body image issues. Cabrera is a well-known expert, speaker and author in the field; she has spoken at more than twenty national conferences and presented more than a hundred workshops on eating disorders and other mental health problems. At Rosewood, she manages the day-to-day programs for all levels of care, and is involved program development, staff training, and supervision throughout the Rosewood system. Dr. Cabrera is the co-author of *The Mom in the Mirror: Body Image, Beauty and Life After Pregnancy*.

**Jean Campbell, LCSW, CET III, TEP** is a Board Certified Trainer, Educator and Practitioner of Psychodrama, Sociometry and Group Psychotherapy, a Certified Experiential Therapist and a Practitioner and Trainer of Psychodramatic Bodywork®. Jean has worked in the substance abuse and mental health field for over 18 years and as Director of the Action Institute of California, she facilitates workshops and trainings in clinical, medical and business settings, using action to effect change on a mind, body and spiritual level.

**Holly Child, PhD** is part of the Research and Development Team at Children and Family Futures and serves as the lead evaluator for all three of the Sacramento Drug Court programs.

# Faculty Biographies

**Patricia Colangelo, MA** has specialized in developing both educational and residential family programs for treatment centers for 37 years. With her husband, Nicholas Colangelo PhD, she is co-creator of “Families Helping Families,” a grassroots organization active throughout Pennsylvania.

**Lauren Costine, PhD** acted as the Family Counselor at Exodus Recovery Center (substance abuse recovery center) for over five years where she helped patients and their families find solutions, educating them on the realities of substance abuse. Currently an Adjunct Faculty member in the Masters in Psychology program at Antioch University, she has played a pivotal role in the development and management of The LGBT Specialization in Clinical Psychology, one of the first programs of its kind in the country, since its inception in 2006. She has also helped to produce a variety of grassroots psychological cultural events aimed to publicize LGBT-Affirmative psychological ideas for the community in accessible ways.

**Kristin Cuthriell, MEd, MSW, LCSW** is a speaker, an author, and a licensed clinical social worker at Eden Counseling Center in Virginia. Kristin brings over twenty years combined experience as a therapist and a school teacher. Kristin has a unique style of educating as she simplifies the complex and integrates storytelling with evidenced based therapeutic techniques. Kristin is the author of the popular book, *The Snowball Effect: How to Build Positive Momentum in Your Life* and has written articles for *Tidewater Women* and *Richmond Magazine*. She has been the quoted expert for *Fox News Magazine* and has been a guest on *The Hampton Roads Show*, *Doctor Radio*, and other radio programs throughout the country.

**DOUG Davies, MD, ASAM** is fellowship trained in Addiction Medicine and certified by The American Board of Addiction Medicine. He maintains appointments at Florida State University where he regularly lectures and mentors medical students, patients and family members on topics that he is passionate about. He serves full time as the medical director of The Refuge, leads our medical staff, and offers a no judgment, no pressure healing energy to all who cross his path. Dr. Davies is fully integrated as a key member of an exceptional team of nurses, consultant physicians and therapists.

**John de Miranda, LAADC** currently serves as Associate Director Door to Hope, in Salinas, California, an comprehensive treatment and recovery service that focuses on families. With a professional background in the human services field that spans 39 years, Mr. de Miranda has served as program administrator, management consultant, therapist, educator, government official, researcher, and trainer. The son of a Cuban immigrant he graduated from the nation’s oldest public school, Boston Latin. Following graduation from Wesleyan University (Middletown, Connecticut) with a B.A. degree in Sociology, he earned a Masters degree in Counseling & Consulting Psychology from Harvard University in 1979.

**Kim Dennis, MD, CEDS** is an award-winning board-certified psychiatrist and certified eating disorders specialist who specializes in eating disorder treatment, addictions recovery, trauma/PTSD and co-occurring disorders. As CEO & Medical Director at Timberline Knolls, she supervises the medical staff and sets the overall vision and direction for the treatment program. Dr. Dennis maintains a holistic perspective in the practice of psychiatry. She obtained her medical degree from the University Of Chicago Pritzker School Of Medicine and completed her psychiatry residency training at the University of Chicago Hospitals, where she served as chief resident.

**John Douglas, MD** currently serves as Clinical Director of the Outpatient Addiction Clinic at Silver Hill Hospital in New Canaan, CT. Dr. Douglas is in the process of launching Silver Hill’s Outpatient Addiction Clinic which will provide outpatient detoxification and intensive day treatment.

**John Dyben, DHSc, CAP, CMHP** serves as the Director of Older Adult Treatment Services at Hanley Center. In this capacity he provides leadership to the flagship program for the treatment of addiction and comorbid conditions in older adults. John’s academic background includes degrees in Psychology (BS), Conflict (MA), Management (MS), and a Doctor of Health Science, with his doctoral practicum having focused on the dynamics, epidemiology, and treatment of substance abuse and addiction in older adults. John is an ordained pastor, clinically trained chaplain, and board certified as both an Addictions Professional and a Mental Health Professional in the State of Florida.

**Terry Eagan, MD** is certified by the American Board of Psychiatry & Neurology and Medical Board of California as a physician and surgeon (License #G067163) and he is a Diplomate of the National Board of Medical Examiners. He currently serves as Chief Medical Officer at Monte Nido & Affiliates Eating Disorder Programs, founded and runs his own private practice, Eagan Medical Group, LLC & is a consultant for several addiction and eating disorder treatment centers in California. Dr. Eagan is an internationally respected physician, lecturer and consultant and has been featured in dozens of publications and radio & TV shows including *Variety*, *Forbes*, *New York Magazine*, and *The Today Show*.

**Dirk Eldredge, CADC-I, BRI-I, CIP** is the Chief Recovery Office at Jaywalker Lodge, an extended care recovery program for adult men in Carbondale, CO. Dirk will oversee the areas of marketing, business development, admissions, and alumni relations. Dirk has a BS in Political Science and Drug and Alcohol Counseling.

# Faculty Biographies

**Keith Fierman, CADC, BRI II** has spent most of his career traveling worldwide doing interventions. He is the Director of Family Support and Director of Public Relations for Cirque Lodge. Keith sits on the Board of Directors of ADAC and the Board of AIS (association of intervention specialists).

**Sherry Gaba, LCSW** is a Certified Recovery and Transformation Coach, Author of *The Law of Sobriety*, Psychotherapist on VH1's *Celebrity Rehab*, and a media expert on CNN, Inside Edition, and Headline News. She presents workshops, and certifies clinicians in her program *Wake Up Recovery*.

**Steven Garnham, MEd, LEAP, LAP-C** holds a Sociology degree from LaSalle University, a Masters Degree from Temple University and obtained his Certified Employee Assistance Professional credential in 1997. He has been an EAP counselor with Amtrak, covering New York, Pennsylvania, New Jersey and Delaware since 2006. He holds a certification in Pennsylvania as a Certified Alcohol and Drug Counselor, Certified Trauma Responder, Licensed Employee Assistance Professional, Labor Assistance Professional - Certified, and is a qualified SAP. He serves on the Board of Directors of EAPA and is a member of LAP.

**Kelsey Harper, PsyD** received her Master's and Doctorate degrees in Clinical Psychology from California School of Professional Psychology at Alliant International University in San Francisco. Dr. Harper has trained in a variety of evidence-based practices, including Acceptance and Commitment Therapy (ACT), to address substance use, trauma, and personality disorders. She completed ACT training with Steven Hayes, one of the developers of ACT, and has implemented it in individual and group therapy. At Clearview, Dr. Harper oversees Clearview's Evidence-Based Day Treatment Program, runs therapy groups, and provides individual therapy.

**Heather Hayes, MEd, LPC, BRI II** is a Master's Level, Licensed Counselor, Certified ARISE Interventionist and Board Registered Interventionist (BRI II). Heather is currently in private practice in Atlanta, Georgia, and on the staff of Linking Human Systems, LLC and LINC Foundation, Inc. She received her B.A. from Emory University and her M.Ed. from Antioch University. Ms. Hayes has treated addictions and other disorders for over 30 years. She specializes in the treatment of adolescents/young adults, trauma, brain disorders and the full spectrum of addictive disorders, and was recently granted membership into the Independent Educational Consultants Association (IECA).

**John Herdman, PhD, LADC, ICADC** is a licensed psychologist and a licensed alcohol and drug counselor in Lincoln, NE with over 40 years of experience in substance abuse and mental health. He is the owner of a co-occurring disorders clinic called *Parallels*. Dr. Herdman authored *Global Criteria: The 12 Core Functions of the Substance Abuse Counselor* (Sixth Edition). His therapy orientation is cognitive-behavioral and after 30+ years of training counselors and working with substance abusers using this therapy he has published a workbook with Theodore Burns, MA, LIMHP, LADC, ICADC, CPC called *A Rational Workbook for Anger: Help for Those with a Co-Occurring Substance Use Disorder*.

**Adrian Hickmon, PhD, LPC, LMFT, LADAC, CSAT-S, CMAT, CTT, EMDR I**, is the founder and CEO of Capstone Treatment Center in Searcy, Arkansas. He holds a PhD from Virginia Tech and is a LPC, LMFT, CSAT-Supervisor, CMAT, AAMFT Approved Supervisor and a Certified Trauma Therapist. He served as a Professor of MFT from 1993 until 2013 at Harding University's where he now teaches classes on addictions and trauma. Hickmon developed The Capstone Model specifically for young adults and adolescents. It accounts for the unique characteristics of young people; brain, body, social stage, and family system which are very different from those of fully-matured adults.

**Norman Hoffmann, PhD** is a clinical psychologist who has evaluated behavioral health programs for more than 35 years during which time he authored or co-authored more than 175 publications. He has worked with private organizations and governmental agencies in a variety of countries. He has developed a variety of assessments instruments used throughout the United States, as well as in Canada, Sweden, Norway, and the United Kingdom. His previous faculty appointments include the University of Minnesota and Brown University. Currently, Dr. Hoffmann is President of Evince Clinical Assessments and Adjunct Professor of Psychology at Western Carolina University.

**Terra Holbrook, LCSW, CADC** is the Director of Clinical Services at The Bridge to Recovery, a transformational program which specializes in the healing of individuals by addressing the core causes of anxiety, depression and compulsive behaviors. Terra oversees all clinical programs as well as facilitates the professionals program. She is an experienced presenter. Terra Holbrook graduated from Walla Walla University, WA, with a Masters Degree in Social Work. Additionally, Terra is licensed as a Licensed Clinical Social Worker and a Certified Alcohol & Drug Counselor. She has been working in the mental health field since 1993.

**Jonathan Horey, MD** trained at Columbia University where he completed medical school and psychiatric residency. He has worked in a variety of professional settings including as an attending on a dual diagnosis inpatient unit at New York Presbyterian Hospital. He served as the Director of Addiction Services at the Columbia University W. 51st Street Clinic and maintained a private practice. Dr. Horey has since worked as a psychiatrist at Hazelden Springbrook and completed ASAM certification. In addition to his role as Chief Medical Officer for Sunspire Health, he also sees clients weekly at Sunspire residential facilities in Astoria, OR and maintains a small practice in Portland, OR.

# Faculty Biographies

**Tom Horvath, PhD, ABPP** is founder and president of Practical Recovery, a self-empowering addiction treatment system in San Diego, past president of the American Psychological Association's Society on Addiction Psychology (Div 50), the world's largest organization of addiction psychologists, past president of the San Diego Psychological Association, author of *Sex, Drugs, Gambling & Chocolate: A Workbook for Overcoming Addictions* (listed by the Association for Behavioral and Cognitive Therapies as a "Self-Help Book of Merit"), and volunteer president of SMART Recovery, an international non-profit which sponsors self-empowering mutual help groups.

**Brian Hurley, MD, MBA** is currently a Veterans Administration National Quality Scholar affiliated with UCLA, and is a 2015-2017 Robert Wood Johnson Foundation Clinical Scholar at UCLA. He serves on the board of directors of the American Society of Addiction Medicine as the chair of ASAM's membership committee. He completed a fellowship program in addiction psychiatry at NYU School of Medicine and general psychiatry residency training at Massachusetts General and McLean Hospitals. Brian graduated from the USC Keck School of Medicine and Marshall School of Business with an M.D./M.B.A. Brian previously served as the National President of the American Medical Student Association.

**Jamie Huysman, PsyD, LCSW**, is a leading authority on caregiver burnout, compassion fatigue and related addictions. He co-wrote the acclaimed *Take Your Oxygen First*, blogs for Psychology Today and writes a behavioral health column for Florida MD. "Dr. Jamie" was a featured expert in Walgreens' Health Corner series for five years and now appears on Caregiver Connections with Dr. Jamie for UHC TV. He is a popular speaker, author, trainer and expert source for the media, and advocate for patient-centered healthcare. He currently serves as VP of Provider Relations and Government Affairs for WellMed Medical Management as well as Senior Clinical Consultant to Hanley Center/Caron's Older Adult Services.

**Jeff Jay** is a clinical interventionist, educator and author. His work has appeared on CNN, the Jane Pauley Show, PBS, Forbes Online and professional journals. He is a graduate of the University of Minnesota, and a certified addictions professional. He has served as president of the Terry McGovern Foundation in Washington, DC, and on the boards of directors for several professional organizations. "I am passionate about intervention for a very simple reason," says Jeff. "Intervention saved my life." Jeff is the coauthor of the best-selling book *Love First: A Family's Guide to Intervention*, (2nd Ed., Hazelden, 2008), and *At Wit's End: What You Need to Know When a Loved One Is Diagnosed with Addiction and Mental Illness*, (Hazelden, 2007). He heads a national private practice that provides intervention and mentoring services, along with Structured Family Recovery™. He is a former clinician with the Hazelden Foundation and Sacred Heart Rehabilitation Center. His personal recovery from addiction dates from October 4, 1981.

**Nancy Kilgore, MS** is a national speaker and a university continuing education teacher. She received her B.A. from Sacramento State University and Master's from the University of Oregon. She is a faculty member for Global Alliance for Preventing Relational Aggression, and consulted for the U.S. Department of Justice, Office for Victims. She wrote *Girl In The Water: A True Story of Sibling Abuse* (Health Communications, Inc.) *Every Eighteen Seconds* & *The Source Book for Working with Battered Women* (Volcano Press). Nancy is a writer for Counselor Magazine & has appeared on radio, television & newspapers. [www.hope4siblings.com](http://www.hope4siblings.com)

**Kenneth L. Kirsh, PhD** is Director of Research and Advocacy at Millennium Laboratories. He has given national and international invited lectures on pain and addiction. An author of more than 100 peer-reviewed and invited articles, he has authored numerous book chapters, abstracts, and posters.

**Megan Kniskern, MS, RD, CEDRD**, is Director of Nutrition and Culinary Services with Rosewood Centers for Eating Disorders. Megan emphasizes the importance of the mind-body connection in treatment & recovery. She is a 10-year veteran Certified yoga instructor; combining mindfulness practices and meditation techniques with traditional nutrition models. Megan is a Certified Eating Disorder Dietitian and Approved Supervisor through IAEDP, and the PR Chair for the Behavioral Health Nutrition dietetic practice group, Academy of Nutrition and Dietetics. She teaches graduate level courses at ASU on Nutrition, Eating Disorders and Addictions. And, is a sought after field expert across the country.

**Barbara Krantz, DO, FASAM, MS, MRO** is a board certified family practitioner and a Diplomat of the American Board of Addiction Medicine. She is an expert on the national and local prescription pain medication epidemic and the medical science behind the disease of addiction. She leads a collaborative study with Scripps Florida and the University of Miami to identify effective and innovative treatment therapies and relapse triggers. Dr. Krantz served as the Director of Medical Services and the Medical Director of Research at Hanley Center prior to joining Caron. She also served as the Medical Director at the Center for Alcohol and Drug Studies and for 12 years at Cornerstone, a substance abuse treatment program at Wellington Regional Medical Center. Dr. Krantz lectures on numerous topics, including the biochemistry of the brain as it relates to addiction and is an advocate for SPECT brain scanning to effectively diagnose and treat the disease of addiction.

**Judith Landau, MD, DPM, LMFT, CAI, CIP, BRI II**, is a child, family and community neuropsychiatrist, specializing in resilience and overcoming adversity across cultures. Co-developer of the Evidence-Based, Best Practice ARISE® Continuum of Care, Dr. Landau draws 30+ years of research and experience aimed at facilitating long-term healing for survivors of trauma and their families including those suffering from addiction, PTSD, and head injury. Author of numerous peer-reviewed publications, she has taught in 100+ countries, trained more than 1000 Certified ARISE Interventionists, and consulted to UN, WHO, NIMH, NIDA, NIAAA, SAMHSA, and several international governments.



# Faculty Biographies

**Donna Markus, PhD**, began working in the addiction field in 1976. Since that time, she has served as Executive Director, Clinical Director and therapist at several highly respected and established adult and adolescent residential and outpatient programs providing clinical, program development and administrative services for adolescents, adults, and women & children programs. Donna has extensive experience working with individuals and their loved ones on addiction, co-dependency, process addictions and co-occurring disorders as well as working with special populations such as impaired professionals and the LGBT community. She has provided consultation and training services for individuals and treatment programs in addition to presenting papers on addiction and addiction-related issues at conferences internationally. Donna taught at UCLA's addiction certification program for 15 years and has carried the message of recovery via presentations and trainings in 14 countries. Donna was trained in the Johnson intervention model in 1985. She holds a PhD in Clinical Psychology, is a Licensed Advanced Alcohol & Drug Counselor and Certified Intervention Professional. Currently, she has her own business, Recovery A.C.C.E.S.S., providing case management, consultation and individual counseling services. She also works with Hightower Intervention Services, providing intervention and case management services.

**Dara McIntyre, MS**, is a Research Associate at Children and Family Futures and assists in the evaluation of local and County-wide family drug court programs.

**Al Mooney, MD**, is a recognized expert in the field of addiction & recovery. He has been involved in this field since he was a teenager, when his parents entered into recovery & then founded Willingway Hospital. Dr. Mooney was CEO for many years, and is currently the Director of Addiction Medicine & Recovery at Willingway, a board position that allows him to speak as a recovery activist at venues around the world. He also currently serves as medical director for The Healing Place of Wake County (NC), a homeless shelter that features a peer-driven residential recovery program.

**Brian Moore, PhD** is a licensed psychologist and founder of The Intervention Group, based in Atlanta. Among the most experienced interventionists in the southeast, Dr. Moore has facilitated over 1000 interventions with family and corporate clients. Dr. Moore received his intervention training through the Johnson Institute and promotes the use of intervention for addiction and dual diagnosis clients as well as other appropriate presenting concerns such as psychiatric disorders, eating disorders, compulsive gambling, and other process addictions. Dr. Moore received his B.A. in psychology from Olivet College, his M.S. in Counseling Psychology from Illinois State University, and his Ph.D. from the University of Kansas.

**Alastair Mordey, RDAP, FDAP** is the Programme Director for The Cabin Chiang Mai, a residential addiction treatment centre located in northern Thailand. Before joining The Cabin, Alastair accumulated more than a decade of experience working in all four tiers of the UK's treatment system, from detox to aftercare. Alastair co-founded the Cabin Chiang Mai, which pioneers the use of 3 Circles Recovery Planning as an all addictions models to treat both chemical and process addictions. Alastair has written numerous articles on addiction for several publications including Tatler, CNN, and Asian Correspondent as well as featuring regularly on radio, TV and at speaking engagements and conferences.

**Cheryl Musick**, Group Specialist at Rosewood Ranch, enjoys program development and has more than 17 years of experience in the treatment of eating disorders. Her areas of expertise include Body Image, Art Therapy, Recreation therapy, Spirituality and Animal Assisted Therapy. Cheryl is EAGALA Advanced certified, manages Rosewood's Equine Therapy program and presents her original Equine Therapy interventions nationally and abroad.

**Michael Neatherton, MS**, An industry leader for 30 years and member of the American Colleges of Healthcare Executives and American College Addiction Treatment Administrators, Mike was an executive at Betty Ford and then joined Northbound, transforming corporate culture via transformational leadership principles.

**John O'Neill, LCSW LCDC CAS CART** has worked in the addictions field for over twenty five years. He first worked with college students at Arizona State University, which led to a career helping people with addiction problems. He has held multiple leadership positions at The Menninger Clinic. He manages the substance abuse program for the Houston Astros and Minor League Baseball Umpires. He frequently contributes to popular media interviews, writes blogs, and has published articles on various subjects in addiction.

**Steven Passik, PhD** is Director of Clinical Addiction Research and Education for Millennium Laboratories and Principal Investigator for Millennium Research Institute. He served as professor of psychiatry and anesthesiology at Vanderbilt University Medical Center. He was co-editor for the opioid pain and addiction section of Pain Medicine. An author of more than 120 journal articles, 60 book chapters, and 59 abstracts, he speaks nationally and internationally on pain, addiction and the pain/addiction interface. Dr. Passik received his doctorate in clinical psychology from the New School for Social Research and was a chief fellow, Psychiatry Service at Memorial Sloan-Kettering Cancer Center.

# Faculty Biographies

**Joseph Pereira, MSW LICSW CAS** was a co-founder of Outlook Associates of New England a practice started to assist persons with anger control problems. He is currently in private practice in Arlington and Boston offering individual and group therapy as well as training and consultation with a focus on anger management to adults and adolescents. Joe has given numerous trainings locally as well as nationally and internationally on the treatment of anger management problems as well as workplace safety, chemical addictions and stress management. Joe has been a lecturer at BU Graduate School of Social Work since 2013. He graduated from Boston College School of Social Work.

**Kenneth Perlmutter, PhD** is a licensed California psychologist with 25 years' experience in complex psychological and behavioral disorders and addiction. He is Founder of the Family Recovery Institute which provides clinician training and team building as well as family healing workshops. As Clinical Director for MindTherapy Clinic he conducts individual and family therapy in Marin County and San Francisco. He oversees family programming for several well-regarded treatment centers and is core faculty of the Rosewood Institute. Former Graduate Faculty, San Francisco State Univ. Counseling Dept. and Assoc. Prof. CD Studies, CSU East Bay. He has dedicated his career to helping wounded families.

**Bari Platter, MS, RN, CNS** is a DBT trainer, a certified Crucial Conversations trainer and has a post Master's certificate in Transcultural Nursing. Ms. Platter is a recognized national speaker and has published in the areas of addictions, cultural competency, and psychiatric/mental health nursing.

**Brian Samford, PhD, LMFT, LCDC** holds PhD in Marriage and Family Therapy He is an LMSW and LCDC. He has served at Vernon State Hospital, Lubbock State School, Lubbock MHMR, Southwest Institute for Addictive Diseases, John T. Montford Psychiatric Unit, DePaul Center, Starlite Recovery, and Creekview Counseling.

**Joanne Shapiro, PhD** is the Clinical Director for Rosewoods' Intensive Outpatient Program. Joanna is a Licensed Professional Counselor and Certified Eating Disorder Specialist with clinical experience treating eating disorders, and addictions. Joanna has 17 years tenure providing direct care to individuals.

**Alana Smith, LSCW, LCDC** is a Licensed Clinical Social Worker and a Licensed Chemical Dependency Counselor. She has worked in the field of Addiction Treatment for over 12 years in Inpatient, Outpatient and Private Practice settings. She is currently the Program Director at Vista Taos Renewal Center in Taos, NM. She is the Vice Chair of the International Association of Family Addiction Professionals and has a passion for educating on the power of working with families in the addiction treatment process.

**Ronald Smith, MD, PhD** is a Psychoanalyst and Psychiatrist in private practice in Washington DC. He was Chairman Dept of Psychiatry at the National Naval Medical Center Bethesda MD and Psychiatric Consultant to the United States Congress for 20 years. He served on Congressional Delegations to the Middle East as the emergency physician and political psychoanalyst for 18 years.

**Roy Smith, MD** is board certified in addiction medicine and family medicine and provides medical care to patients at Pavillon. In addition, Dr. Smith is involved with the evaluation and treatment of Pavillon patients in the professional program. Prior to coming to Pavillon, in addition to having his own private practice in Camden, SC, he was the medical director of the LRADAC Detox Facility in Columbia, SC. Dr. Smith is the immediate past-president of the SC chapter of American Society of Addiction Medicine. He is a graduate of The Citadel and received his medical degree from the Medical University of South Carolina in Charleston.

**Louise Stanger, EdD, LCSW, BRI II, CIP** has over thirty years experience as a professor, researcher and licensed clinician working with individuals and families who substance abuse and mental health disorders. She serves as the Director of All About Interventions and is President of The Sydney D Holland Foundation.

**Lori Holleran Steiker, PhD**, an addictions therapist turned educator/scholar, conducts research which contributes to the knowledge base regarding adolescent and young/emerging adult substance abuse prevention, intervention, and recovery. She has published extensively on youth and substance use as well as effective cultural adaptations of evidence-based substance abuse prevention and intervention programs. Through her research, she has established and disseminated mechanisms for systematic adaptation of programming for unique high risk youth including homeless, incarcerated, GLBTQ, low-income, alternative education, and vulnerable minority youth. Her work is based in youth-centered, reality-based, decisional-balance oriented interventions to impact recovery in youth and emerging adults. She is presently extending her research into areas including Alternative Peer Groups (APGs), Collegiate Recovery Programs (CRPs), and College Student Veterans. She is co-founder and President of "University High School," Austin's first recovery-based high school, opened to students in August, 2014. An Associate Professor at the University of Texas at Austin School of Social Work since 2000, she has received NIH funding and numerous research, service and teaching awards including the TAFs Vision of Recovery Award, the Society for Social Work and Research Padgett Early Career Award in recognition of her "notable influence and innovative work in adolescent substance abuse", membership in the College on Problems of Drug Dependence (CPDD), UT System Regents' Award, membership in the Academy of Distinguished Teachers, the UT President's Associates Award for Teaching Excellence and she has just received the universities most prestigious teaching award, the Friar Centennial Fellowship.

# Faculty Biographies

**Raymond Tamasi, MEd, LCSW**, has 40 years of experience in developing and managing treatment programs, creating comprehensive continuums of care, speaking regionally and nationally on addiction and clinical innovations. I oversee a not-for-profit with a full range of prevention, intervention, and treatment services delivered in 175 beds and 7 outpatient clinics and provided by a staff of over 400.

**Hunter Taylor, PhD** is the Assistant Clinical Director for the Rosewood Centers for Eating Disorders. He leads all aspects of patient care from residential through partial hospitalization services. His background includes 37 years working in clinical and administrative roles serving individuals and families struggling with eating disorders and addictions. Hunter is also an expert Psychodramatist and a Lead facilitator for the Living Centered, and Coupleship ONSITE Workshops in Tennessee. He believes that interventions such as psychodrama and equine therapies add a powerful element into the treatment experience.

**Jim Thomas, LMFT** is an Internationally Certified Emotionally Focused Therapy Trainer. He leads workshops on attachment-based, relational approaches to healing and recovery across the United States. Jim's own experience with the impact of addiction on families and couples informs his work. His work with addiction and its impact on relationships includes work with inner-city at-risk youth to CEO's caught in the downward spiral of alcoholism and drug addiction. Jim is the Director of the Colorado Center for EFT and Director Emeritus, Denver Family Institute.

**James Tracy** has, for almost 20 years been helping families deal with the problems and pain created by addictive behavior. He provides a wide range of intervention, referral, case management, and monitoring services to help people recover from the devastation caused by active addiction.

**Lori Vann, MA, LPCS** is recognized for her expertise on the issue of NSSI, has worked with over 350 clients with a history of it, & conducts the only known continuous self-injury support groups in the North Texas area. A LPC-Supervisor, she attended Pepperdine University and Chapman University, graduating both schools with honors. Ms. Vann has also been a professor of psychology for two colleges in the DFW area. Ms. Vann is a well-respected counselor & supervisor by her peers who have frequently asked for case consults or assistance with supervision issues. Her diverse professional background has enabled her to understand mental health issues from a mind and body perspective.

**Brenda Westberry, MS** is the President and Founder of Westberry Consulting where she has been involved in providing training and workshops for community organizations and agencies throughout the country. She is a retired Adult Probation Chief from the Connecticut Judicial Branch with over 22 years of experience in working with substance abuse treatment agencies, the addicted client population and recovery organizations. Brenda is a professor in the Sociology Social Work and Applied Sciences Department at Eastern Connecticut State University, A faculty member and Instructor for the NE-ATTC, at Brown University, The New England School of Addiction Studies and the New England School of Best Practices.

**Kathleen Willis, PhD, CADC II, CCTP, CEAP, CECR** specializes in trauma, addiction and family systems with a focus on the neurobiology of addiction. She has been Executive Director of several treatment programs in the San Francisco and North Bay Area. She has been a teacher and presenter at The University of Nevada, Bureau of Alcohol & Drug summer school in the EAP track & taught in the Addiction Studies Program at the University of CA at Davis. As a Director at San Francisco's NCADD, she acted as an Employee Assistance Professional (EAP) for several businesses. Dr. Willis is a former Executive President of California's CAADAC, and served on the Executive Board of the National Association of Alcohol and Drug Counselors (NAADAC).

**April Wilson, RAS** is a Registered Addiction Specialist and the Vice President of Mother and Child Residential Services at Prototypes. Previously, she was the Program Director of the Women's Center in Pomona, overseeing all program aspects and developing extensive partnerships with local service providers, funders, and legislative leaders to ensure comprehensive care for clients and their families. As Vice President, Wilson applies her expertise in gender-responsive treatment to ensure that Prototypes' four residential programs and domestic violence resources centers provide high-quality care.

**Jeff Zacharias, LCSW, CSAT. CAADC, BRI-I, RDDP** has extensive clinical experience in both the mental health and addictions fields. Currently, he is the President/Clinical Director of New Hope Recovery Center in Chicago. and maintains a private practice there as well. His areas of interest including working with all forms of addiction, severe and persistent mental health issues, trauma and its impact on recovery especially within the LGBTQI community. He is a member of NASW, NALGAP and NAADAC and is currently the Board of Directors for NALGAP. He has extensive experience speaking on issues related to addiction and the LGBTQI community most notably at NADC, NAADAC, NASW-IL, CCSAD and NASW - National and NAMI - National.

**Nanette Zumwalt, CADC, CCJP, BRI II CIP** As a leading expert in the addiction field, Nanette Zumwalt creates a bridge between the struggles of addiction and living in recovery. Through her professional knowledge and connecting resources, she is able to coordinate the tools to increase the long term efficacy of treatment for addiction.

# Hotel Information

## LA QUINTA RESORT & CLUB® AND PGA WEST® “The Waldorf Astoria Collection”

Address: 49-499 Eisenhower Drive, La Quinta, California 92253  
1-800-598-3828 **Mention: C4 Recovery Solutions or Code ZC415**  
Website: [www.laquintaresort.com](http://www.laquintaresort.com) • [www.pgawest.com](http://www.pgawest.com)

Rate: **\$157 Single/Double\***

Check in Time: 4:00 PM    Check Out Time: 12:00 Noon

### A Soul Stirring La Quinta Hotel, With Majestic Desert Ambiance

Come experience the grandest of Greater Palm Springs hotels, nestled at the base of the Santa Rosa Mountains. As a stirring desert oasis renowned for world-class hospitality, La Quinta Resort & Club offers superb relaxation amidst 45-acres of lushly landscaped grounds. Unwind in exquisite Spanish-style casitas, suites and villas, some featuring private patios and glowing fireplaces. Revitalize body and mind at Spa La Quinta or spend the day lounging by one of 41 sparkling pools. From unique dining experiences and an assortment of shops and boutiques to five world class championship golf courses, this exceptional La Quinta California hotel is an inspired destination for vacationers and business travelers.

### The Pinnacle Of Desert Luxury For Palm Springs Accommodations

As a tranquil desert hideaway only 19 miles from Palm Springs, La Quinta Resort & Club sets an unmatched luxury standard for luxurious Palm Springs accommodations. Arranged in elegant Spanish-style haciendas, each casita, suite, or villa offers its own patio and access to one of many pools throughout the lush grounds. Spend crisp desert nights by your glowing fireplace. Sunbathe in solitude by the El Presidente Suite's private pool and hot tub. Or reserve a Spa Villa and enjoy easy strolls to the main pool and tennis club. Come discover these stylish Palm Springs California accommodations – the premier choice for family vacations, corporate trips, spa escapes, or golfing getaways.

### Resort Casitas

These garden setting rooms feature one king or two queen beds and bathroom with bathtub/shower combination or shower only. Rooms with a fireplace are available. Room rates are \$157 single and double \*exclusive of applicable state and local taxes, (currently 11%), a local Riverside County BID Assessment (currently 2%), in addition to a California Tourism Fee of .2% per room per night, in effect at the time of check-in. \*\* Quoted rates will be offered, based on space and rate availability, three days before and three days after the above dates. A block of guest rooms is being held at the group rate until May 10, 2015. Please note that the number of rooms being held may be sold out prior to this date. We encourage you to make reservations early to ensure group rate and availability. Be sure to mention that you will be attending the C4 Recovery Solution's WCSAD in order to receive the special Symposium rate. If an individual sleeping room is cancelled within 72 hours prior to arrival or guest does not arrive on date specified, they will be billed for one night's room and tax. Please be advised that when a guest no-shows, the reservation drops out of the system and is not automatically reinstated.

### \*\*RESORT CHARGES

In addition to the rates set forth above, there will be a daily resort charge, \$5.00 (Normally \$27.00) per room, per night, plus tax that will be posted to all guest rooms to cover the following:

- Unlimited use of the Fitness Center
- In-room coffee services
- High speed Internet access
- Shuttle for individual transfers to resort golf courses
- Local and 800 phone calls
- Daily newspaper delivered to each room (Saturday and Sunday upon request)
- Complimentary self and valet parking

### Travel Information/Directions

For more detailed information on airports, driving directions, and other travel related information, please see the Hotel & Travel tab on [www.wcsad.com](http://www.wcsad.com).





# At A Glance

Thursday  
May 28, 2015

## PRE-SYMPOSIUM

Workshop #	6:30	7:30	8:00 a.m.- 8:30 a.m.	8:30 a.m.- 10:00 a.m.	10:45 a.m.- 12:15 p.m.	12:15 p.m.- 1:45 p.m.	1:45 p.m.- 3:15 p.m.	4:00 p.m.- 5:30 p.m.	5:30 p.m.- 7:30 p.m.	7:00 p.m.- 9:00 p.m.
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Golf										
100										
101										
102										
125										
126										

## SYMPOSIUM

Reception										
199										

## SYMPOSIUM

Workshop #	6:30	7:30	8:00 a.m.- 8:30 a.m.	8:30 a.m.- 10:00 a.m.	10:45 a.m.- 12:15 p.m.	12:15 p.m.- 1:45 p.m.	1:45 p.m.- 3:15 p.m.	4:00 p.m.- 5:30 p.m.	5:30 p.m.- 7:30 p.m.	7:00 p.m.- 9:00 p.m.
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Yoga										
200										
210										
211										
225										
226										
227										
228										
229										
230										
231										
Luncheon 250										
251										
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275										
276										
277										
278										
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280										
299										

Friday  
May 29, 2015

### Satisfactory Completion

In order to receive a continuing education certificate, the following must be met: 1) registration fee must be paid; 2) each session attended must be attended in its entirety.

### ADA Statement

ADA accommodations will be made in accordance with the law. If you require ADA accommodations, please indicate your needs by May 15th, 2015. We cannot ensure the availability of appropriate accommodations without prior notification.

# At A Glance

## SYMPOSIUM

Workshop #	6:30	7:30	8:00 a.m.- 8:30 a.m.	8:30 a.m.- 10:00 a.m.	10:45 a.m.- 12:15 p.m.	12:15 p.m.- 1:45 p.m.	1:45 p.m.- 3:15 p.m.	4:00 p.m.- 5:30 p.m.	5:30 p.m.- 7:30 p.m.	7:00 p.m.- 9:00 p.m.
Yoga										
(Cont.) 200										
310										
311										
325										
326										
327										
328										
329										
330										
331										
Luncheon 350										
351										
352										
353										
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355										
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357										
358										
375										
376										
377										
378										
379										
399										

Saturday  
May 30, 2015

## SYMPOSIUM

Workshop #	6:30	7:30	8:00 a.m.- 8:30 a.m.	8:30 a.m.- 10:00 a.m.	10:45 a.m.- 12:15 p.m.	12:15 p.m.- 1:45 p.m.	1:45 p.m.- 3:15 p.m.	4:00 p.m.- 5:30 p.m.	5:30 p.m.- 7:30 p.m.	7:00 p.m.- 9:00 p.m.
400										
401										
425										

Sunday  
May 31, 2015



# The Problem Might Be Addiction.

It can be hard to spot, masked by other health issues and the patient's own reluctance to face the truth. But it's never too late to get life back on track. NIH studies show that older adults respond as well or better than younger ones to addiction treatment.

Hanley Center in West Palm Beach pioneered specialized programs to treat older adults. Its sensitive, successful approach has been covered by *TIME* Magazine, AARP, and CBS News. Now, Hanley is part of Origins Behavioral HealthCare, nationally renowned for remarkable neuro-plasticity interventions that re-train the brain to fight addiction. Hanley Center at Origins accepts most out-of-network insurance, so the nation's best addiction treatment is now available to more people than ever.

If your patient is struggling, call us day or night. It's never too early. And it's never too late.

**Fully ADA Compliant | Comprehensive Medical Care  
Adjacent to a Major Medical Center | Warm Weather Year Around**

**OLDER ADULT | BABY BOOMER | WOMEN | MEN | FAMILIES | OUTPATIENT  
WEST PALM BEACH | VERO BEACH | SOUTH PADRE ISLAND**



**HANLEY  
CENTER**  
at ORIGINS

**844-513-HOPE  
ORIGINSRECOVERY.COM**

# 2015 WCSAD - CE Information

**American Academy of Health Care Providers in the Addictive Disorders** – (an international certifying body) has approved C4 Recovery Solutions to offer Continuing Education credit for Certified Addiction Specialists in accordance with the Academy's guidelines. Approved for up to 28 CE Credit Hours towards the Certified Addiction Specialist (CAS) credential.

**Board Registered Interventionist 1 (BRI I) & 2 (BRI II)** application has been submitted to the Pennsylvania Certification Board for review and approval for Board Registered Interventionist 1 (BRI I) and Board Registered Interventionist 2 (BRI II)

**CAADAC** – Application has been submitted to CFAAP/CAADAC to become an approved provider of CEH's for CADC I, CADC II, CCS, CA CCS, LAADC, CCJP, and CCPS.

**CAADE** – Certified Addiction Treatment Counselor (CATC) – C4 Recovery Solutions is an approved CE provider by the California Association for Alcohol/Drug Abuse Educators (CAADE). This Symposium meets criteria for CATC I, II, III, IV, V, or N certification for up to a maximum of 28 hours. CAADE (CP-30-694-P-0000)

**Certified Addiction Treatment Counselor (CATC)** – C4 Recovery Solutions is an approved CE provider by the California Association for Alcohol/Drug Abuse Educators (CAADE). This Symposium meets criteria for CATC I, II, III, IV, V, or N certification for up to a maximum of 28 hours.

**Certified Eating Disorders Specialist (CEDS)** – application has been submitted to iaedp for The Rosewood Institute sessions for 1.5 hrs each (of eating disorders specific continuing education for iaedp certification renewals, and approved supervisor renewals, for up to a maximum of 13 hours. (Rosewood Institute Sessions Include: #211, #225, #251, #275, #311, #325, #350, #352, #375).

**Certified Eating Disorders Registered Dietitian (CEDRD)** – application has been submitted to iaedp for The Rosewood Institute sessions for 1.5 hrs each (of eating disorders specific continuing education for iaedp certification renewals, and approved supervisor renewals, for up to a maximum of 13 hours. (Rosewood Institute Sessions Include: #211, #225, #251, #275, #311, #325, #350, #352, #375).

**Certified Clinical Mental Health Counselor (CCMHC)** – Application has been submitted for review and approval for Certified Clinical Mental Health Counselor (CCMHC) to the National Board for Certified Counselors

**Clinical Social Worker** – Application is in process to NASW for CEs and pending approval (NASW approval not accepted for California, Michigan, North Carolina or West Virginia) Employee Assistance Professionals – Application has been submitted to The Employee Assistance Certification Commission (EACC) for review and approval for PDH award.

**Licensed Mental Health Counselors** – C4 Recovery Solutions, Inc. are approved providers of continuing education by the California Board of Behavioral Sciences, provider number PCE 4266. This course meets the qualifications for CE credit for MFT's and is approved for up to a maximum of 28 CEs. Marriage and Family Therapists – C4 Recovery Solutions, Inc. are approved providers of continuing education by the California Board of Behavioral Sciences, provider number PCE 4266. This course meets the qualifications for CE credit for MFT's and is approved for up to a maximum of 28 CEs.

**Master Addictions Counselor (MAC)** – Application has been submitted for review and approval for Master Addictions Counselor (MAC) – to the National Board for Certified Counselors

**NAADAC** – This course is co-sponsored By NAADAC and C4 Recovery Solutions for a maximum of 28 Contact Hours. Approved Education Provider #000507. This course deals with Counselor Skill Groups: Ongoing Treatment Planning, Counseling Services.

**National Certified Counselors (NCCs)** – Application has been submitted for review and approval for National Certified Counselors by the National Board for Certified Counselors

**Nurses/BRN (California Only)** – Betty Ford Center, part of the Hazelden Betty Ford Foundation, is approved by the California Board of Registered Nursing, Provider # 13322, for up to 28 contact hours.

**Physicians** – please see the CE section under the Program tab at [www.wcsad.com](http://www.wcsad.com) for the latest info

**Psychologists** – This course is co-sponsored by Amedco and C4 Recovery Solutions. Amedco is approved by the American Psychological Association to offer continuing education for psychologists. Amedco maintains responsibility for this program. Maximum of 28 CEs.

**Registered Addiction Specialist (RAS) with Breining Institute** – This course is approved for Registered Addiction Specialists CEs.

**Social Workers** – C4 Recovery Solutions, Inc. are approved providers of continuing education by the California Board of Behavioral Sciences, provider number PCE 4266. This course meets the qualifications for CE credit for LCSW's and is approved for up to a maximum of 28 CEs.

**Social Worker** – Application has been submitted for review and approval to the National Association of Social Workers for review and approval for 28 Substance Use Disorders social work continuing education contact hours. (NASW approval not accepted for California, Michigan, North Carolina or West Virginia)

**Don't see the CE that you need listed here?**

Email me at [kmyvettC4RS@gmail.com](mailto:kmyvettC4RS@gmail.com) and we will get to work on it for you!



# Registration Form

**To Register**, please complete this form and forward with payment by mail or fax with credit card information to:  
WCSAD Registration PO Box 622588, Bronx, NY 10462  
1-347-945-0799/ FAX 1-347-964-6944 Email Questions to wcsadhelp@gmail.com

Please Check the Workshops you Plan to Attend.

**MAIN SYMPOSIUM – Thursday evening, May 28 – Sunday Noon, May 31**

Opening Reception (No cost but pre-registration is required) ☐ #199

**FRIDAY, MAY 29**

2 Day Workshop ☐ #200  
(if selecting 200, this is an all-day for 2 full days and there are no other options for Friday or Saturday)  
AM Plenary ☐ #210 OR ☐ #211  
Mid-Morning Workshops ☐ #225 OR ☐ #226 OR ☐ #227 OR ☐ #228 OR ☐ #229 OR ☐ #230 OR ☐ #231  
Luncheon Plenary ☐ #250 (Complimentary - pre-registration required)  
Early Afternoon Workshop ☐ #251 OR ☐ #252 OR ☐ #253 OR ☐ #254 OR ☐ #255 OR ☐ #256 OR ☐ #257  
Late Afternoon Workshops ☐ #275 OR ☐ #276 OR ☐ #277 OR ☐ #278 OR ☐ #279 OR ☐ #280  
Friday Evening Plenary ☐ #299

**SATURDAY, MAY 30**

AM Plenary ☐ #310 OR ☐ #311  
Mid-Morning Workshops ☐ #325 OR ☐ #326 OR ☐ #327 OR ☐ #328 OR ☐ #329 OR ☐ #330 OR ☐ #331  
Luncheon Plenary ☐ #350 (Complimentary - pre-registration required) (Lunch Choice – choose one below)  
☐ Turkey ☐ Vegetarian ☐ Black Forest Ham  
All Afternoon Workshop ☐ #351  
Early Afternoon Workshop ☐ #352 OR ☐ #353 OR ☐ #354 OR ☐ #355 OR ☐ #356 OR ☐ #357 OR ☐ #358  
Late Afternoon Workshops ☐ #375 OR ☐ #376 OR ☐ #377 OR ☐ #378 OR ☐ #379  
Saturday Evening ☐ #399

**SUNDAY, MAY 31**

Morning Workshop ☐ #400 OR ☐ #401  
Closing Plenary ☐ #425

**SYMPOSIUM REGISTRATION FEES**

Symposium Registration fees (Thursday evening through Sunday noon) include all presentations, the Opening Reception, Friday Luncheon, Saturday Luncheon, Saturday Dessert Reception, all Coffee/Beverage Breaks and all Snack Breaks.

**REGULAR ATTENDEE FEES:**

**MAIN SYMPOSIUM**

(Thurs Evening – Sunday Noon)

• Early Registration through 5-01-15 ☐ \$ 395

• Registration On / After 5-02-15 ☐ \$ 460

Group Registrant Registration Fee: ☐ \$ 350 (4 or more registrations received together)

**PRE –SYMPOSIUM WORKSHOPS – \$100**

Thursday, May 28, 2015 AM Workshops (choose one): ☐ #100 OR ☐ #101 OR ☐ #102  
PM Workshops (choose one): ☐ #125 OR ☐ #126

**SPECIAL OFFERINGS & OPTIONS**

- 6th Annual WCSAD Golf Tournament  
Thursday, May 28 ☐ \$125 for 18 holes
- The Rosewood Institute only (not attending the rest of the symposium)  
Friday, 8:30 AM – 5:30 PM/ Saturday, 8:30 AM – 5:30 PM ☐ \$325
- IAFAP Family Track only (not attending the rest of the symposium)  
Friday – Sunday ☐ \$350
- TPAS (Treatment Professionals in Alumni Services) Meeting Only  
Friday, May 29, 8:30 AM – 10:00 AM ☐ \$25
- Saturday Evening AA Round up (not attending the rest of the symposium)  
Saturday, May 30, 7:30 PM – 9:30 PM ☐ \$35

**NAME BADGE** Please print your name, organization, city and state to appear on your name badge:

Name \_\_\_\_\_  
Credentials \_\_\_\_\_  
Organization \_\_\_\_\_  
**MAILING ADDRESS**  
Street \_\_\_\_\_  
City/State/Zip \_\_\_\_\_  
Phone \_\_\_\_\_ Fax \_\_\_\_\_  
E-Mail \_\_\_\_\_

**PAYMENT INFORMATION**

**CHECK #** \_\_\_\_\_ Please make check payable to **C4 Recovery Solutions/WCSAD**.

All cancellations MUST be submitted in writing, telephone requests WILL NOT be honored. Cancellations received more than 30 days prior to the symposium, paid or unpaid invoices, will incur a \$35.00 administrative fee. Cancellations received 14 to 30 days prior to the symposium, paid or unpaid invoices will be refunded at 50% of the invoice.

No refunds will be given for cancellations received within 14 days of the symposium and all unpaid invoices will be due in full. Refunds will be sent or credited within four to six weeks after the conference has concluded.

**CREDIT CARD** ☐ Visa ☐ Mastercard ☐ American Express ☐ Discover

Card # \_\_\_\_\_ Expiration Date \_\_\_\_\_

Street/City/State/Zip \_\_\_\_\_

(For bank verification purposes, please include the address where you receive your credit card statement.)

Signature \_\_\_\_\_

# Stay Connected with WCSAD

*Scan your smart phone now or visit us online.*



Connect with other addiction professionals on our LinkedIn group to collaborate and network on industry issues.



Join our Facebook community--with hundreds of addiction professionals--to discuss, share, and stay on top of industry events and topics.



Sign up to connect with WCSAD on twitter. Receive tweets with important and timely events and information about the conference. #WCSAD



Join our e-newsletter mailing list to receive timely information about WCSAD conferences and related events.

[www.WCSAD.com](http://www.WCSAD.com)

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RECOVERY**

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[www.emrecovery.org](http://www.emrecovery.org)



Join us for these educational conferences

# C4 Recovery Solutions Events



WEST COAST SYMPOSIUM  
ON ADDICTIVE DISORDERS

## West Coast Symposium on Addictive Disorders

May 28-31, 2015

La Quinta Resort & Spa, La Quinta, CA

[www.wcsad.com](http://www.wcsad.com)

*Earn up to 28.5 CEs*



C.O.R.E.

Clinical Overview of the Recovery Experience

## Clinical Overview of the Recovery Experience

July 19-22, 2015

Omni Amelia Island Plantation Resort, FL

[www.core-conference.com](http://www.core-conference.com)

*Earn up to 19 CEs*



CAPE COD SYMPOSIUM  
ON ADDICTIVE DISORDERS

## Cape Cod Symposium on Addictive Disorders

September 10-13, 2015

Resort & Conference Center, Hyannis, MA

[www.ccsad.com](http://www.ccsad.com)

*Earn up to 32.5 CEs*



## addiction eXecutives industry summit

Jan. 31-Feb. 3, 2016

Naples Grande Beach Resort, FL

[www.axissummit.com](http://www.axissummit.com)

*Executive Team Training*



C4 Recovery Solutions  
Conferencing

The mission of C4 Recovery Solutions, Inc., a non-profit organization, is to improve the accessibility of addiction treatment, and to promote long-term recovery solutions. C4 uses 4 Cs - Collaboration, Convening, Conferencing, and Consultation to achieve its goals.